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| --- | --- | --- | --- | --- | --- |
|  Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 10:00am – 11:00amLife Management Skills -ARMIN/Leah  | 10:00am – 11:00amObserve & Take Action/Safe Zone -DANNY/Armin | 10:00am – 11:00amNever Alone  -SHARON/Jason | 10:00am – 11:00amEmbracing Fears -LEAH/Armin | 10:00am – 11:00amListen to Your Art -ALL MENTORS | 10:00am – 11:00amWellness Check In -NAME/backup |
|  |  |  |  |  |  |
| 11:30am-12:30pmHousing Group/Ready to Rent -MARILYN/Jason | 11:30am-12:30pmAOD/SUD  -ELIEGO/Marilyn | 11:30am-1:00pmBuilding Interpersonal Skills -LEAH/Eliego | 11:30am – 12:30pmSOARing Into Income  -JASON/Danny | 11:30am-12:30pmKeep Your Cool -ARMIN/Leah | 12:00pm-2:00pmBingo -NAME/backup |
|  |  |  | **COMMUNITY FORUM** **EVERY 3RD THURSDAY @ 12:30PM** |  |  |
| 1:30pm-2:30pmHealthy Boundaries -JASON/Eliego | 1:30pm-2:30pmMove, Motivate, Maintain  -ALL MENTORS | 1:30pm-2:30pmSelf-Compassion -DANNY/Sharon | 1:30pm-2:30pmFinding Balance -ELIEGO/Marilyn | 1:30pm-2:30pmJoyful Longevity -SHARON/Danny | 1:30pm-2:30pmSeeking Safety -NAME/backup |
|  |  |  |  |  |  |
|  | **Other Turning Point CORE Wellness Centers to open soon!** |  |  |  |  |

SPECIAL ANNOUNCEMENTS:

* **COMMUNITY FORUM EVERY 3RD THURSDAY. JOIN US FOR DISCUSSION ABOUT YOUR TPCP CORE COMMUNITY WELLNESS CENTER. WE WANT YOUR FEEDBACK! NEXT FORUM 12/15/22 @ 12:30PM.**
* **SECOND TPCP CORE COMMUNITY WELLNESS CENTER AT ROSIN COURT TO OPEN IN DECEMBER!**
* **THIRD TPCP CORE COMMUNITY WELLNESS CENTER SITE TO OPEN IN JANUARY 2023!**

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| **MOD** **SCHEDULE:** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
|  | DANNY/SHARON/MARILYN | JASON/SHARON | ELIEGO/JASON | SHARON/ARMIN | LEAH/DANNY/MARILYN |  |