



ANNUAL REPORT

July 1, 2020 – June 30, 2021

WHAT WE DO

Yolo Assertive Community Treatment (ACT) works with clients to reduce psychiatric hospitalizations, incarcerations and homelessness and to improve quality of life and satisfaction by providing opportunities to engage in meaningful activities. By offering a chance to take classes, volunteer, train for employment or return to work, the team ensures clients have better prospects for recovery on the path to mental health. The ACT model is an evidence-based practice that consistently shows positive outcomes for individuals with psychiatric disabilities.

CENSUS

| Status | 7/1/2020 – 6/30/2021 |
|------------------------------------------|----------------------|
| Individuals Served (Unduplicated) | 84 |
| Carry-Over Clients | 48 |
| First-Time Enrollments | 36 |
| Return Admissions | 0 |
| Total Discharges | 51 |

DEMOGRAPHICS

| Age Groups | # | % |
|------------------------------------------------------|----|-------|
| 18 – 25 years (TAY) | 7 | 8.3% |
| 26 – 59 years (Adult) | 66 | 78.6% |
| 60+ years (Older Adult) | 11 | 13.1% |
| Race | # | % |
| American Indian/Alaska Native | 1 | 1.2% |
| African American/ Black | 10 | 11.9% |
| Asian/Pacific Islander | 3 | 3.6% |
| Caucasian/White | 60 | 71.4% |
| Multiracial | 1 | 1.2% |
| Other | 5 | 6.0% |
| Unknown | 4 | 4.8% |
| Gender | # | % |
| Male | 51 | 60.7% |
| Female | 33 | 39.3% |
| Primary Diagnosis | # | % |
| Bipolar and Related Disorders | 10 | 11.9% |
| Depressive Disorders | 3 | 3.6% |
| Schizophrenia Spectrum and Other Psychotic Disorders | 71 | 84.5% |

| Primary Language | # | % |
|--------------------|----|-------|
| English | 78 | 92.9% |
| Russian | 1 | 1.2% |
| Spanish | 2 | 2.4% |
| Farsi | 1 | 1.2% |
| Unknown | 2 | 2.4% |
| City of Residence | # | % |
| Citrus Heights | 2 | 2.4% |
| Davis | 21 | 25.0% |
| Esparto | 4 | 4.8% |
| Olivehurst | 1 | 1.2% |
| Rancho Cordova | 1 | 1.2% |
| Sacramento | 20 | 23.8% |
| West Sacramento | 16 | 19.0% |
| Woodland | 18 | 21.4% |
| Data Not Available | 1 | 1.2% |

Overall Satisfaction Rate*
91.8%

*Outcome based on 3 completed surveys within fiscal year

RESULTS BASED ACCOUNTABILITY (EXHIBIT G)

PM1: How Much Did We Do?

| | | |
|-----|--------------|---------------------------------------------------------------------------------------------------------------------------------|
| 1.1 | Total FTEs | Program Director: 1 Clinical Director: 1 Case Managers: 8 Clinicians: 1 Staff Nurses: 1 (LPT) Psychiatrists: 0.2 |
| 1.2 | # of Clients | 84 |

PM2: How Well Did We Do It?

| | | |
|-----|-----------------------------------------------------------------------------|-------------------------|
| 2.1 | % of no-shows for prescribing staff (psychiatrists and nurse practitioners) | Please refer to Avatar. |
| 2.2 | % of non-prescribing staff (clinicians, case managers, and nurses) | Please refer to Avatar. |

PM3: Is Anyone Better Off?

| | | |
|-----|------------------------------------------------------------------------------|----------------------------------|
| 3.1 | # of days clients experienced homeless (program total) | 1313 |
| | # of days of homelessness per client (average) | 28.1 (N=18) |
| 3.2 | # of days clients experienced incarceration (program total) | 453 |
| | # of days of incarceration per client (average) | 90.6 (N=5) |
| 3.3 | # of days clients experienced psychiatric hospitalization (program total) | 504 |
| | # of days of psychiatric hospitalization per client (average) | 28.0 (N=18) |
| 3.4 | # of clients with a psychiatric inpatient admission | 18 |
| | % of clients with a psychiatric inpatient admission | 21.4% (out of 84 served) |
| 3.5 | # of hospital discharges that result in readmission within 7 days | 11 |
| | % of hospital discharges that result in readmission within 7 days | 52.4% (out of 21 readmission) |
| 3.6 | # of hospital discharges that result in hospital readmission within 30 days | 15 |
| | % of hospital discharges that result in hospital readmission within 30 days. | 71.4% (out of 21 readmission) |

"I am very happy with the services I receive from Turning Point. I believe my stability can be contributed to [the] ACT program."

-Yolo ACT Client