



# Flexible Integrated Treatment (FIT) ANNUAL OUTCOMES REPORT

July 1, 2024 – June 30, 2025

## WHAT WE DO

**FLEXIBLE INTEGRATED TREATMENT (FIT)** works with youth who are experiencing emotional and behavioral difficulties. The therapist/treatment team members partner with youth and their families in addressing their stated needs utilizing both a family-focused, strengths—based approach. Our services incorporate specific, evidence-based practices as treatment modalities.

## SERVICES PROVIDED



**Individual, family** and group therapy, psychiatric supports



**Crisis Intervention**, after-hours crisis support, 24/7 availability



**In-home, school** and community support, skills training



**Advocacy, case management**, rehabilitation and collateral services

## CENSUS & REFERRALS

**444**

Total Served\*  
(unduplicated)

**227**

Total Discharges

<b>New Referrals (Duplicated)</b>	<b>382</b>
# of Referrals Never Opened	64
<i>Closed within 60 days</i>	59
# of Referrals Enrolled	296
<i>Less than 60 days from referral</i>	294
# of Referrals Active	22
<i>Less than 60 days from referral</i>	20

<b>Clients Served* (Duplicated)</b>	<b>457</b>
# Carry-over	245
# First-Time Enrollment	202
# Return Admissions	10

\*Youth are considered served when they are enrolled and remain enrolled for at least 60 days after intake. The remainder of the report includes those who met this requirement.

## DEMOGRAPHICS

	#
<b>Age Group</b>	
0 – 15 years (Child/Youth)	303
16 – 25 years (TAY)	141
<b>Gender</b>	
Female	229
Male	201
Non-Binary	3
Other	2
Transgender	9
<b>Primary Language</b>	
Arabic	1
Cantonese	5
Dari	7
English	397
Farsi	2
Spanish	31
Vietnamese	1

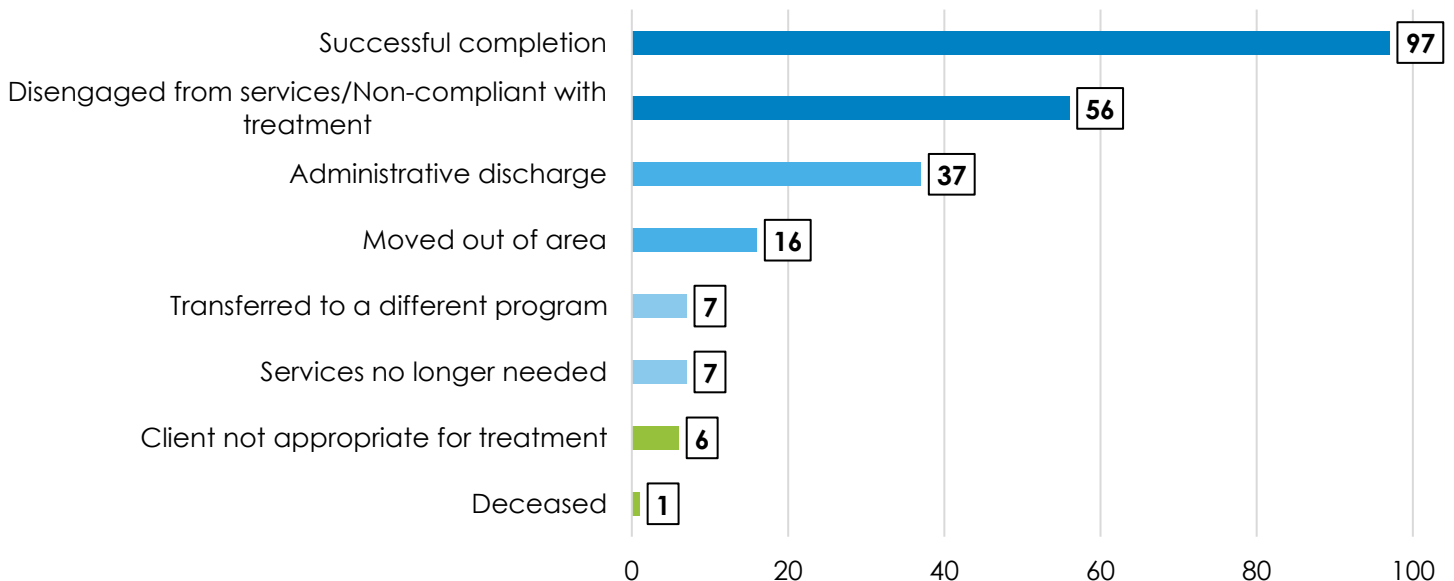
	#
<b>Race</b>	
American Indian/Native Alaskan	3
Asian	42
Black/African-American	106
Middle Eastern/North African	2
Multiracial	62
Native Hawaiian/Pacific Islander	2
Other Race	112
White/Caucasian	114
Unknown/Declined	1
<b>Ethnicity</b>	
Hispanic/Latino	168
Not Hispanic	271
Unknown/Declined	5

*"I have appreciated the services given to my child as to myself through these sessions. Thank you so much!"*

-FIT Client Caregiver

## DISCHARGES

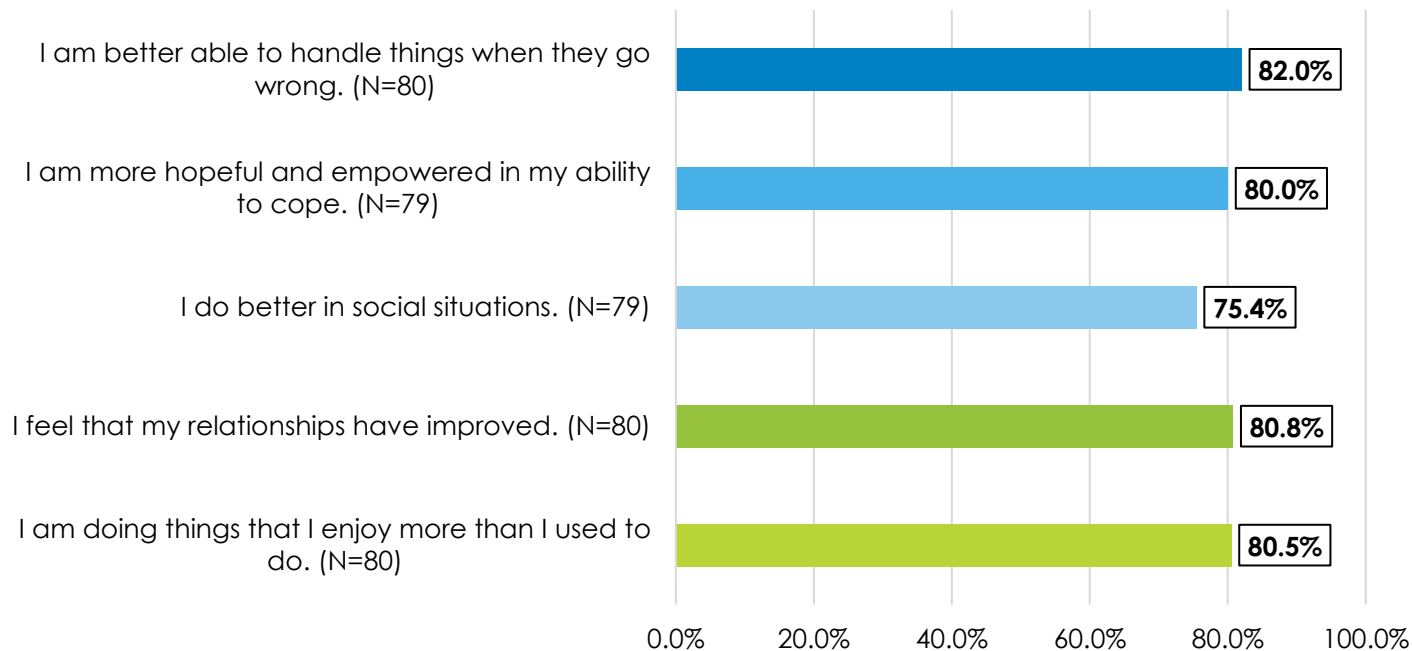
Between July 1, 2024 and June 30, 2025, a total of 227 discharges occurred for those who were served 60 days or longer. 116 (51.1%) were for neutral reasons (e.g. moved out area, declined services.) Of the remaining 111 discharges, 104 (93.7%) were for successful (e.g. completed treatment goals, no longer required services.)



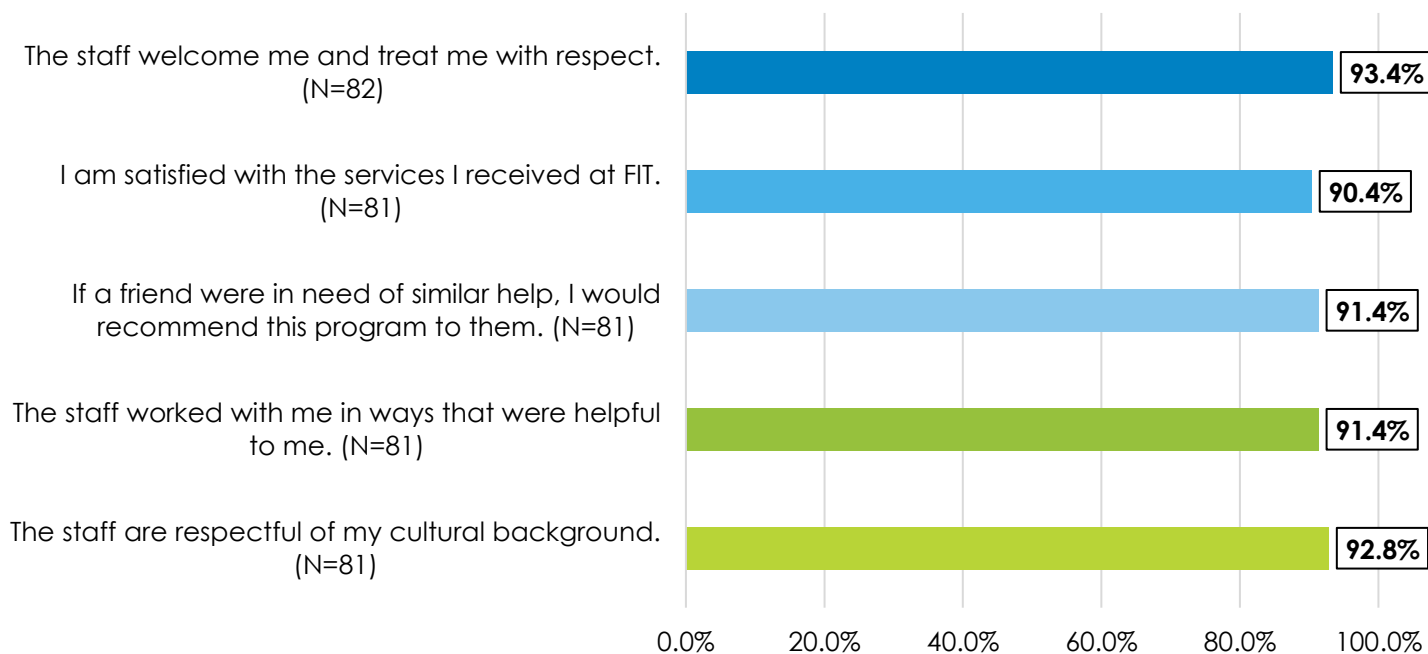
## CLIENT SATISFACTION SURVEY - YOUTH

Youth satisfaction rates were calculated from responses from **82** surveys completed during the year. Surveys were offered at the 6-month evaluation or upon discharge.

### Program Experience



### Because of the services I received at FIT...



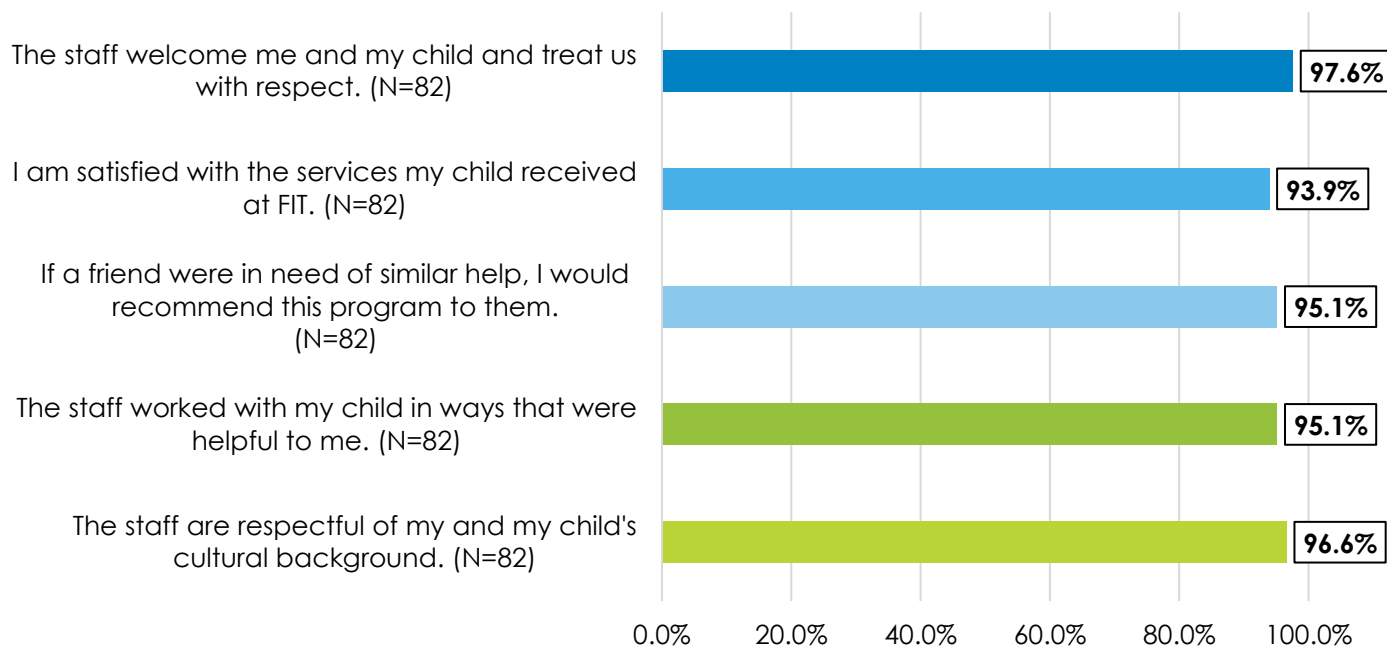
Overall Satisfaction Rate

**85.4%**

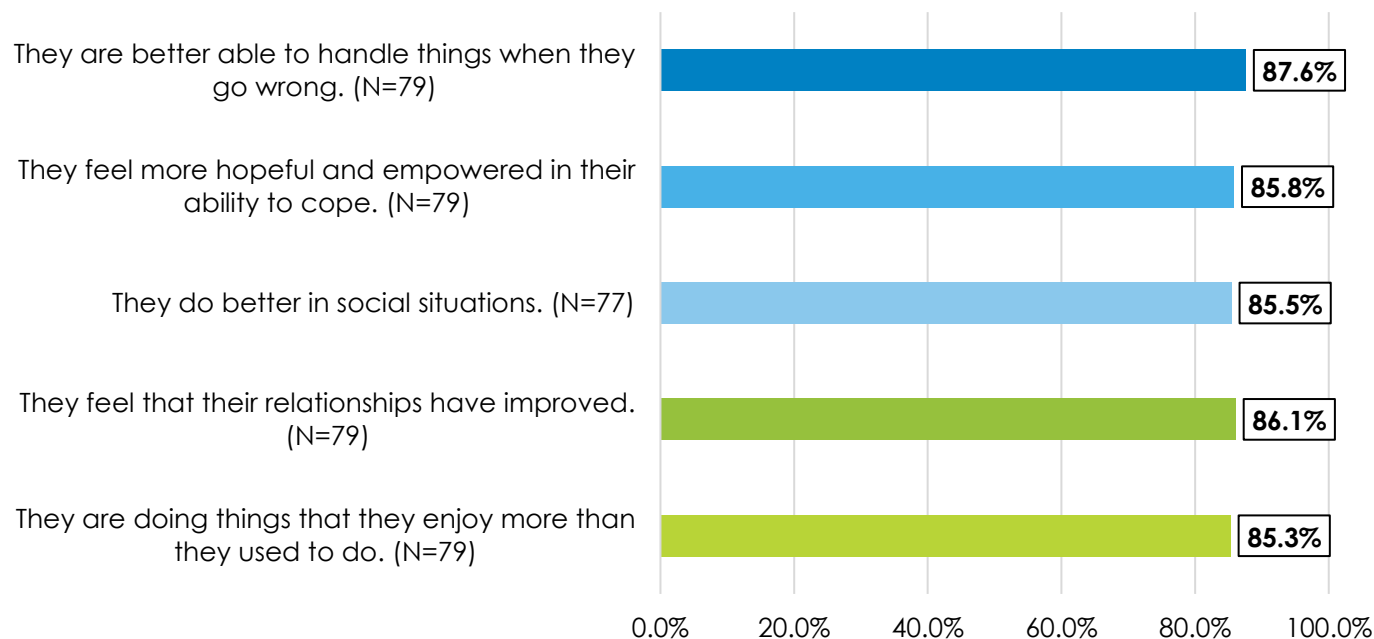
## CLIENT SATISFACTION SURVEY - CAREGIVER

Caregiver satisfaction rates were calculated from responses from **83** surveys completed during the year. Surveys were offered at the 6-month evaluation or upon discharge. Responses may include multiple caregivers for a single client.

### Program Experience



### Because of the services I received at FIT...



Overall Satisfaction Rate

90.9%

This report was developed and distributed by  
Turning Point Community Program's  
Outcomes & Evaluation Department



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