



ANNUAL REPORT

August 2020 – June 2021

WHAT WE DO

Transitional Support Services (TSS) Santa Rosa began providing community support services to adults challenged with co-occurring psychiatric disorders and developmental disabilities in **August of 2020**.

The type and intensity of services provided will be based on the minimum level of intervention necessary to maintain the health/safety of the individual and to support progress toward their identified goals. TSS is designed to minimize dependency and to affect the most rapid "normalization" and community integration possible. The central aspect of the TSS program is *member choice*. Before an individual is offered TSS membership, they will be helped to understand the TSS philosophy. TSS will honor each person's expressed goals.

SERVICES PROVIDED



24/7 on-call support, therapeutic services



Linkages, to resources and services

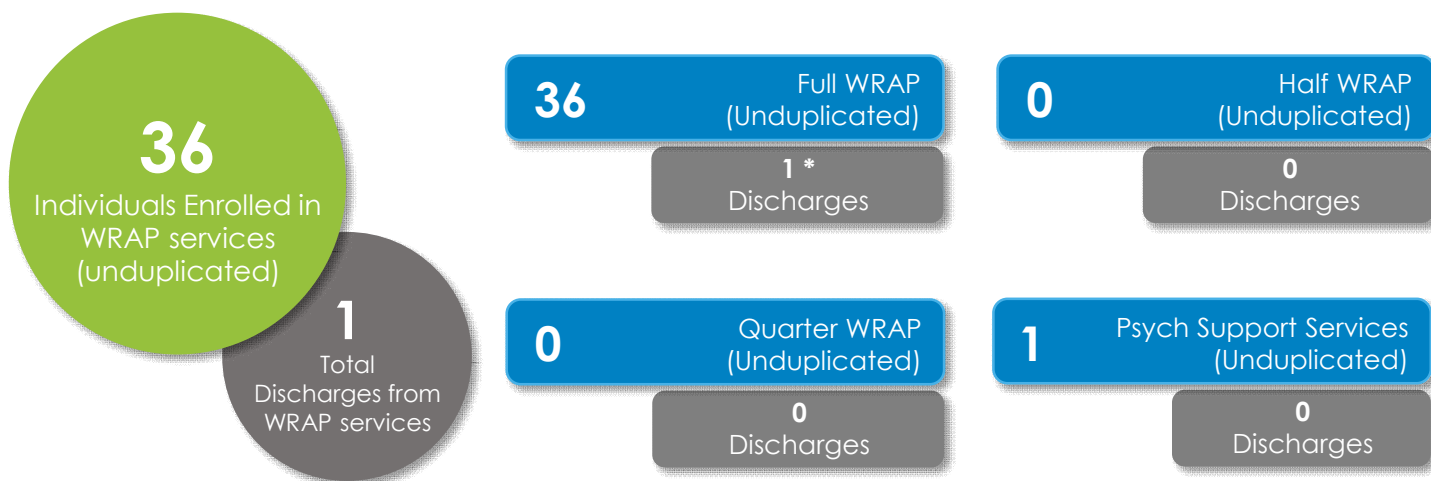


Ongoing psychiatric care, medication management



Intensive psych-social, rehabilitation, supportive housing

CENSUS



*The 1 discharge was due to the client no longer utilizing Mental Health Services.

DEMOGRAPHICS

	#
Age Group	
18 – 25 years (TAY)	9
26 – 59 (Adult)	24
60+ (Older Adult)	3
Race	
African-American/Black	2
American Native/Native Alaskan	0
Asian/Pacific Islander	0
Caucasian/White	30
More than One Race (Multi)	0
Other Race or Hispanic	3
Declined/Unknown	1
Data Not Available	0
Primary Language	
American Sign Language (ASL)	1
English	33
Spanish	2
Declined/Unknown	0
Data Not Available	0

	#
Gender	
Male	17
Female	18
Other	1
Data Not Available	0
City of Residence	
Healdsburg	1
Petaluma	1
Rohnert Park	5
Santa Rosa	25
Sonoma	1
Windsor	3
Data Not Available	0

DIAGNOSES

The 36 unduplicated clients served in the fiscal year had a total of 101 diagnoses on file, including mental health diagnoses, developmental diagnoses, and medical illnesses.

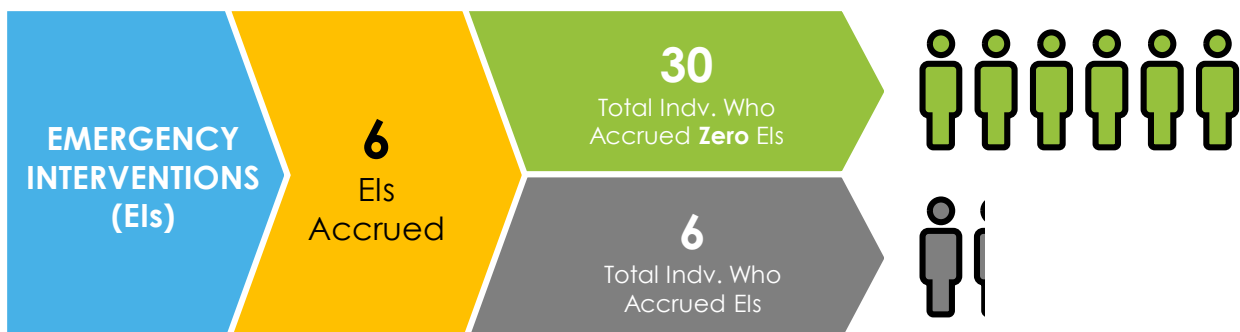
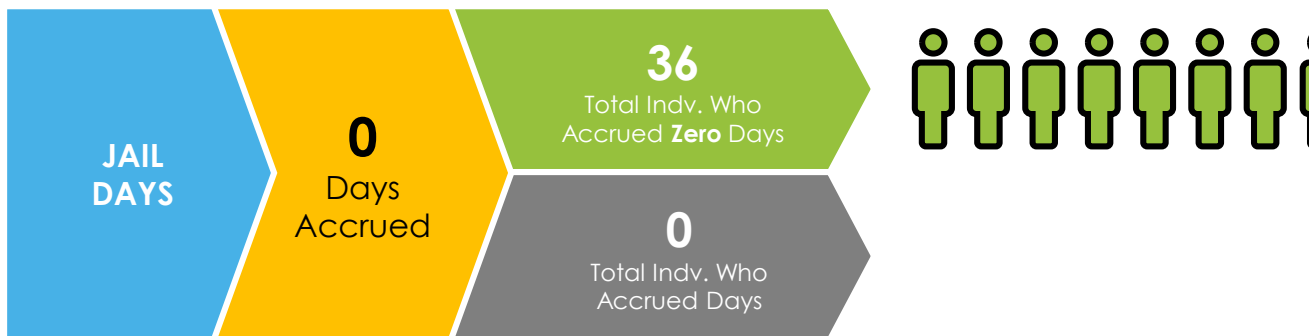
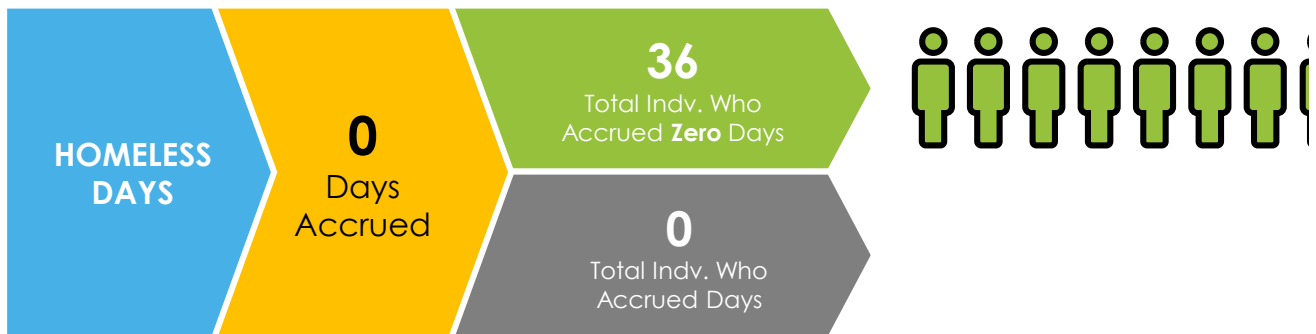
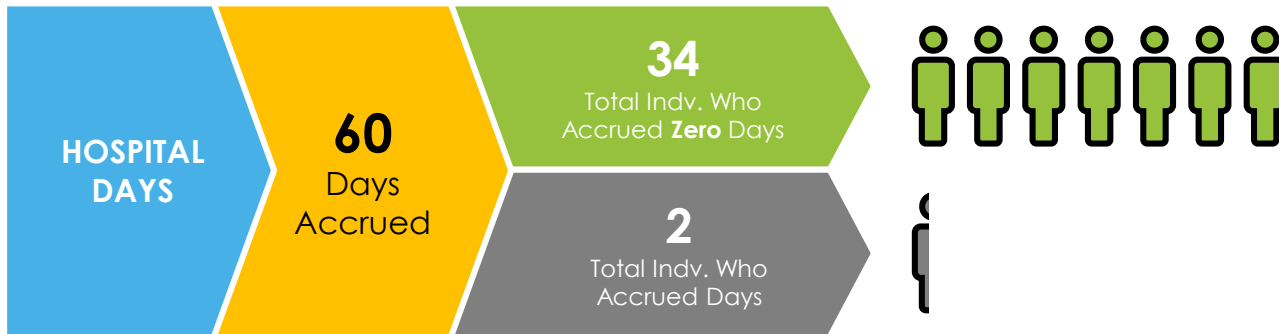
Mental Health Diagnoses (all diagnoses reported)	
Anxiety Disorders	14
Bipolar and Related Disorders	3
Depressive Disorders	14
Disruptive, Impulse-Control and Conduct Disorders	1
Gender Dysphoria	1
Obsessive-Compulsive and Related Disorders	3
Schizophrenia Spectrum and Other Psychotic Disorders	5
Sleep-Wake Disorders	1
Substance-Use Disorder	2
Trauma-and-Stressor-Related Disorders	10

Developmental Diagnoses (all diagnoses reported)	
Attention-Deficit Hyperactivity Disorder	3
Autism Spectrum Disorder	11
Borderline Intellectual Functioning	3
Intellectual Disability	19

Medical Illness (all diagnoses reported)	
Diabetes	2
Epilepsy/Seizure Disorder	4
Fetal Alcohol Syndrome	1
Neurocognitive Disorders	1
Other Medical Condition	3

DOMAIN OUTCOMES

August 2020 to June 2021



8 Determinants of Care

TSS-Santa Rosa utilizes the 8-Determinants of Care, which is a clinical and administrative tool that allows us to measure where individuals are in their journey of recovery and produce data that describes the journey of recovery over time. This tool includes the Milestones of Recovery Scale (MORS), in addition to incorporating other specific domains to support a more effective service continuum. The MORS has 8 possible categories of recovery, or milestones, in which a client may be assessed to be at. They include:

- Extreme Risk (1)
- High Risk/ Not Engaged (2)
- High Risk/ Engaged (3)
- Poorly Coping/ Not Engaged (4)
- Poorly Coping/ Engaged (5)
- Coping/ Rehabilitation (6)
- Early Recovery (7)
- Advanced Recovery (8)

With regards to the 8 Determinants, clients are assessed on whether or not they need support in each of the 8-Determinants of Care.

1. Managing Financial Resources?
2. Coordinating Transportation?
3. Daily Living Skills?
4. Weekly contact with staff to coordinate care?
5. Managing Medication?
6. Managing Community Relationships and Minimizing Disruptive Behaviors?
7. Been at current level of MORS less than six months?
8. Require CSS Flex Funds?

The TSS program does not have internal CSS funds, so the 8th determinant of care is not applicable and excluded from the analysis.

Upon scoring each item, a composite score is calculated based on multiple factors. The composite score represents the program level the client should be enrolled in. TSSs are considered a level 4 program. A lower score indicates that a lower level of care may be needed, while a higher score indicates the need for a higher level of care.

8 Determinants of Care Composite Scores

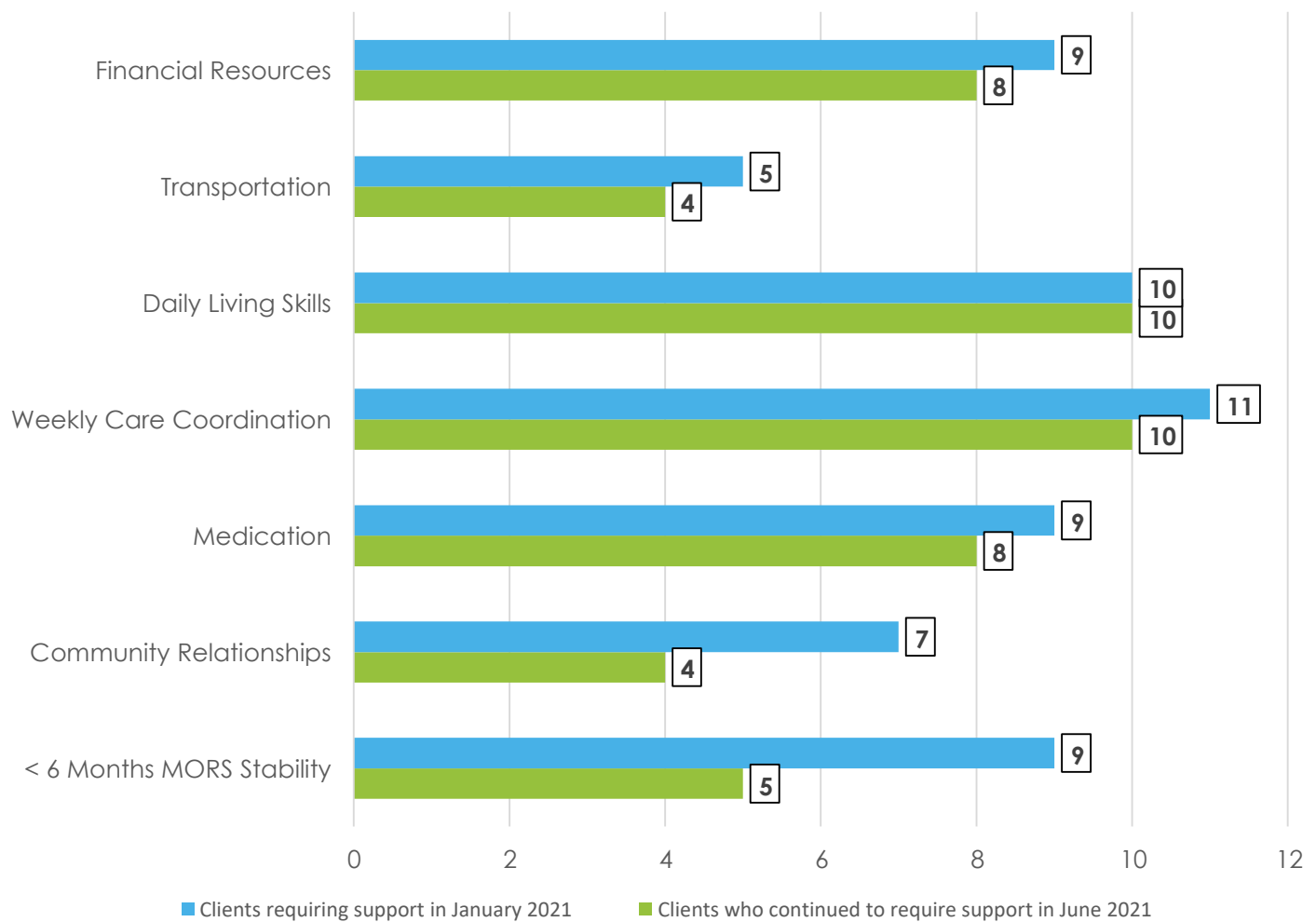
Client Group	#	%
Clients with a score of 4 (TSS is a level 4 program)	18	50.0%
Clients with a score below 4 (lower level of care possibly needed)	17	47.2%
Clients with a score above 4 (higher level of care possibly needed)	0	0.0%
Clients with no score	1	2.8%
Total	36	100%

8 Determinants of Care/Milestones of Recovery Scale (MORS) Continued

The following is based on 35 individuals with the 8 Determinants of Care entered for June 2021.

Client Group	#	%
Clients requiring support to manage financial resources	29	82.9%
Clients requiring support to coordinate transportation needs	23	65.7%
Clients requiring assistance with 2+ ADLs	32	91.4%
Clients requiring 1+ weekly contact to coordinate care	32	91.4%
Clients requiring support to manage medication(s)	24	68.6%
Clients requiring support to manage community relations & minimize disruptions	15	42.9%
Clients with less than 6 months stability in current MORS level	14	40.0%

The following is based on 12 individuals served at least six months with the 8 Determinants of Care entered for January 2021 and June 2021.



This report was developed and distributed by
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