



# Fiscal Year Report

July 1, 2020 – June 30, 2021

## WHO WE ARE

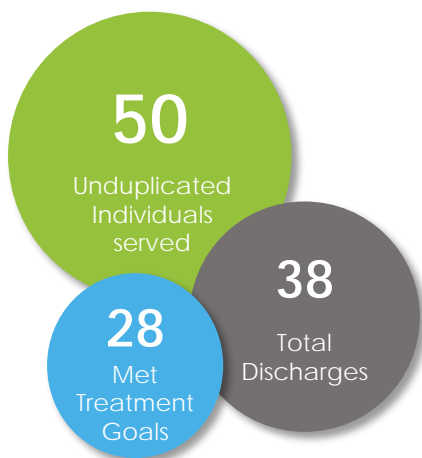
**Therapeutic Behavioral Services (TBS)** is an adjunct service de-signed to provide intensive behavioral support to youth exhibiting behaviors which are placing them at risk. The TBS specialist works in collaboration with youth, family, community partners and Kaiser treatment team to develop a behavioral plan designed to reduce risk and increase safe-ty. Services will occur where the behaviors of concern occur including the home, school and community and are offered at the times the behaviors occur, including mornings, evenings and weekends. Typical successful services are two (2) to four (4) times a week, for up to four (4) months.

## WHAT WE OFFER

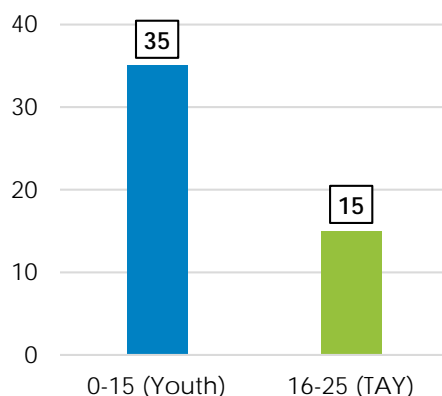
We provide services that empower youth and their families to utilize their strengths and abilities.

- Caregiver assistance
- Emotional support
- Modeling and coaching
- Skill teaching
- Behavior plans
- Direct intervention
- Collaboration with family, treatment team, and school
- Resource access

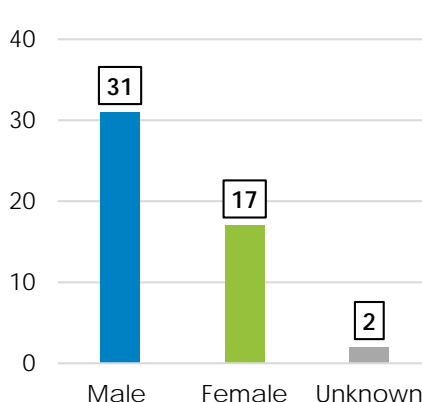
## CENSUS & DEMOGRAPHICS



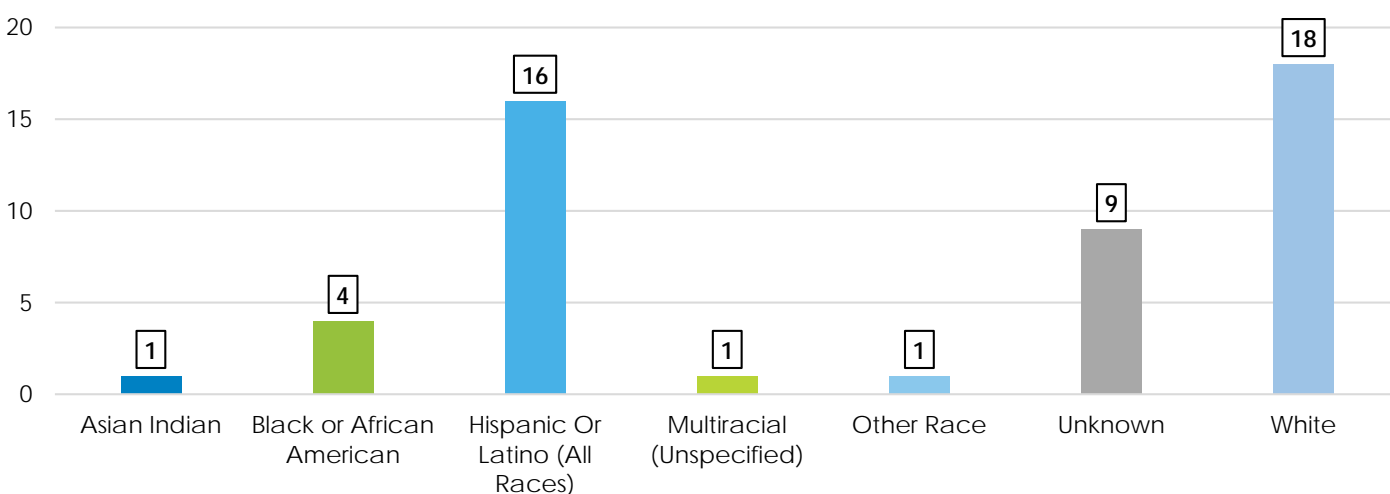
Age Group



Gender

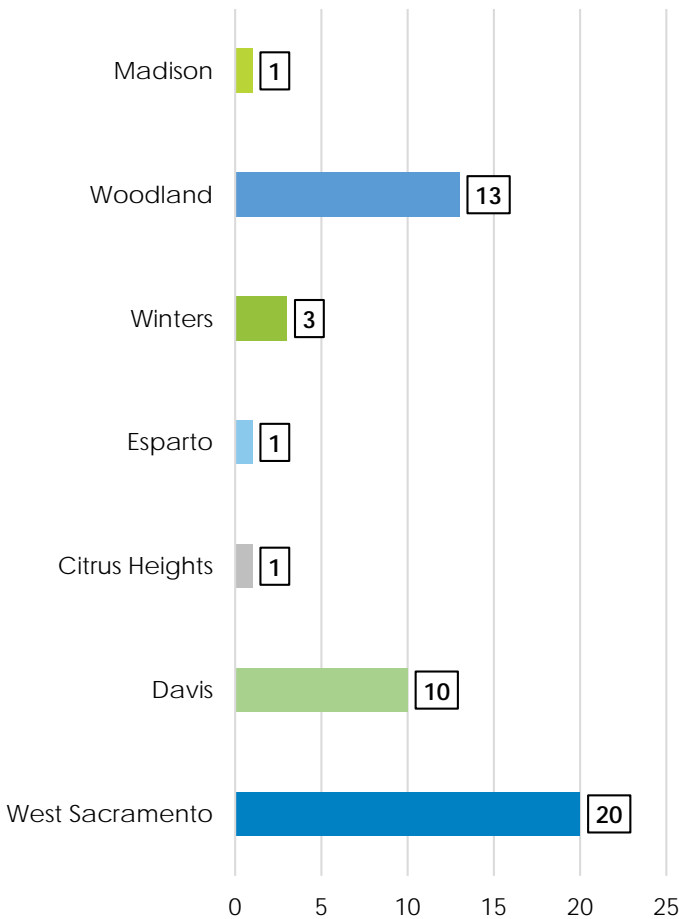


Race



DEMOGRAPHICS (continued)

City of Residence



#

Primary Diagnosis

Adjustment Disorder	1
Attachment Disorder	3
Attention Deficit Disorder	15
Anorexia Nervosa	1
Anxiety Disorder	1
Conduct Disorder	1
Defiant Disorder	1
Depression (Major, Etc.)	5
Disruptive or Impulse Control Disorders	3
Impulse Control	1
Post-Traumatic Stress Disorder	7
Unknown	11

Primary Language

English	46
Spanish	3
Unknown	1

*"I recommend Darlene she's the best :)"*

-Yolo TBS Client

*"La verdad no cambiaria nada porque estoy muy satisfecha de el servicias que recibio mi hijo de tbs" (To be honest, I would not change anything because I am very satisfied with the TBS services that my son recieved.)*

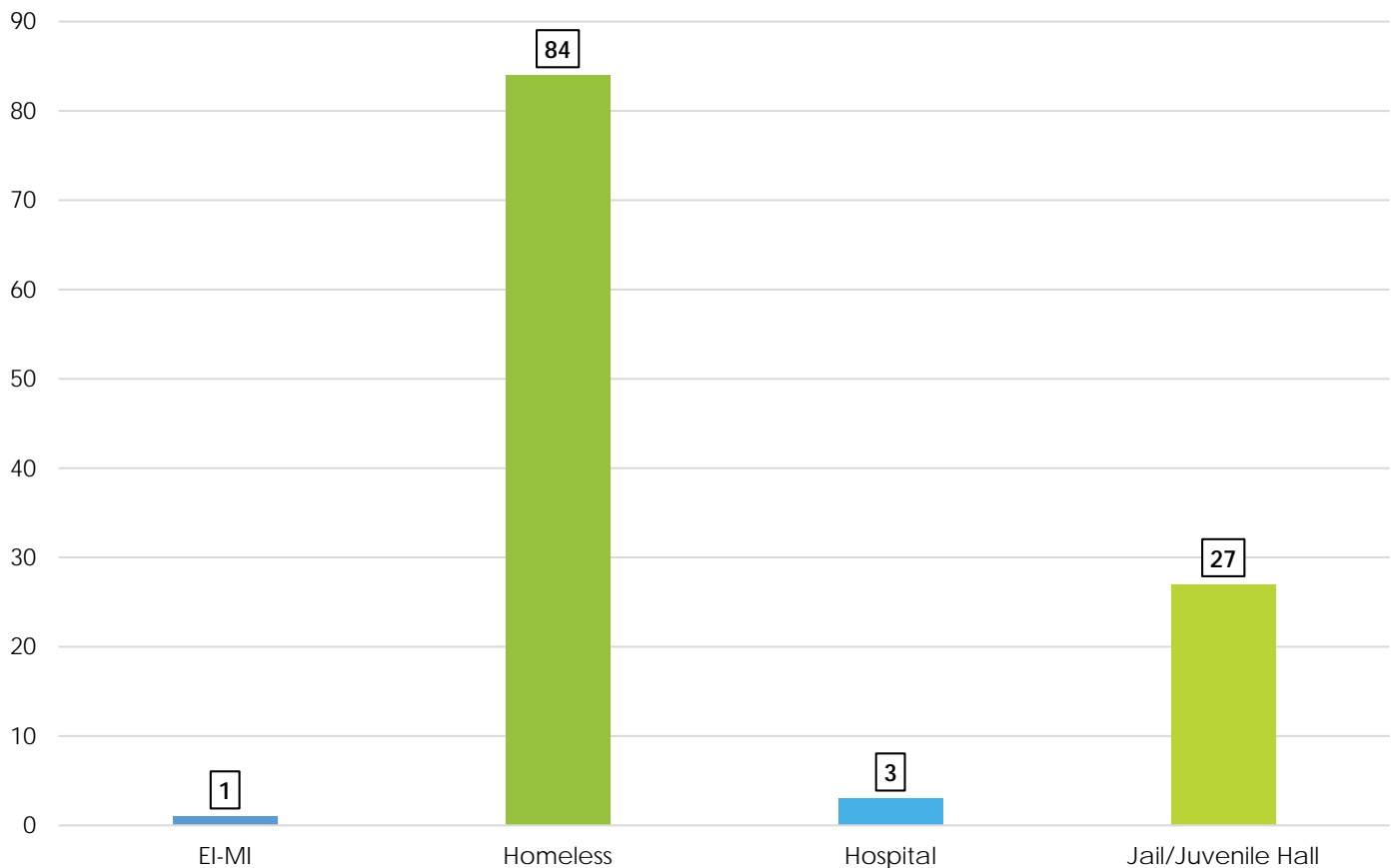
-Yolo TBS Client



## DOMAIN OUTCOMES

A total of 50 unduplicated individuals were served within the reporting period. Domain data from July 1, 2020 to June 30, 2021 is extracted from the Key Event Tracking (KET) form.

KET Domains	
<b>Psychiatric Hospital Days</b>	Individuals who have a bed in any acute psychiatric health facility setting.
<b>Jail Days</b>	Any individual who was booked and placed in jail (does not include arrests).
<b>Homeless Days</b>	Individuals who have no permanent address or don't pay rent.
<b>Emergency Interventions</b>	Individuals who have a bed within a psychiatric or medical facility but who are not admitted.



Of the 50 individuals served within the reporting period, 7 (14%) accrued days within the domains listed above. The remaining 43 (86%) clients served did not accrue days prior to or after enrollment within the Yolo TBS program.

## TOM-T

Due to no measure being in existence that effectively assessed the unique population served through TBS; the TOM-T was developed through the original Turning Point Community Programs' TBS program located in Sacramento. The tool is given both at intake and discharge to youth as well as caregivers served through the TBS portion of the program whenever possible.

Three items in the youth version and four in the caregiver are measured as a pre/post comparison between intake and discharge. Participants answer the following items using a 5-point Likert scale (Strongly Agree to Strongly Disagree):

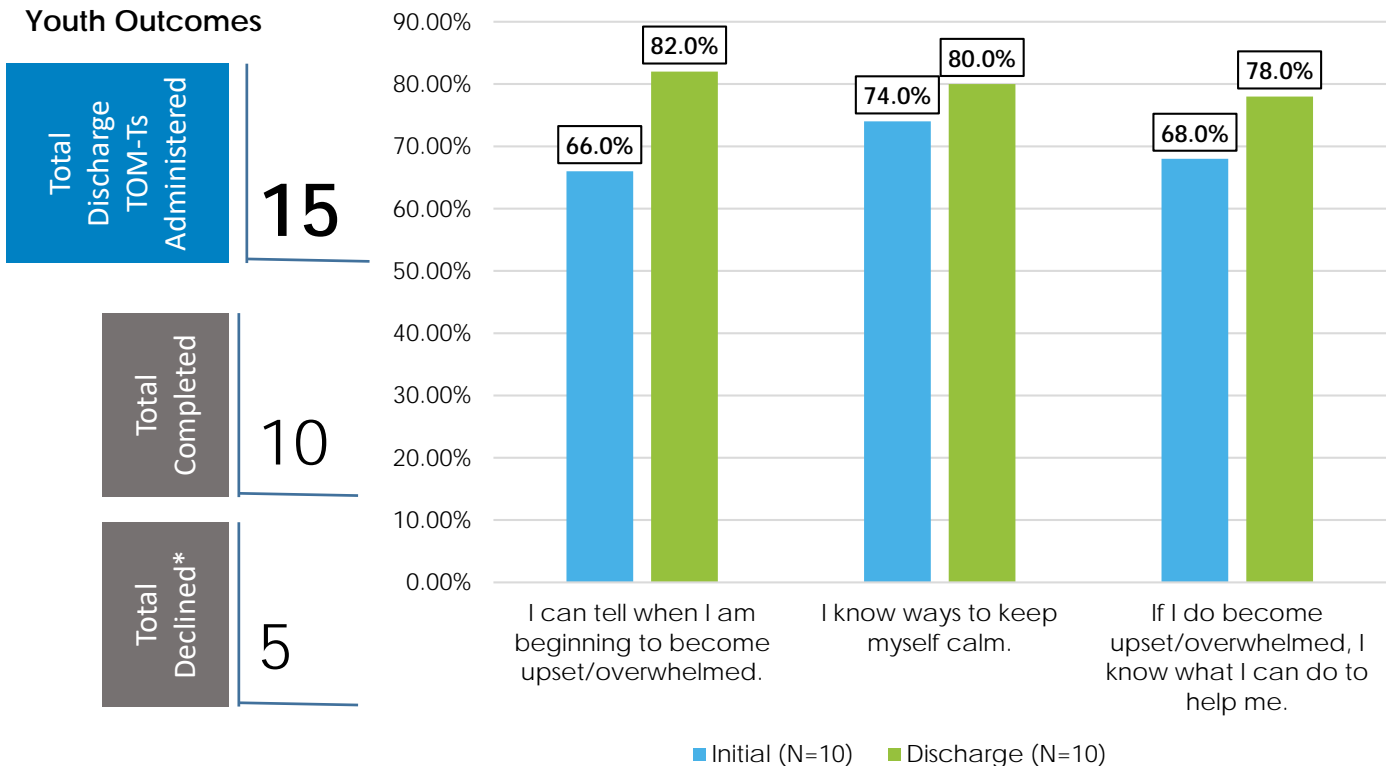
Youth Intake
I know ways to keep myself calm
I can tell when I am beginning to become upset/overwhelmed
If I do become upset/overwhelmed, I know what I can do to help myself

Caregiver Intake
I feel confident that youth will be able to continue living with me
I know what to do to keep behaviors from happening
I can identify triggers to my child's behaviors
I know how to respond to behaviors if they occur

The remaining 5 items in the youth and caregiver Tom-T given at discharge are statements regarding satisfaction with services and outcomes and are presented in Section IV: Consumer Satisfaction Survey of this report.

In order to complete a pre/post analysis of the TOM-T data, **the following outcomes are out of the total discharged clients within the reporting period who had both an intake and discharge client/caregiver TOM-T assessment completed.** Additionally, due to some clients being admitted and discharged multiple times within the reporting period, and because the outcomes can change with each episode of service, each TOM-T in which both the intake and discharge were completed have been included in the following analysis.

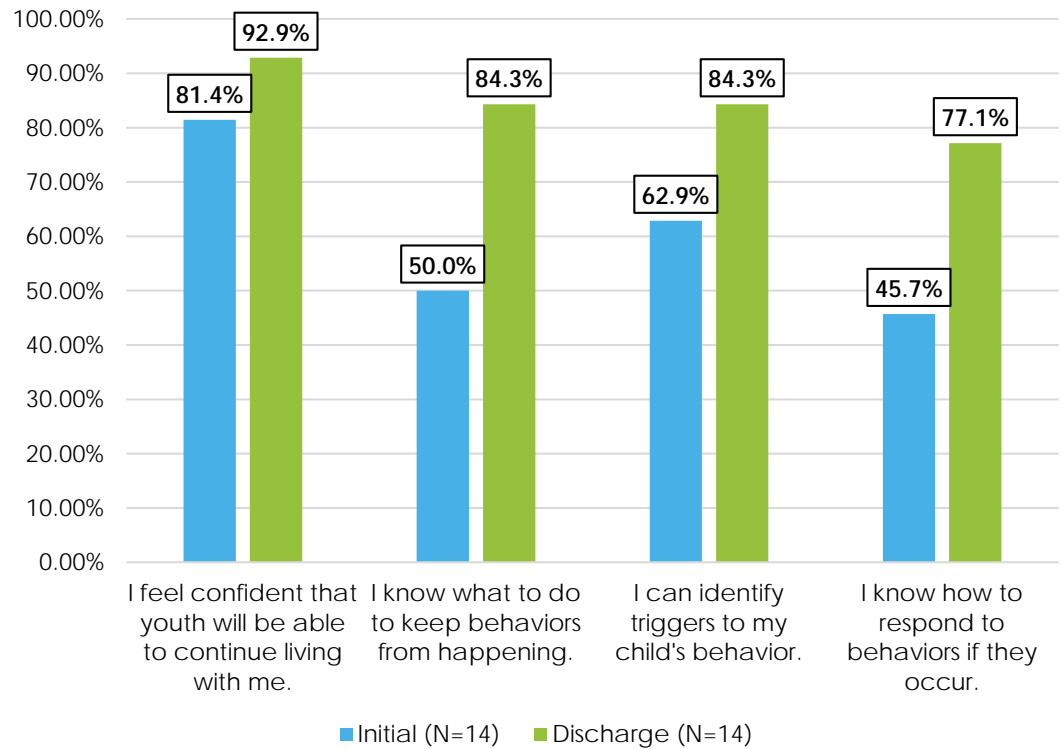
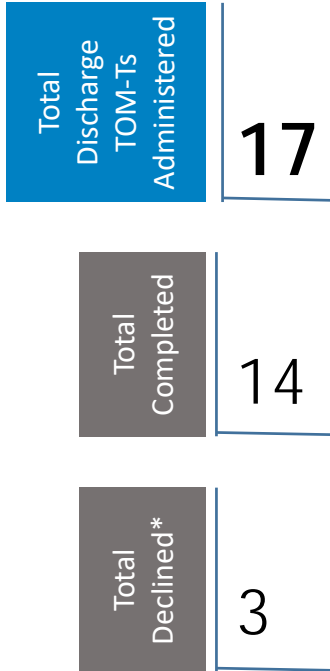
### Youth Outcomes



\*Declined includes declined to participate, unavailable, or clients considered too young for participation

## TOM-T (continued)

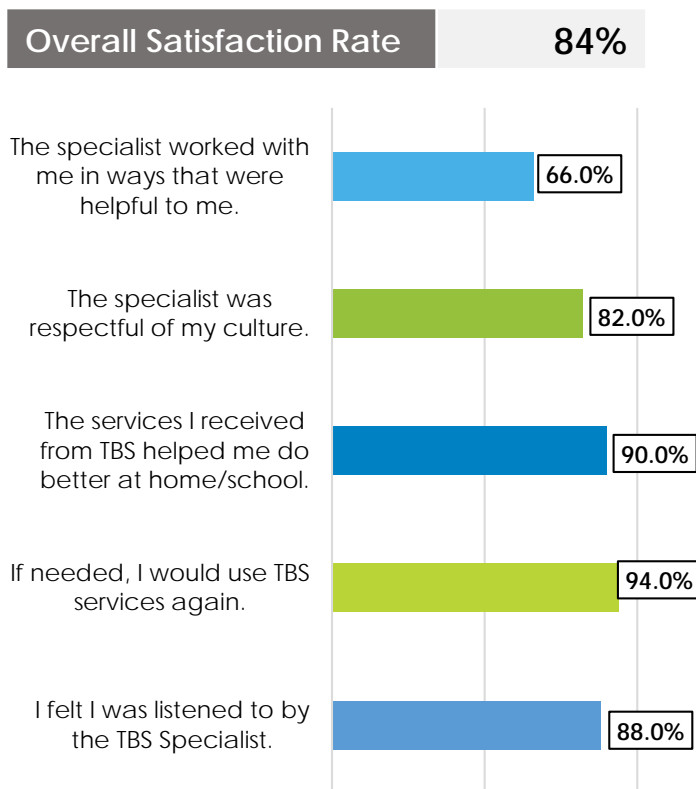
### Caregiver Outcomes



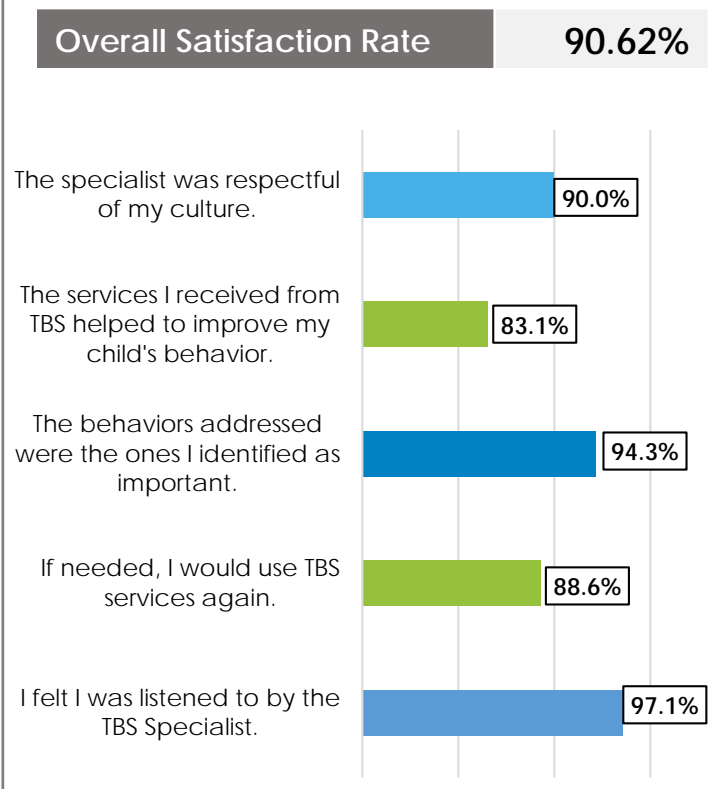
\*Declined includes declined to participate and those unavailable to participate.

## CLIENT SATISFACTION

### Youth Satisfaction



### Caregiver Satisfaction



This report was developed and distributed by  
Turning Point Community Program's  
Outcomes & Evaluation Department



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