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| --- | --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 10am – 11am  Life Management Skills  -ARMIN/Leah | 10am – 11am  Observe & Take Action/Safe Zone  -ELIEGO/Sharon | 10am – 11am  Never Alone  -SHARON/Jason | 10am – 11:00am SOARing Into Income  JASON/Armin | 10am – 11am  Listen to Your Art  -ALL MENTORS | TBA |
|  |  |  |  |  |  |
| 11am-12pm  Housing Group/Ready to Rent   * SHARON/Jason | 11 am-12pm  AOD/SUD  -ARMIN/Eliego | 11am-12pm  Building Interpersonal Skills  -DANNY/Eliego | 11am –12pm  Self-Compassion  -LEAH | 11am-12pm  Keep Your Cool  -ARMIN/Leah |  |
|  |  |  | **COMMUNITY FORUM**  **EVERY 3RD THURSDAY @ 12:30PM** |  |  |
| 1pm-2pm  Healthy Boundaries  -JASON/Eliego | 1pm-2pm  Move, Motivate, Maintain  -DANNY/All Mentors | 1pm-2pm  Finding Balance  -LEAH/Arming | 1pm-2pm  Embracing Fears  -LEAH/Armin | 1pm-2pm  Joyful Longevity  -ELIEGO/Danny |  |
|  |  | 2:30-4pm  Lounge Jam  -ALL MENTORS |  | 2:30-4pm  Lounge Jam  -ALL MENTORS |  |
|  | **Other Turning Point CORE Wellness Centers to open soon!** |  |  |  |  |

SPECIAL ANNOUNCEMENTS:

* **COMMUNITY FORUM EVERY 3RD THURSDAY. JOIN US FOR DISCUSSION ABOUT YOUR TPCP CORE COMMUNITY WELLNESS CENTER. WE WANT YOUR FEEDBACK! NEXT FORUM 12/15/22 @ 12:30PM.**
* **SECOND TPCP CORE COMMUNITY WELLNESS CENTER AT ROSIN COURT TO OPEN IN DECEMBER!**
* **THIRD TPCP CORE COMMUNITY WELLNESS CENTER SITE TO OPEN IN JANUARY 2023!**

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| **MOD**  **SCHEDULE:** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | DANNY/LEAH | JASON/SHARON | ARMIN/JASON | SHARON/ARMIN | LEAH/DANNY |  |