



## WHAT WE DO

**Community Outreach Recovery Empowerment (CORE)** address the needs of adults, 18 years and older, living with serious mental illness who may be at risk of or experiencing psychiatric hospitalization or homelessness, struggling with a co-occurring substance use disorder, or engaged in the criminal justice system.

CORE is committed to providing easy access to services by engaging individuals in their communities, reaching out to individuals as they are being discharged or released from other services or systems, and offering services outside standard business hours, including 24 hour, 7 day a week on-call support.

The CORE program consists of two components:

1. An outpatient mental health clinic
2. A peer run Community Wellness Center

**Community Wellness Center (CWC)** is a Peer run center that provides access to community resources, groups and wellness activities to the surrounding community and is available to any community member age 18 and older. The activities of the CWC's are informed by the communities they serve. The CWC offers an entry point to more formal services for community members who qualify for those services.

**CORE Outpatient Program** provides community-based, flexible, recovery-oriented, strength based behavioral health services and housing supports that are trauma and culturally informed.

## OUR SERVICES INCLUDE:



**Care and medication management**



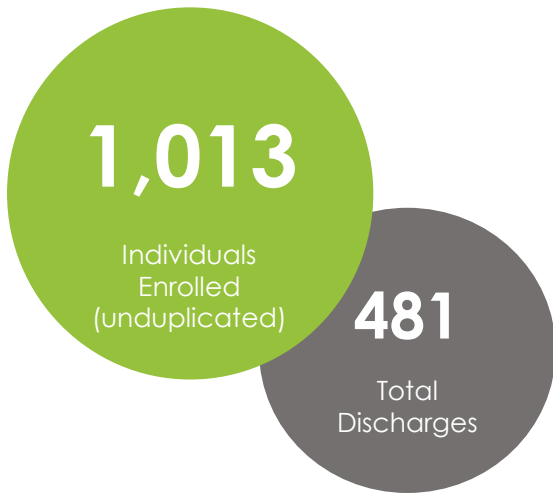
**Group and individual therapy**



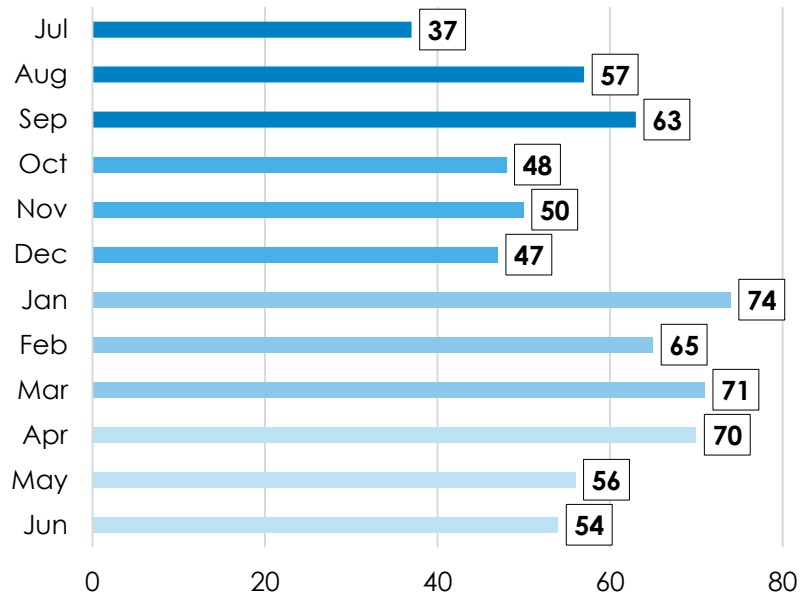
**Connection to community resources and Wellness Center**

# COMMUNITY WELLNESS CENTER

## CENSUS



### Intakes by Month



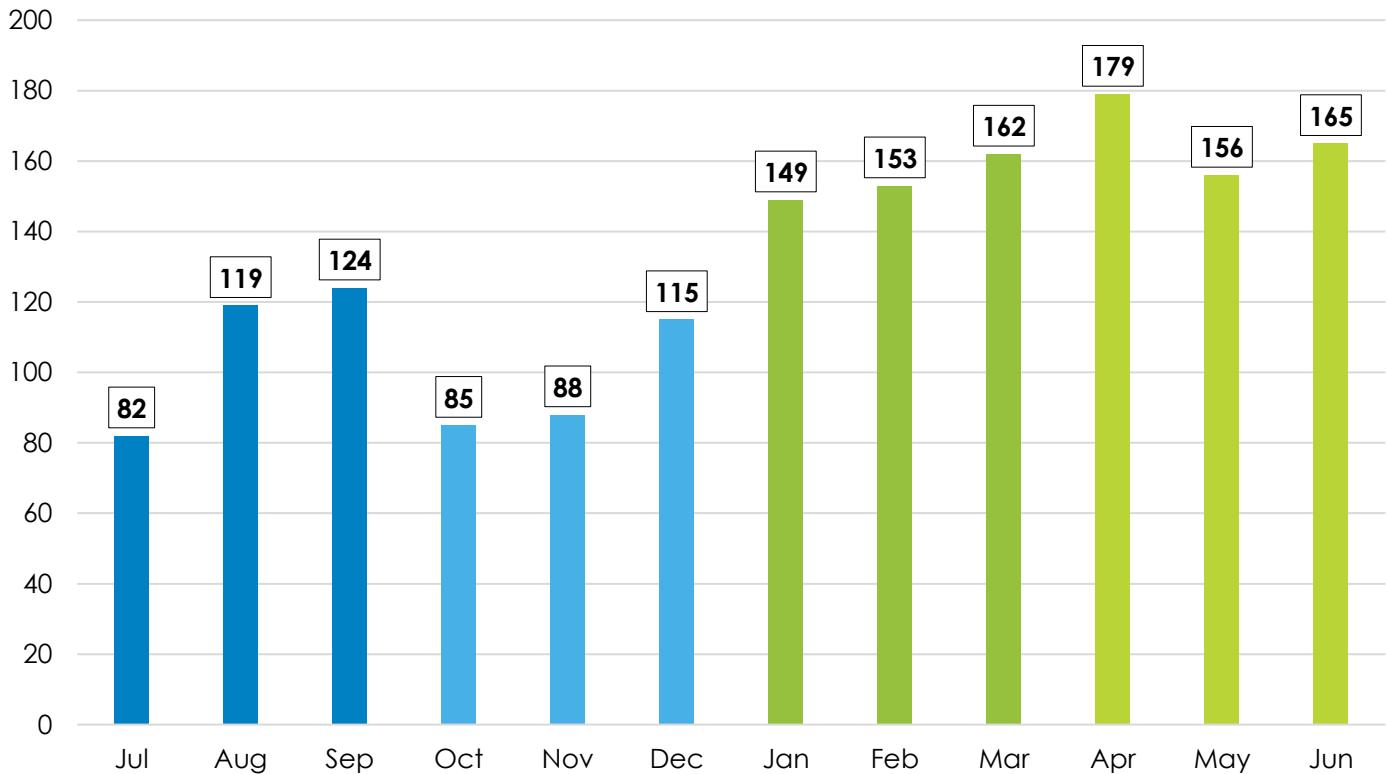
## DEMOGRAPHICS

	#
<b>Age Group</b>	
18 – 25 years (TAY)	131
26 – 59 (Adult)	758
60+ (Older Adult)	124
<b>Gender</b>	
Female	271
Male	394
Non-Binary	9
Other	1
Transgender	4
Data Not Available/Declined	334
<b>Primary Language</b>	
American Sign Language (ASL)	2
Arabic	1
Cantonese	4
English	773
Hmong	3
Korean	2
Mien	1
Other Chinese Dialects	1
Other Non-English	3
Portuguese	1
Spanish	8
Tagalog	1
Vietnamese	5
Data Not Available/Declined	208

	#
<b>Race</b>	
American Indian/Native Alaskan	17
Asian	75
Black/African American	222
Middle Easter/North African	3
Multiracial	68
Native Hawaiian/Pacific Islander	10
Other Race	84
White	282
Data Not Available/Declined	252
<b>Ethnicity</b>	
American Native	6
Asian Indian	5
Chinese	2
Filipino	13
Hispanic or Latino	102
Japanese	1
Korean	6
Laotian	3
Mexican/Mexican American	43
Multiple Ethnicities	31
Not Hispanic or Latino	397
Other	48
Samoan	1
Vietnamese	5
Data Not Available/Declined	350

## SERVICES

### Individuals with a Service Each Month



### Services by Type

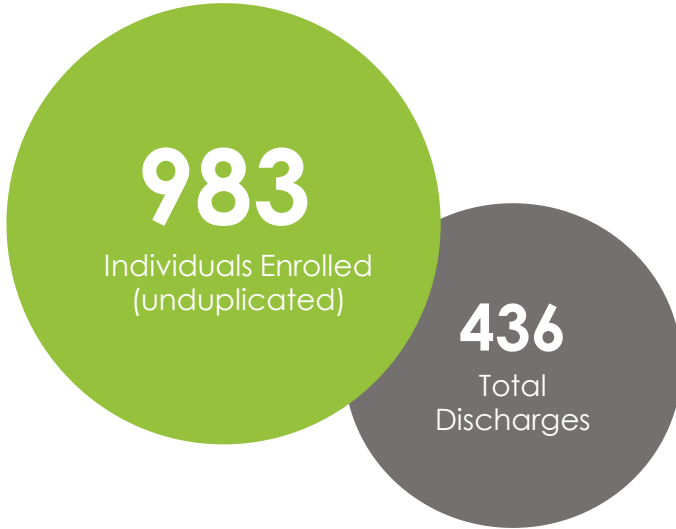
732 individuals received at least one service during the period. A total of 6,507 services were provided. The table below highlights the types of services provided throughout the year.

Service Type	# of Clients	# of Services
Additional Client Supports	731	6,497
Crisis Services	2	3
Medication Support	2	3
Rehabilitation	1	1
Sacramento Flex Dollars	3	3

# CORE OUPATIENT PROGRAM

## CENSUS

### Client Served

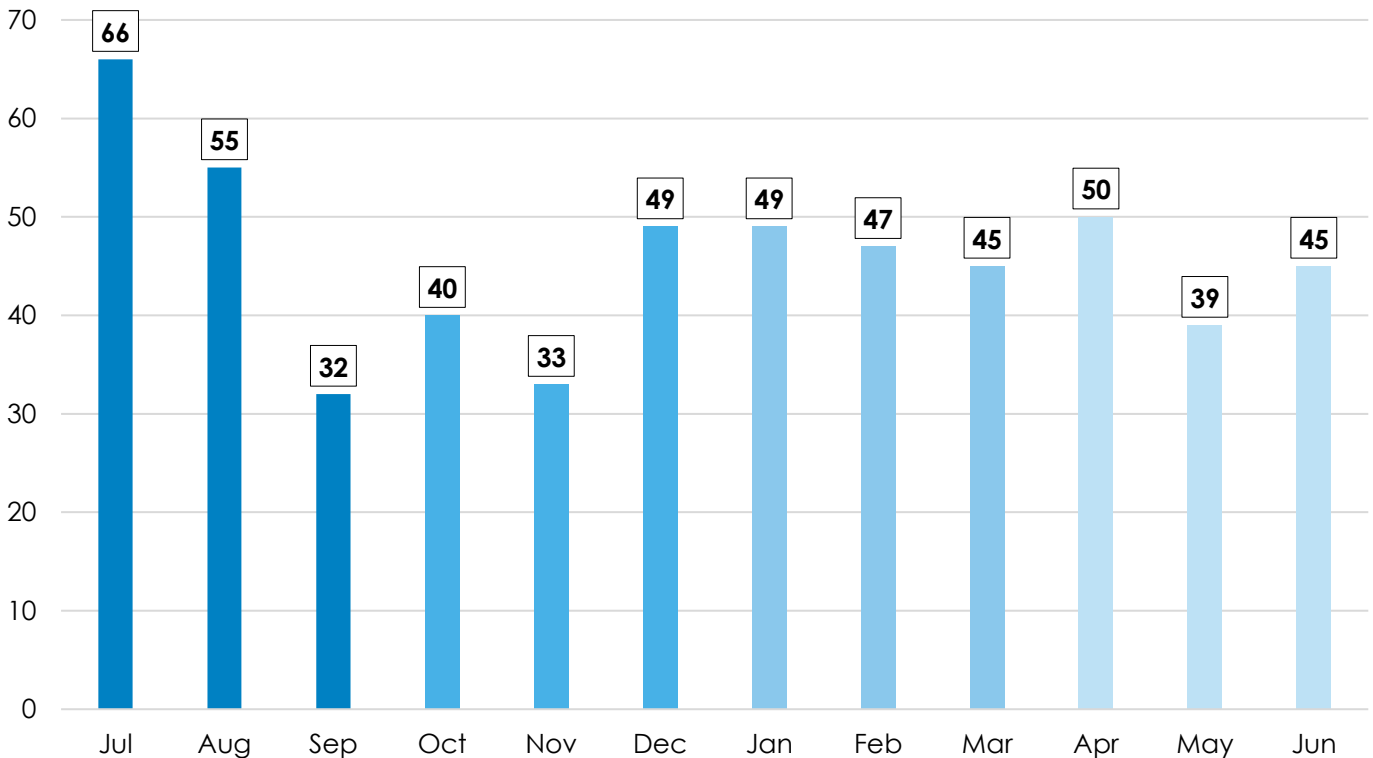


### Referrals

New Referrals (Duplicated)	952
# of Referrals Never Opened	294
# of Referrals Enrolled	491
# of Referrals Active	167

### Intakes by Month

Between July 1, 2024 and June 30, 2025 the program had 550 intakes. The average number of days between request for intake and intake was 27.1 days (Min = 0 days and Max =238 days).



## DEMOGRAPHICS

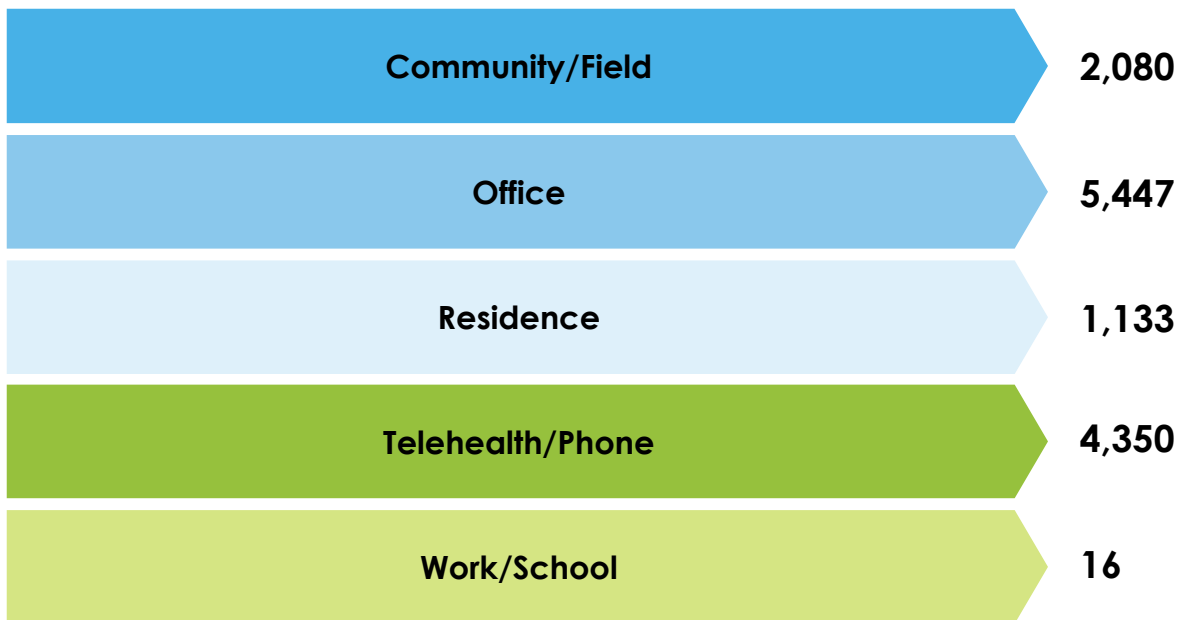
	#
<b>Age Group</b>	
18 – 25 years (TAY)	143
26 – 59 (Adult)	748
60+ (Older Adult)	92
<b>Gender</b>	
Female	426
Male	447
Non-Binary	14
Other	1
Transgender	9
Data Not Available/Declined	86
<b>Race</b>	
American Indian/Native Alaskan	19
Asian	112
Black/African American	253
Middle Eastern/North African	3
Multiracial	102
Native Hawaiian/Pacific Islander	11
Other Race	121
White	278
Data Not Available/Declined	84

	#
<b>Ethnicity</b>	
American Native	7
Asian Indian	6
Cambodian	2
Chinese	6
Filipino	16
Guamanian	1
Hispanic or Latino	128
Japanese	1
Korean	5
Laotian	3
Mexican/Mexican American	62
Multiple Ethnicities	38
Not Hispanic or Latino	409
Other	64
Samoaian	2
Vietnamese	12
Data Not Available/Declined	221
<b>Primary Language</b>	
American Sign Language (ASL)	4
Arabic	1
Cantonese	2
English	859
Farsi	1
French	1
Hmong	4
Korean	1
Mien	2
Other Non-English	8
Spanish	16
Tagalog	1
Vietnamese	9
Unknown/Declined	24
Data Not Available	50

## SERVICES

### Services by Location

A total of 13,026 services were provided in various locations. The location with the highest frequency of services was the office (41.82%).



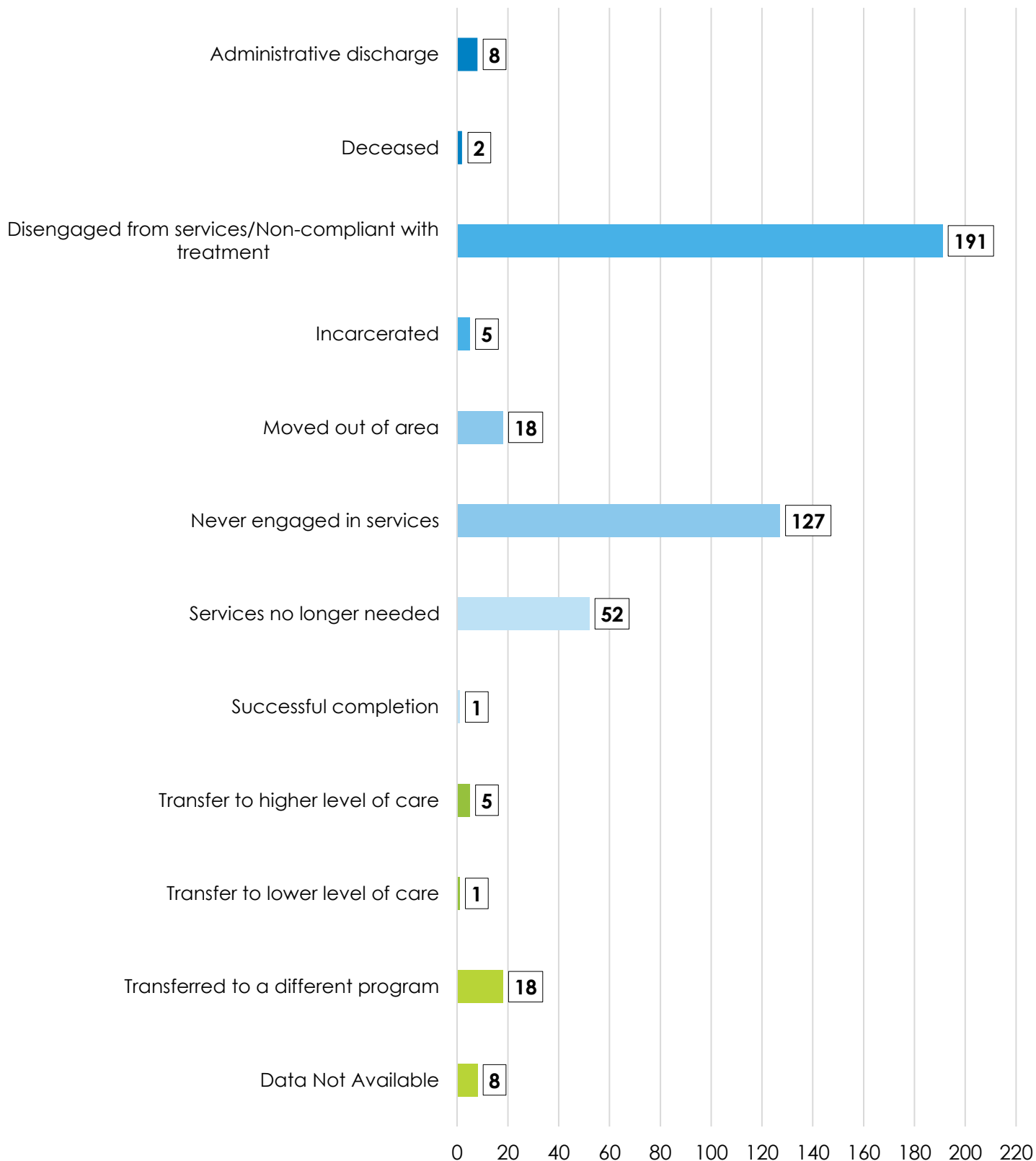
### Services by Type

853 individuals received at least one service during the period. A total of 13,026 services were provided. The table below highlights the types of services provided throughout the year.

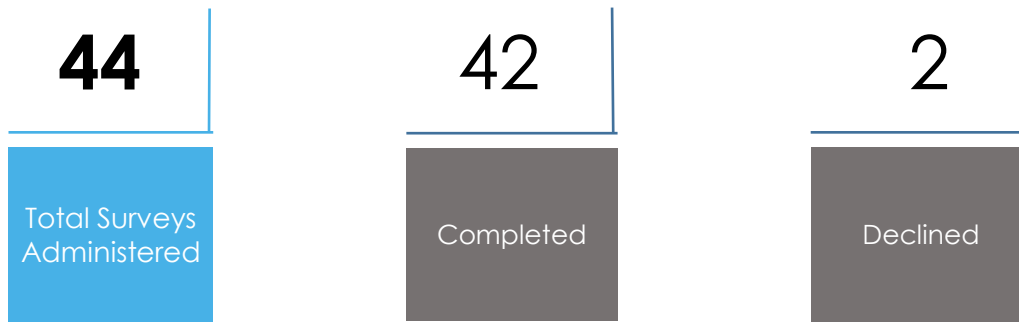
Service Type	# of Clients	# Services
Additional Client Supports	416	1,601
Assessment	682	1,288
Care Coordination	70	400
Crisis Services	52	64
Medication Support	431	2,302
Peer service	9	30
Plan Development	244	508
Referral	600	4,534
Rehabilitation	337	1,654
Sacramento Flex Dollars	72	205
TBS	11	11
Therapy	57	429

## DISCHARGES

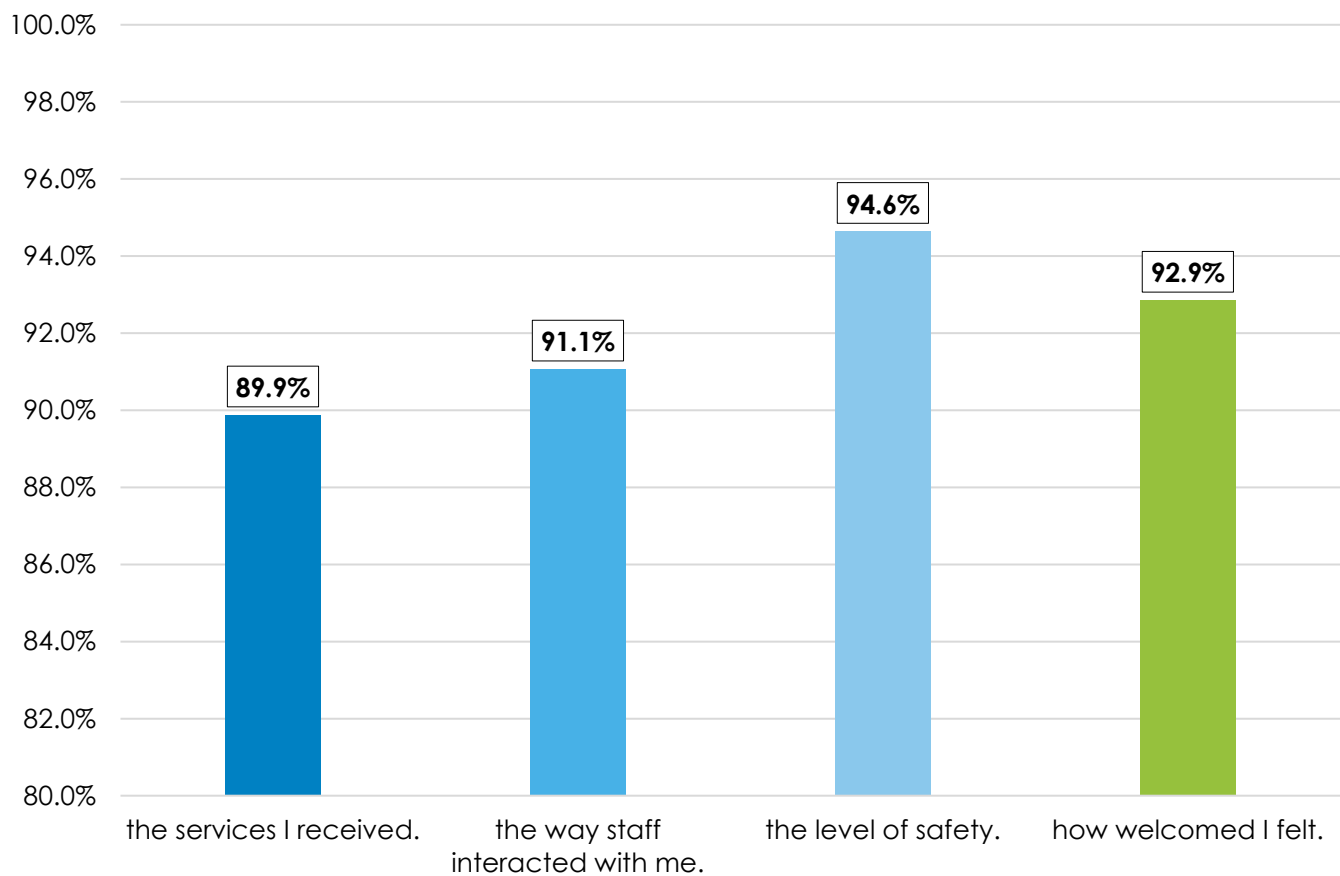
A total of 436 discharges occurred during the reporting period. 372 clients were discharged for neutral or unknown reasons. Of the remaining clients, **84.34%** (54 of 64) were discharged for successful reasons.



## CLIENT SATISFACTION



### I am satisfied with...



**Overall Satisfaction Rate**

**92.1%**

This report was developed and distributed by  
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Outcomes & Evaluation Department



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