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| --- | --- | --- | --- | --- | --- |
|  Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 10am – 11amLife Management Skills -ARMIN/Leah  | 10am – 11amObserve & Take Action/Safe Zone -ELIEGO/Sharon | 10am – 11am Never Alone  -SHARON/Jason | 10am – 11:00am SOARing Into Income  JASON/Armin | 10am – 11amListen to Your Art -ALL MENTORS | TBA |
|  |  |  |  |  |  |
| 11am-12pmHousing Group/Ready to Rent* SHARON/Jason
 | 11 am-12pm AOD/SUD  -ARMIN/Eliego | 11am-12pmBuilding Interpersonal Skills -DANNY/Eliego | 11am –12pm Self-Compassion -LEAH | 11am-12pm Keep Your Cool -ARMIN/Leah |  |
|  |  |  | **COMMUNITY FORUM** **EVERY 3RD THURSDAY @ 12:30PM** |  |  |
| 1pm-2pmHealthy Boundaries -JASON/Eliego | 1pm-2pmMove, Motivate, Maintain  -DANNY/All Mentors | 1pm-2pmFinding Balance -LEAH/Arming | 1pm-2pm Embracing Fears -LEAH/Armin | 1pm-2pmJoyful Longevity -ELIEGO/Danny |  |
|  |   | 2:30-4pmLounge Jam -ALL MENTORS |  | 2:30-4pmLounge Jam -ALL MENTORS |  |
|  | **Other Turning Point CORE Wellness Centers to open soon!** |  |  |  |  |

SPECIAL ANNOUNCEMENTS:

* **COMMUNITY FORUM EVERY 3RD THURSDAY. JOIN US FOR DISCUSSION ABOUT YOUR TPCP CORE COMMUNITY WELLNESS CENTER. WE WANT YOUR FEEDBACK! NEXT FORUM 12/15/22 @ 12:30PM.**
* **SECOND TPCP CORE COMMUNITY WELLNESS CENTER AT ROSIN COURT TO OPEN IN DECEMBER!**
* **THIRD TPCP CORE COMMUNITY WELLNESS CENTER SITE TO OPEN IN JANUARY 2023!**

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| **MOD** **SCHEDULE:** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | DANNY/LEAH | JASON/SHARON | ARMIN/JASON | SHARON/ARMIN | LEAH/DANNY |  |