

Mental Health Urgent Care Clinic (MHUCC)

ANNUAL REPORT

July 2020 - June 2021

WHAT WE DO

Mental Health Urgent Care Clinic (MHUCC) is a walk-in clinic for individuals with an urgent mental health need. The MHUCC is a client-centered program that focuses on providing immediate relief to individuals and families in distress. The program intends to aver psychiatric emergency room visits and involuntary hospitalizations. The goals of MHUCC is to foster recovery for individuals and families through the promotion of hope and wellness.

As a walk-in clinic, the MHUCC welcomes anyone experiencing mental health-distress regardless of age and ability to pay. Individuals experiencing non-psychiatric emergencies are encouraged to visit their local emergency room or call 911.



A safe space for individuals and families, peer support and onthe spot counseling



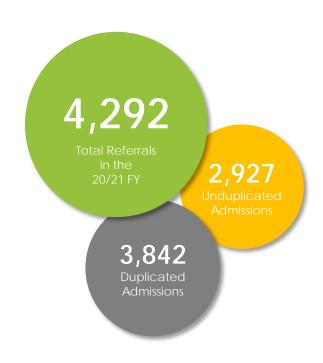
Crisis interventions, psychiatric evaluations and clinical assessments



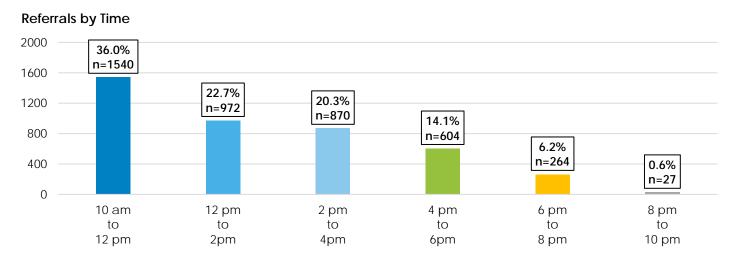
Referrals and linkages to community resources



Brief medication management services (excluding controlled substances)

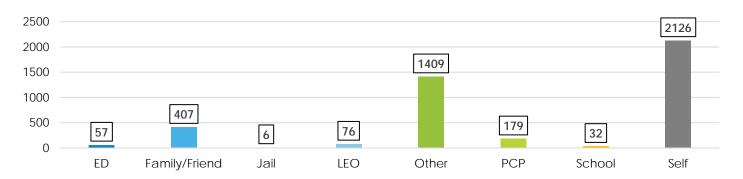


CENSUS & REFERRALS

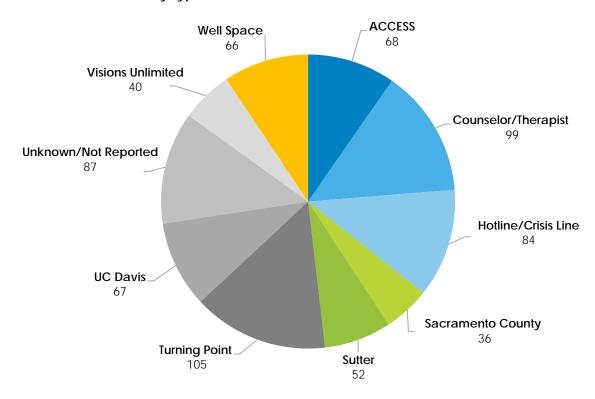


CENSUS & REFERRALS

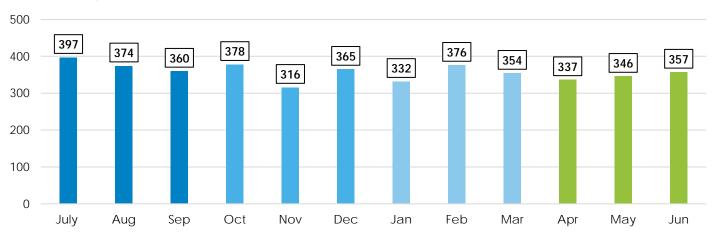
Referral Sources by Type- All Referrals



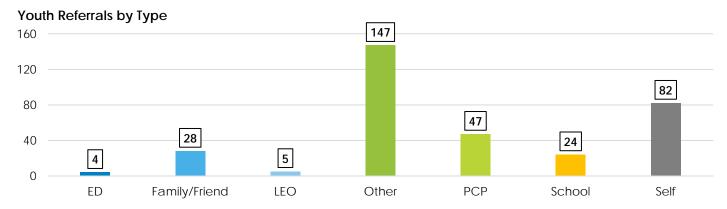
Top Ten Other Referral Sources by Type



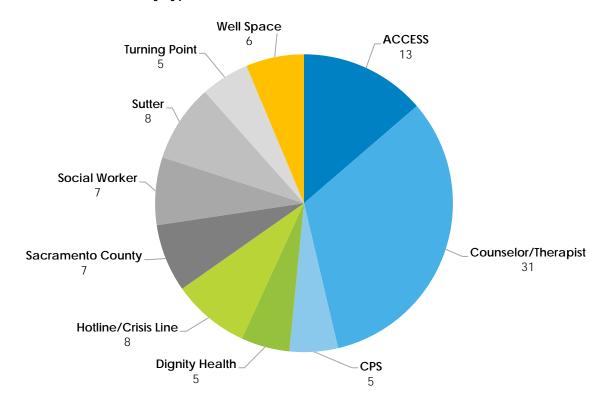
Admissions by Month



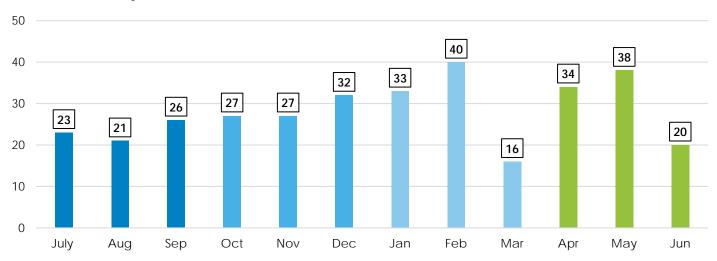
YOUTH CENSUS REFERRALS



Top Ten Other Youth Referrals by Type



Youth Admission by Month



DEMOGRAPHICS

All demographics below include all unduplicated admitted clients (N=2927)*.

	#
Age Group	
Youth	296
Transitional Aged Youth	570
Adult	1882
Older Adult	179
Gender	
Female	1530
Male	1393
Unknown/Not Reported	4
Race	
American Indian/Native Alaskan	51
Asian/Pacific Islander	243
Black/African-American	617
Multi-Racial	206
Other Race	273
White/Caucasian	1262
Unknown/Not Reported	275
Primary Diagnosis	_,
Anxiety Disorders	169
Bipolar and Related Disorders	451
Depressive Disorders	774
Disruptive, Impulse Control, and	
Conduct Disorders	11
Disassociative Disorders	1
Feed and Eating Disorders	2
Gender Dysphoria	2
Neurodevelopmental Disorders	21
Obsessive-Compulsive and Related	2
Disorders	3
Personality Disorders	6
Schizophrenia Spectrum and Other	705
Psychotic Disorders	700
Substance-Related and Addictive	3
Disorders Trauma and Stressor Related	
Disorders	546
Housing Status	
Housed/No Imminent Risk of	
Homelessness	1384
Imminent Risk for Homelessness	62
Literally Homeless-Chronic	157
Homelessness	157
Literally Homeless-Not Chronic	114
Homeless	114
Unknown/Not Reported	1210

	#
Primary Language	
Arabic	4
Armenian	2
Cantonese	7
English	2740
Farsi	9
Hmong	5
llacano	1
Japanese	1
Korean	2
Lao	2
Mandarin	5
Mien	1
Other Chinese Language	1
Other Non-English	13
Russian	5
Spanish	72
Tagalog	4
Thai	1
Vietnamese	8
Unknown/Not Reported	44
City of Residence	
Antelope	44
Antelope Carmichael	44 112
Carmichael	
·	112
Carmichael Citrus Heights	112 129
Carmichael Citrus Heights Clarksburg	112 129 1
Carmichael Citrus Heights Clarksburg Elk Grove	112 129 1 1 151
Carmichael Citrus Heights Clarksburg Elk Grove Elverta	112 129 1 1 151
Carmichael Citrus Heights Clarksburg Elk Grove Elverta Fair Oaks	112 129 1 151 1 44
Carmichael Citrus Heights Clarksburg Elk Grove Elverta Fair Oaks Folsom	112 129 1 151 1 44 48
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Carmichael Citrus Heights Clarksburg Elk Grove Elverta Fair Oaks Folsom Galt Isleton North Highlands Orangevale Out of County	112 129 1 151 1 44 48 27 3 129 28 162
Carmichael Citrus Heights Clarksburg Elk Grove Elverta Fair Oaks Folsom Galt Isleton North Highlands Orangevale Out of County Rancho Cordova	112 129 1 151 1 44 48 27 3 129 28 162 125
Carmichael Citrus Heights Clarksburg Elk Grove Elverta Fair Oaks Folsom Galt Isleton North Highlands Orangevale Out of County Rancho Cordova Sacramento	112 129 1 151 1 44 48 27 3 129 28 162 125 1889
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Carmichael Citrus Heights Clarksburg Elk Grove Elverta Fair Oaks Folsom Galt Isleton North Highlands Orangevale Out of County Rancho Cordova Sacramento Walnut Grove West Sacramento	112 129 1 151 1 44 48 27 3 129 28 162 125 1889 2 23

^{*} Primary diagnosis includes duplicated admissions as clients primary diagnosis may change between episodes

YOUTH DEMOGRAPHICS

All demographics below include all unduplicated admitted youth clients (N= 296)*.

	#
Age Group	
3 to 5 years	5
6 to 8 years	12
9 to 11 years	36
12 to 14 years	100
15 to 17 years	143
Gender	
Female	189
Male	106
Unknown/Not Reported	1
Race	
American Indian/Alaskan Native	4
Asian/Pacific Islander	26
Black/African-American	49
Multi-Racial	27
Other Race	50
White/Caucasian	111
Unknown/Not Reported	29
Primary Diagnosis	
Anxiety Disorders	29
Bipolar and Related Disorders	11
Depressive Disorders	111
Disruptive, Impulse-Control, and Conduct Disorders	11
Feeding and Eating Disorders	2
Gender Dysphoria	1
Neurodevelopmental Disorders	11
Schizophrenia Spectrum and Other Psychotic Disorders	15
Trauma and Stressor Related Disorders	89
Primary Language	
English	270
Farsi	1
Other Chinese Language	1
Spanish	22
Unknown/Not Reported	2

	#
City of Residence	
Antelope	5
Carmichael	15
Citrus Heights	15
Elk Grove	17
Fair Oaks	7
Folsom	9
Galt	5
Isleton	1
North Highlands	12
Orangevale	5
Out of County	24
Rancho Cordova	15
Sacramento	165
West Sacramento	1

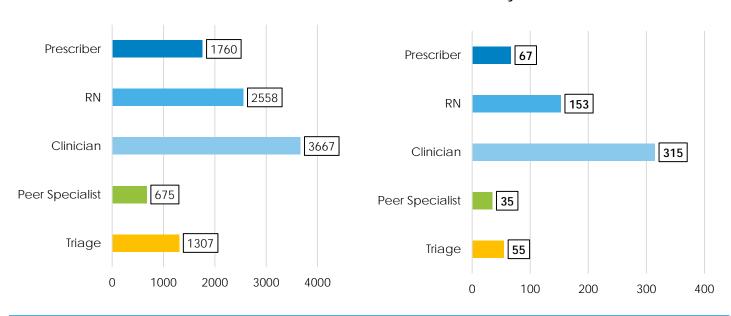


^{*}Data representative of the 204 youth who had housing data reported.

SERVICES-ALL REFERRALS

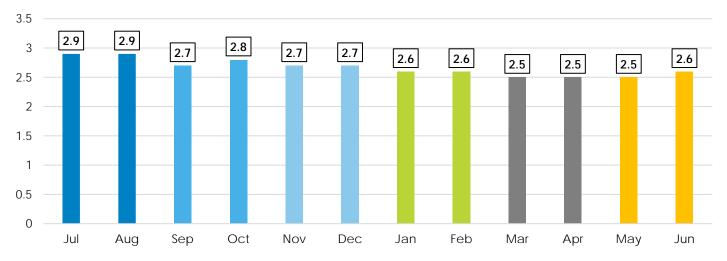
Services Provided by Position- All Referrals

Services Provided by Position- Youth Referrals

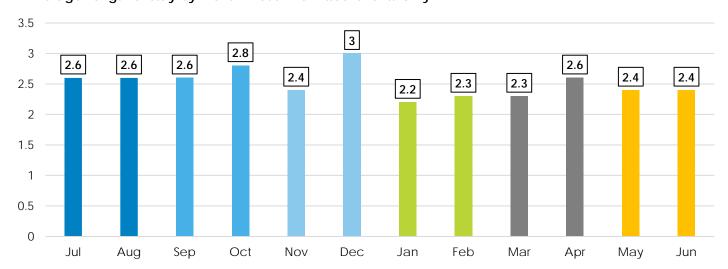


LENGTH OF STAY

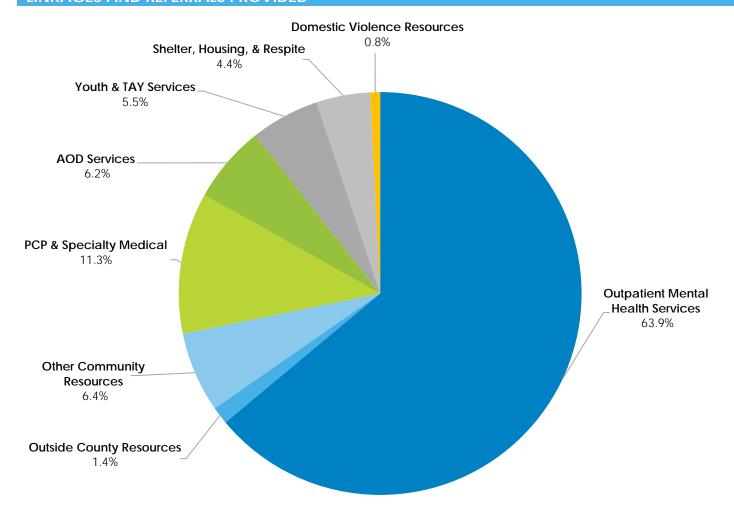
Average Length of Stay by Month-Admitted Clients Only



Average Length of Stay by Month- Youth Admitted Clients Only

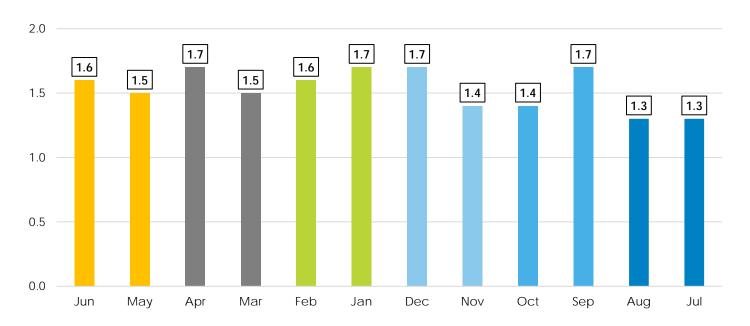


LINKAGES AND REFERRALS PROVIDED



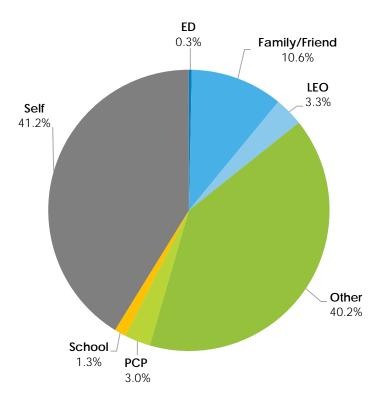
5150

Average Daily 5150 Applications per day by Month



5150 (CONTINUED)

Referral Sources for 5150 by Type



	#
5150 Discharge Locations	
AWOL	13
Kaiser (Morse, North, South, and Unspecified)	21
Mercy (General and San Juan)	25
Methodist	21
Sacramento Mental Health Treatment Center- Intake Stabilization Unit	82
Sutter	53
UC Davis	77
Unidentified Emergency Department	9
Total 5150 Applications	301

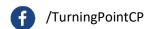
DISCHARGE REASONS

	#	%
Client does not meet Medical Necessity	1	0.03%
Client has completed services	310	8.1%
Client is receiving services elsewhere-step down	509	13.2%
Client is receiving services elsewhere-step up	1,027	26.7%
Client is receiving services elsewhere-transfer	1,585	41.2%
Client moved out of Sacramento County	2	0.05%
Client refused/declined services	21	0.5%
Client's whereabouts unknown	1	0.03%
Other	40	1.0%
Referred to GMC-Aetna	31	0.8%
Referred to GMC-Blue Cross	172	4.5%
Referred to GMC-Health Net	66	1.7%
Referred to GMC- Kaiser	45	1.2%
Referred to GMC-Molina	39	1.0%
Total	3,849	100.0%

This report was developed and distributed by Turning Point Community Program's Outcomes & Evaluation Department



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Counselor/Therapist 99 Court 8		8
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Child Protective Services Crestwood Crisis Intervention Crisis Residential Program CVS Department of Mental Health Department of Rehabilitation Department of Welfare	FY TOTAL 9 5 1 7 1 1 1 9
Crestwood Crisis Intervention Crisis Residential Program CVS Department of Mental Health Department of Rehabilitation Department of Welfare	5 1 7 1 1 1
Crisis Intervention Crisis Residential Program CVS Department of Mental Health Department of Rehabilitation Department of Welfare	1 7 1 1 1
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Dignity Health EDAPT	9
El Hogar	20
Elica	20 1
First Step	3
Fremont Hospital	<u>3</u> 1
·	23
Gateway Gender Health Center	23
Genesis	4 1
Global Foundation	<u> </u>
Guest House	10
Halo Explorer	1
Health & Life Organization	1
Health Center	1
Health Clinic	1
Health Net	5
Heartland & Associates	1
Heartline	1
Helping Hands	1
Heritage Oaks	24
HOPE	31
Hospital	23
Hotline/Crisis Line	84
HRC	6
ILS	1
Inpatient Facility	1
Insurance	4
IOS Facilitator	1
Jefferson Pharmacy	1
UJDTP	1
John George Psychiatric Hospital	1
Judge	1
Kaiser	29
La Familia	2
Lutheran Social Services	2
Madin Mental Health Chicago	1
Magellan	1
Medi-Cal Programme Transfer of the Cal Programme Transfer of the C	5
Medical Urgent Care	30
Medicare	1
Medi-Worker	1
Mental Health	4
Mercy	24
Methodist	9

Mental Health Urgent Care Clinic		FY TOTAL
Mental Health Ugent Care Clinic	Mental Health Clinic	1
Mobile Crisis Team 2		1
WAMI 3 Vext Move 4 One Community Health 11 One Source 1 Dither Clinic 5 Dither Urigent Care 8 Dut patient Psych 1 Dut of County 1 Peach Revigator 1 Personal Growth 1 Placer County 5 Planned Parenthood 1 Power Inn Drug Abuse Center 1 Provider 1 Power Inn Drug Abuse Center 1 Power Inn Drug Abuse Center 1 Provider 1 Power Inn Drug Abuse Center 1 Provider 1 Power Inn Drug Abuse Center 1		2
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Planned Parenthood 1		5
December 1 1 1 1 1 1 1 1 1		
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Psychiatrist/Psychologist 10		•
Public Defender 1 1 1 1 1 1 1 1 1		10
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Shelter 3 Sierra Vista 19 Sacramento Native American Health Center 11 Social Services 3 Social Worker 18 St. Johns 1	Sexual Health Clinic	1
Sierra Vista 19 Sacramento Native American Health Center 11 Social Services 3 Social Worker 18 St. Johns 1	Shelter	
Sacramento Native American Health Center 11 Social Services 3 Social Worker 18 St. Johns 1	Sierra Vista	19
Social Services 3 Social Worker 18 St. Johns 1	Sacramento Native American Health Center	
Social Worker 18 St. Johns 1	Social Services	
St. Johns 1	Social Worker	
	St. Johns	
7.6.1.0.6.0.0.6	Stanford Sierra	1

	FY TOTAL
STC	1
STEP House	2
Stockton Psych Service	1
Supervisor	2
Support	3
Sutter	52
TCORE	5
The Source	1
TLCS	6
Turning Point Community Programs	105
UC Davis	67
Union Gospel Mission	2
Unknown/Not Reported	87
Uplift Family Services	4
Vallejo Mental Health	1
Veteran's Crisis	1
Visions Unlimited	40
Volunteers of America	2
WEAVE	2
Well Space	66
Wind Youth	3
Woodland	1
Woodland Behavioral Health	1
Woodland Clinic	1
Woodland Memorial	4
Wrap Services	1
WRAPS Program	1
Wellness and Recovery Center	3
Youth Help Network	3
Yolo MHUCC	2