

# Transitional Support Services-Solano

# ANNUAL REPORT

July 2020 - June 2021

### WHAT WE DO

Transitional Support Services (TSS) provides community support services to adults challenged with co-occurring psychiatric disorders and developmental disabilities. The type and intensity of services provided will be based on the minimum level of intervention necessary to maintain the health/safety of the individual and to support progress toward their identified goals. TSS is designed to minimize dependency and to affect the most rapid "normalization" and community integration possible. The central aspect of the TSS program is *member choice*. Before an individual is offered TSS membership, they will be helped to understand the TSS philosophy. TSS will honor each person's expressed goals.

## **SERVICES PROVIDED**



**24/7 on-call support**, therapeutic services



**Linkages**, to resources and services

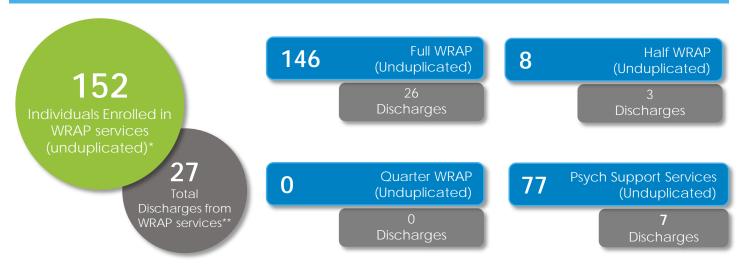


Ongoing psychiatric care, medication management



Intensive psych-social, rehabilitation, supportive housing

### **CENSUS**



A number of individuals served through the TSS Solano program switch between receiving Full WRAP, Partial (Half) WRAP, and Quarter WRAP services throughout the fiscal year. The totals above for each level of service include duplicates since, technically, they were served under multiple program types.

\*The *Individuals Enrolled* figure does not count duplicates between the different level types but rather counts each person once for accuracy.

\*\*The Total Discharges does not include clients who were discharged internally to higher or lower levels of service within TSS Solano but rather counts those clients who were discharged to external destinations.

## **DEMOGRAPHICS** Age Group 18 - 25 years (TAY) 20 26 - 59 (Adult) 107 60+ (Older Adult) 25 Race African-American/Black 44 American Native/Native Alaskan 0 Asian/Pacific Islander 12 Caucasian/White 73 23 Other Race or Hispanic Unknown 0 Data Not Available 0 Primary Language American Sign Language (ASL) 1 English 145 Spanish Declined 1 Unknown Data Not Available 0

	#
Gender	
Male	84
Female	66
Other	2
Data Not Available	0
City of Residence	
American Canyon	5
Benicia	6
Fairfield	54
Homeless	1
Less Summit	1
Napa	25
Sacramento	1
Santa Rosa	1
Suisun City	12
Vacaville	5
Vallejo	40
Vista	1
Data Not Available	0

## **DIAGNOSES**

The 152 unduplicated clients served in the fiscal year had a total of 373 diagnoses on file, including mental health diagnoses, developmental diagnoses, and medical illnesses.

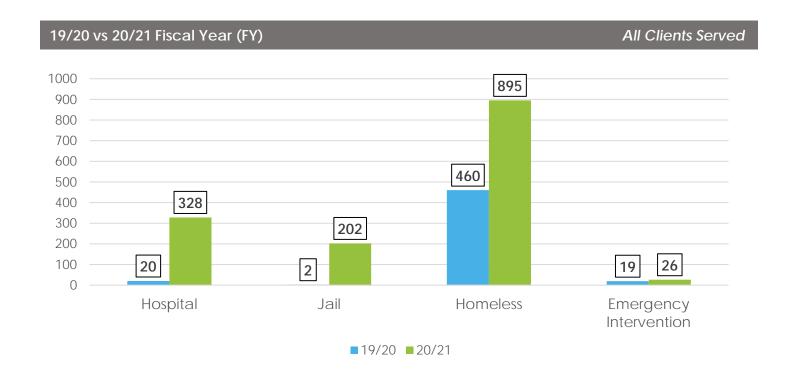
Mental Health Diagnoses (all diagnoses re	eported)
Anxiety Disorders	41
Bipolar and Related Disorders	11
Depressive Disorders	36
Disruptive, Impulse-Control and Conduct Disorders	23
Dissociative Disorders	1
Obsessive-Compulsive and Related Disorders	13
Personality Disorders	9
Schizophrenia Spectrum and Other Psychotic Disorders	33
Sleep-Wake Disorders	5
Somatic Symptom and Related Disorders	2
Substance-Use Disorder	8
Trauma-and-Stressor-Related Disorders	17

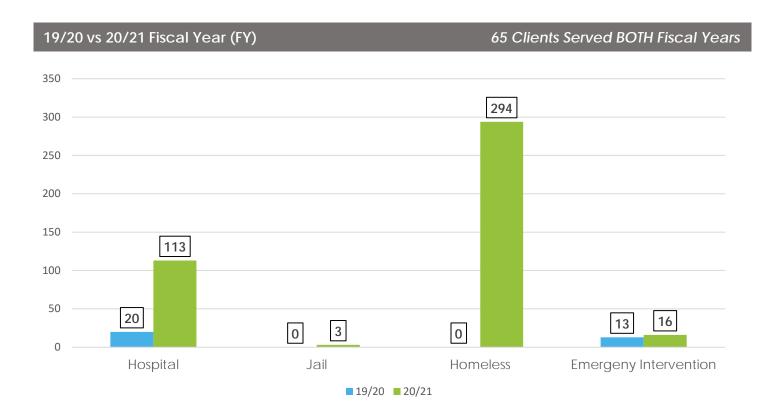
Developmental Diagnoses (all diagnoses reported)		
Attention-Deficit Hyperactivity Disorder	15	
Autism Spectrum Disorder	27	
Borderline Intellectual Functioning	3	
Intellectual Disability	104	
Other Neurodevelopmental Disorders	11	

Medical Illness (all diagnoses reported)	
Epilepsy/Seizure Disorder	2
Fetal Alcohol Syndrome	2
Genetic Disorders	3
Neurocognitive Disorders	2
Other Medical Issues	5

## **DOMAIN OUTCOMES**

A total of 130 individuals were served in the 19/20 fiscal year. 152 individuals were served in the 20/21 fiscal year. The first graphic below is a comparison of all clients served in 19/20 versus all those served in 20/21. The second graphic compares only those individuals served in the 19/20 fiscal year who continued to be served in the 20/21 fiscal year (N=65).





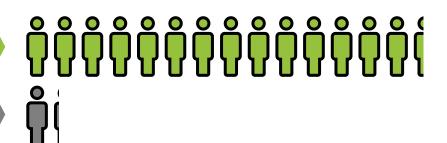
### **PSYCHIATRIC HOSPITAL DAYS**

### All Clients Served in the 20/21 FY

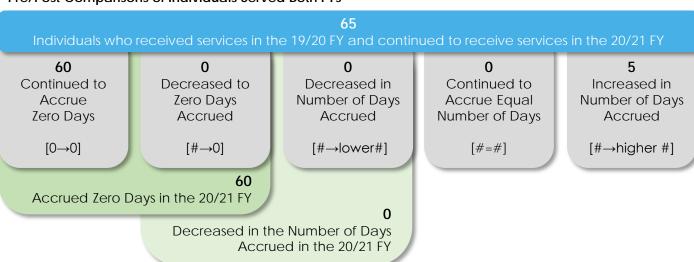
328
Total
Days
Accrued

Total Indv. Who
Accrued Zero Days

11
Total Indv. Who



## Pre/Post Comparisons of Individuals Served Both FYs



## **HOMELESS DAYS**

## All Clients Served in the 20/21 FY

895
Total
Days
Accrued

Total Indv. Who
Accrued Zero Days

Total Indv. Who
Accrued Days



#### Pre/Post Comparisons of Individuals Served Both FYs 65 62 0 0 0 3 Continued to Decreased to Decreased in Continued to Increased in Zero Days Number of Days Accrue Equal Number of Days Accrue Number of Days Zero Days Accrued Accrued Accrued [#→lower#] [#=#] [#→higher #] $[0 \to 0]$ $[\# \rightarrow 0]$ Accrued Zero Days in the 20/21 FY

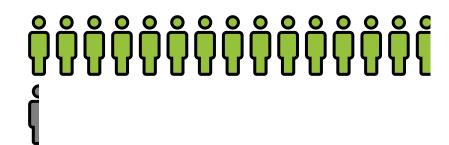
Decreased in the Number of Days

Accrued in the 20/21 FY

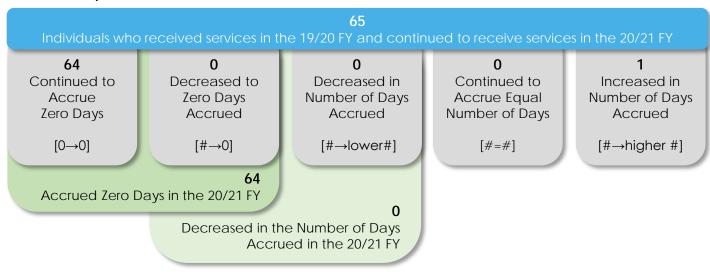
### JAIL DAYS

### All Clients Served in the 20/21 FY

147 202 Accrued **Zero** Days Accrued



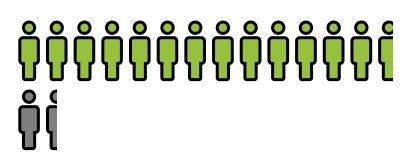
## Pre/Post Comparisons of Individuals Served Both FYs



## **EMERGENCY INTERVENTIONS (EIS)**

## All Clients Served in the 20/21 FY

26 Accrued **Zero** Els 15 Accrued Total Indv. Who Accrued Els



Pre/Post Comparisons of Individuals Served Both FYs 65 54 3 1 2 5 Continued to Decreased to Decreased in Continued to Increased in Accrue Zero Els Number of Els Accrue Equal Number of Els Zero Els Accrued Accrued Number of Els Accrued [#→lower#] [#=#] [#→higher #]  $[0 \to 0]$ [#→0] Accrued Zero Els in the 20/21 FY Decreased in the Number of Els Accrued in the 20/21 FY

## 8 Determinants of Care

TSS-Solano utilizes the 8-Determinants of Care, which is a clinical and administrative tool that allows us to measure where individuals are in their journey of recovery and produce data that describes the journey of recovery over time. This tool includes the Milestones of Recovery Scale (MORS), in addition to incorporating other specific domains to support a more effective service continuum. The MORS has 8 possible categories of recovery, or milestones, in which a client may be assessed to be at. They include:

- Extreme Risk (1)
- High Risk/ Not Engaged (2)
- High Risk/ Engaged (3)
- Poorly Coping/ Not Engaged (4)

- Poorly Coping/ Engaged (5)
- Coping/Rehabilitation (6)
- Early Recovery (7)
- Advanced Recovery (8)

With regards to the 8 Determinants, clients are assessed on whether or not they need support in each of the 8-Determinants of Care.

- 1. Managing Financial Resources?
- 2. Coordinating Transportation?
- 3. Daily Living Skills?
- 4. Weekly contact with staff to coordinate care?
- 5. Managing Medication?
- 6. Managing Community Relationships and Minimizing Disruptive Behaviors?
- 7. Been at current level of MORS less than six months?
- 8. Require CSS Flex Funds?

The TSS program does not have internal CSS funds, so the 8<sup>th</sup> determinant of care is not applicable and excluded from the analysis.

Upon scoring each item, a composite score is calculated based on multiple factors. The composite score represents the program level the client should be enrolled in. TSSs are considered a level 4 program. A lower score indicates that a lower level of care may be needed, while a higher score indicates the need for a higher level of care.

### **8 Determinants of Care Composite Scores**

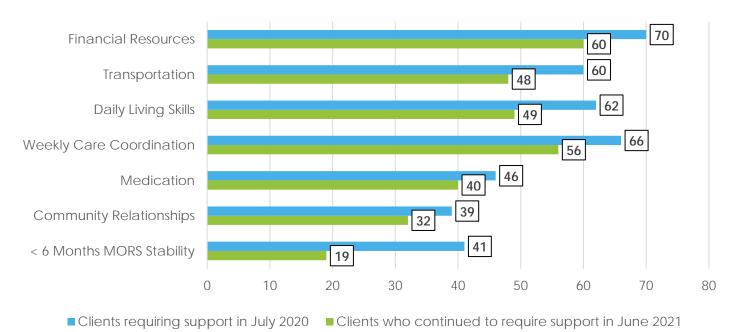
Client Group	#	%
Clients with a score of 4 (TSS is a level 4 program)	48	31.6%
Clients with a score below 4 (lower level of care possibly needed)	78	51.3%
Clients with a score above 4 (higher level of care possibly needed)	0	0.0%
Clients with no score	26	17.1%
Total	152	100%

## 8 Determinants of Care/Milestones of Recovery Scale (MORS) Continued

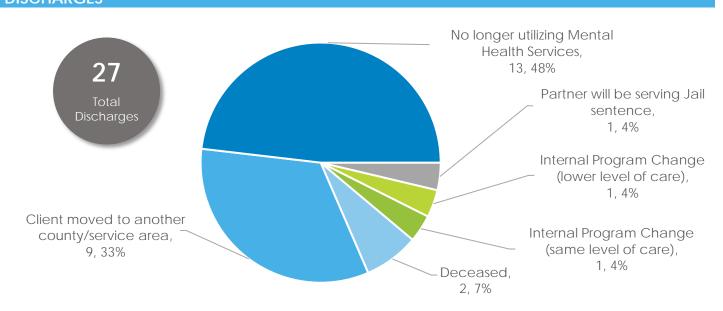
The following is based on 126 individuals with the 8 Determinants of Care entered for June 2021.

Client Group	#	%
Clients requiring support to manage financial resources	92	73.0%
Clients requiring support to coordinate transportation needs	82	65.1%
Clients requiring assistance with 2+ ADLs	90	71.4%
Clients requiring 1+ weekly contact to coordinate care	99	78.6%
Clients requiring support to manage medication(s)	77	61.1%
Clients requiring support to manage community relations & minimize disruptions	77	61.1%
Clients with less than 6 months stability in current MORS level	50	39.7%

The following is based on 90 individuals with the 8 Determinants of Care entered for July 2020 and June 2021.



## **DISCHARGES**



# **CLIENT SATISFACTION**

Total Surveys Administered

77

Total Completed

54

Total Declined

23

ltem	Satisfaction Rate
I like TSS services.	98.7%
If I had other choices, I would still choose TSS.	98.0%
TSS staff here believes that I can grow, change, and get better.	98.7%
TSS staff encourages me to take responsibility for how I live my life.	97.5%
If I am unhappy with something about TSS, I can talk with staff.	96.9%
With TSS support, I deal more effectively with daily problems.	93.6%
With TSS support, I think I have more control over my life/future.	95.6%
With TSS support, I am better able to deal with crisis situations.	95.6%
TSS helps me form positive relationships with others.	96.9%
With TSS support, I feel more comfortable when I am in the community.	97.5%
With TSS support, my symptoms are not bothering me as much.	94.8%
With TSS support, I am better able to take care of my needs.	96.1%
With TSS support, I am better able to handle things when they go wrong.	97.4%
I have people with whom I can do enjoyable things.	98.0%
I feel that I belong in my community.	96.8%
In a crisis, I would have the support I need from family and friends.	98.0%

# **Overall Satisfaction Rate**

96.9%

The survey contains one additional item that asks specifically about their TSS prescriber when applicable.

Item	Satisfaction Rate
I am happy with my TSS prescriber.	98.4%

This report was developed and distributed by Turning Point Community Program's Outcomes & Evaluation Department



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