



## TPCP CORE PROGRAM GROUP CALENDAR – Rosin

*You must be a registered member to attend groups*

JANUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am – 11:00am Remaining Present -Ralph	10:00am – 11:00am Rising Above It All -Katy	10:00am-11:00am I Am Enough -Sharon	10:00am-11:00am Healthy Boundaries -Katy		
1:30pm-2:30pm Moments of Tranquility -Katy	1:00pm – 2:00pm Supporting Sobriety -Katy	<b>COMMUNITY FORUM</b> <b>EVERY 3<sup>RD</sup></b> <b>WEDNSDAY @</b> <b>12:30PM</b>		11:00am-12:00pm Creating A Balance -Katy	
		1:00pm-4:00pm Drop-In Hours	1:00pm-4:00pm Drop-In Hours		
	2:00pm-3:00pm Bingo -Sharon	1:30pm-3:00pm Listen to Your Art -Ralph		1:30pm-2:30pm Keeping Your Cool -Sharon/Ralph	
	3:00pm-4:00pm Mending Our Hearts -Sharon			3:00pm-4:15pm Karaoke/Lounge Jam (every other week) -Ralph/Katy	

TPCP-Rosin | 3810 Rosin Court Suite 170, Sacramento, CA 95834 | (916) 567-4222 | [www.tpcp.org](http://www.tpcp.org) | [facebook.com/turningptcp](https://facebook.com/turningptcp)

**Hours:** Monday – Friday, 8:30am – 4:30pm (CLOSED on major Holidays)

*This program is funded by the Division of Behavioral Health Services through the County of Sacramento*



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### SPECIAL ANNOUNCEMENTS:

- **Community Forum every 3<sup>rd</sup> Wednesday, 12/17/2025.** Join us for discussions about YOUR wellness! We want your ongoing feedback.
- The CWC's will be closed Thursday New Years Day 1/1/2026
- The CWC's will be closed on Monday observance of MLK Day 1/19/2026.
- **Special Events:** Please check flyers with announcements.

(Mentor of the Day = MOD)

MOD SCHEDULE:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<i>Sharon/Ralph</i>	<i>Ralph/Katy</i>	<i>Katy/Sharon</i>	<i>Ralph/Katy</i>	<i>Sharon/Ralph</i>	Closed

Drop-In Hours

Drop-In Hours

### COMMUNITY WELLNESS CENTERS

- Peer to Peer Individual Support
  - Social Room/Activities
  - Access to Computers/Internet
  - Self Help Groups
- Learn more about community resources in your area

### CORE ELK GROVE

9340 E Stockton Blvd  
Suite 170 Elk Grove, CA 95624  
(916) 584-7216

### CORE MADISON

3628 Madison Ave., Suite 10  
North Highlands, CA 95660  
(916) 388-3231

### CORE ROSIN

3810 Rosin Court,  
Sacramento, CA 95834  
(916) 567-4222

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