



## Crisis Residential Program- M St

# ANNUAL REPORT

July 2020– June 2021

### WHAT WE DO

**CRISIS RESIDENTIAL PROGRAM** is a comprehensive, short-term residential program that provides a less restrictive alternative to hospitalization. CRP provides treatment for adults experiencing a mental health crisis who require 24-hour support in order to return to community living. The services provided are time-specific, member-focused, and strength-based. Services routinely avert the need for hospitalization through teaching clients to successfully manage their symptoms, addressing psychosocial stressors and empowering clients to become agents of change in their recovery.

### SERVICES PROVIDED

WE PROVIDE PSYCHOSOCIAL REHABILITATION SERVICES FOR INDIVIDUALS IN ACUTE PSYCHIATRIC CRISIS. THESE INCLUDE:



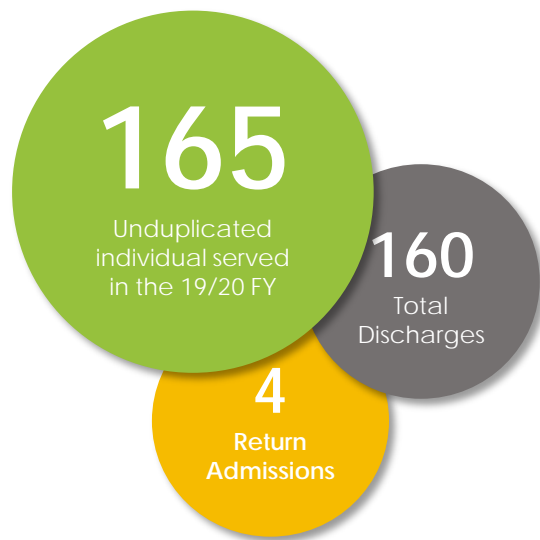
**24/7 staff support**, medication stabilization



**Psychosocial and therapeutic groups**

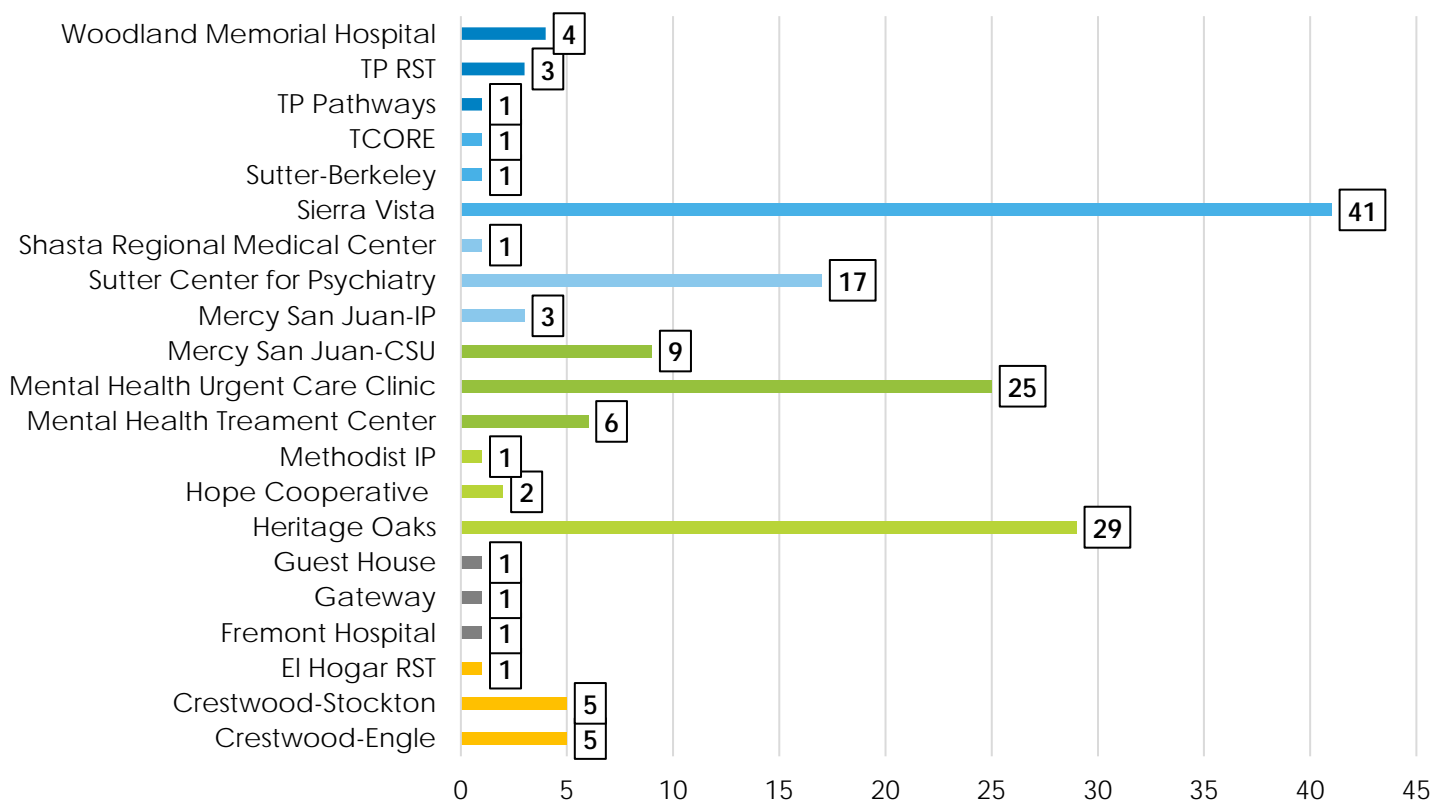


**Connection** to community resources, treatment and discharge planning



### REFERRALS

#### Referrals by Source



## DEMOGRAPHICS

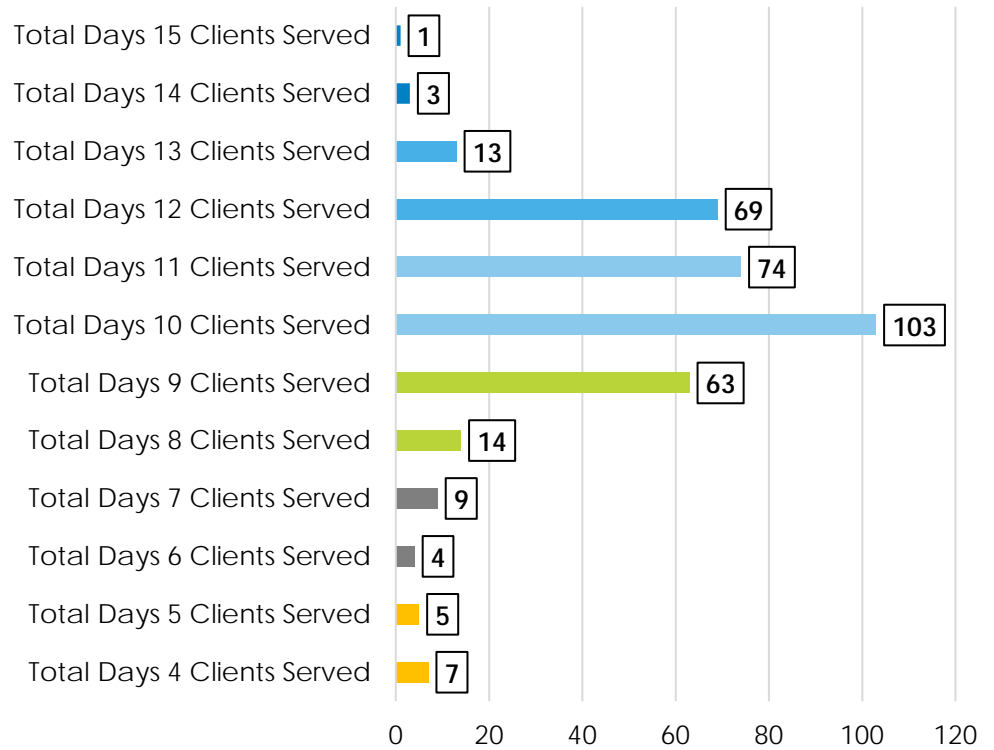
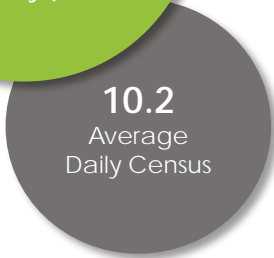
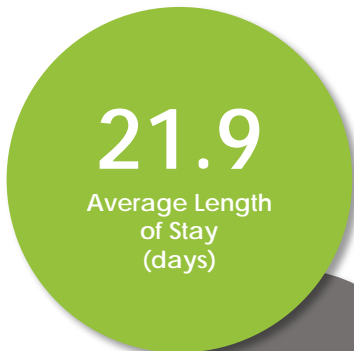
All demographics below include all unduplicated admitted clients (N= 165 ).

	#
<b>Age Group</b>	
18 – 25 years (TAY)	13
26 – 59 (Adult)	146
60+ (Older Adult)	6
<b>Sex</b>	
Female	62
Male	101
Other	1
Declined to State	1
<b>Race</b>	
American Indian/Native Alaskan	5
Asian/Pacific Islander	5
Black/African-American	47
Multi-Racial	5
Other Race	27
White/Caucasian	75
Unknown/Not Reported	1
<b>Ethnicity</b>	
Mexican/Mexican-American	12
Not Hispanic	120
Other Ethnicity	15
Other Hispanic/Latino	15
Puerto Rican	1
Unknown	2

	#
<b>City of Residence</b>	
Antelope	1
Carmichael	4
Citrus Heights	6
Elk Grove	5
Folsom	2
North Highlands	2
Orangevale	2
Outside Sacramento County	8
Rancho Cordova	2
Rancho Murieta	1
Rio Linda	13
Sacramento	119
<b>Primary Language</b>	
English	161
Other	2
Spanish	2
<b>Primary Diagnosis</b>	
Bipolar and Related Disorders	39
Personality Disorders	5
Depressive Disorders	53
Trauma and Stressor Related Disorders	12
Schizophrenia Spectrum and Other Psychotic Disorders	59

## SERVICE INTENSITY

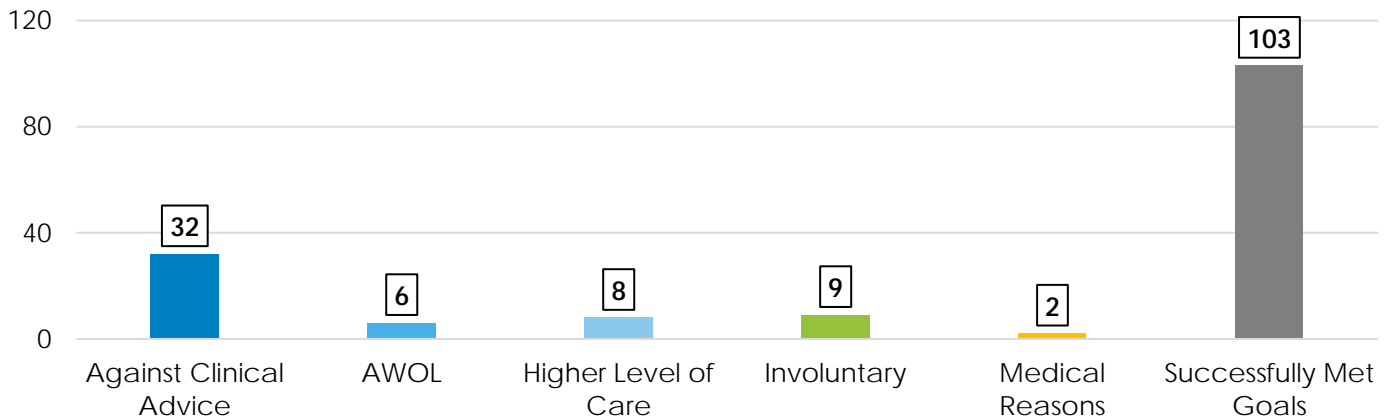
Due to the fact that a client can be admitted on the same day another client discharges, it is possible for more than 15 clients to be served on any given day.



## DISCHARGE INFORMATION



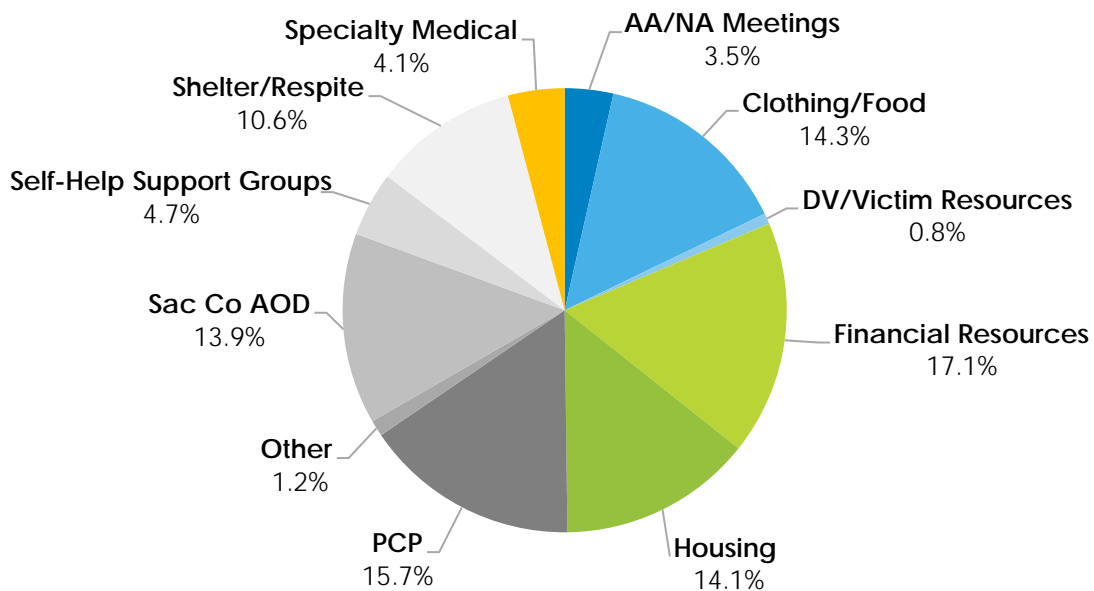
### Discharge Reason



## DISCHARGE INFORMATION (CONTINUED)




	#
<b>Outpatient Provider at Discharge</b>	
Advanced Psychiatry	1
Asian Pacific Counseling Center	3
Capital STAR	5
Community Psychiatry Sacramento	1
EDAPT	1
El Hogar RST	13
Guest House	3
Hope Cooperative	1
HRC	18
Kaiser OP	1
One Community Health	2
Sausal Creek	1
Sacramento Native American Health Center	6
TCORE	16
Telecare ARISE	5
Telecare SOAR	4
TLCS	7
TLCS New Direction	2
Turning Point ISA	2
Turning Point Pathways	5
Turning Point RST	36
Visions	5
Well Space	1
WRC	1

## Additional Linkage Referrals

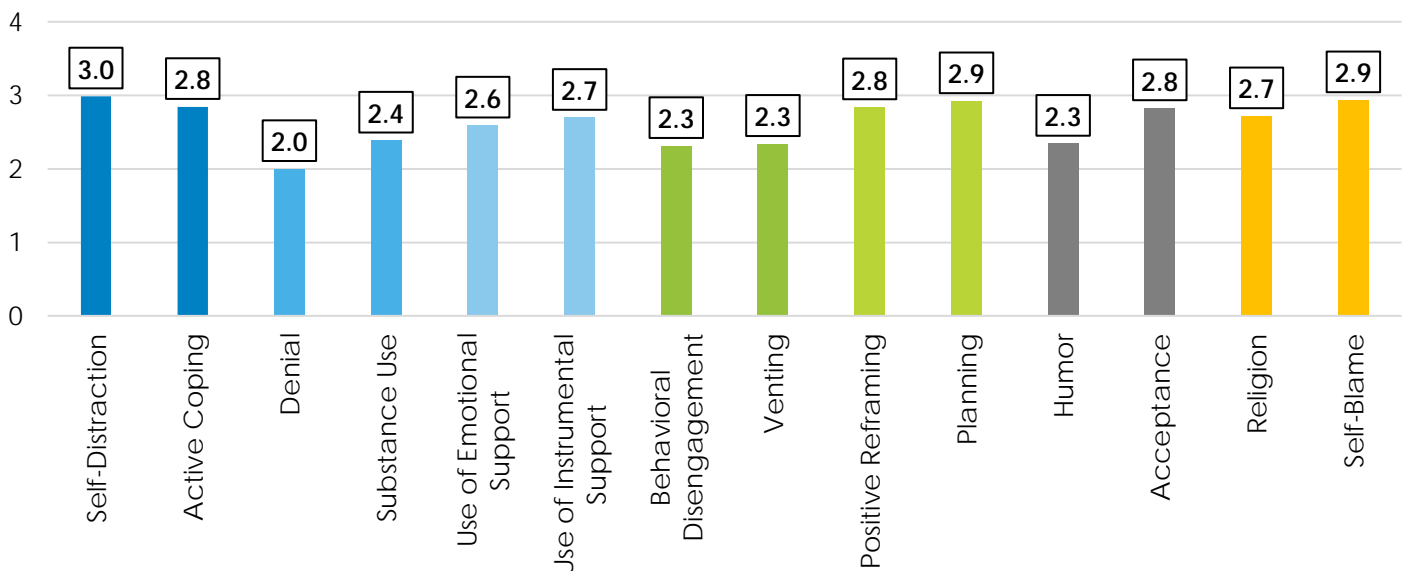


## LIVING SITUATION AT ADMISSION AND DISCHARGE

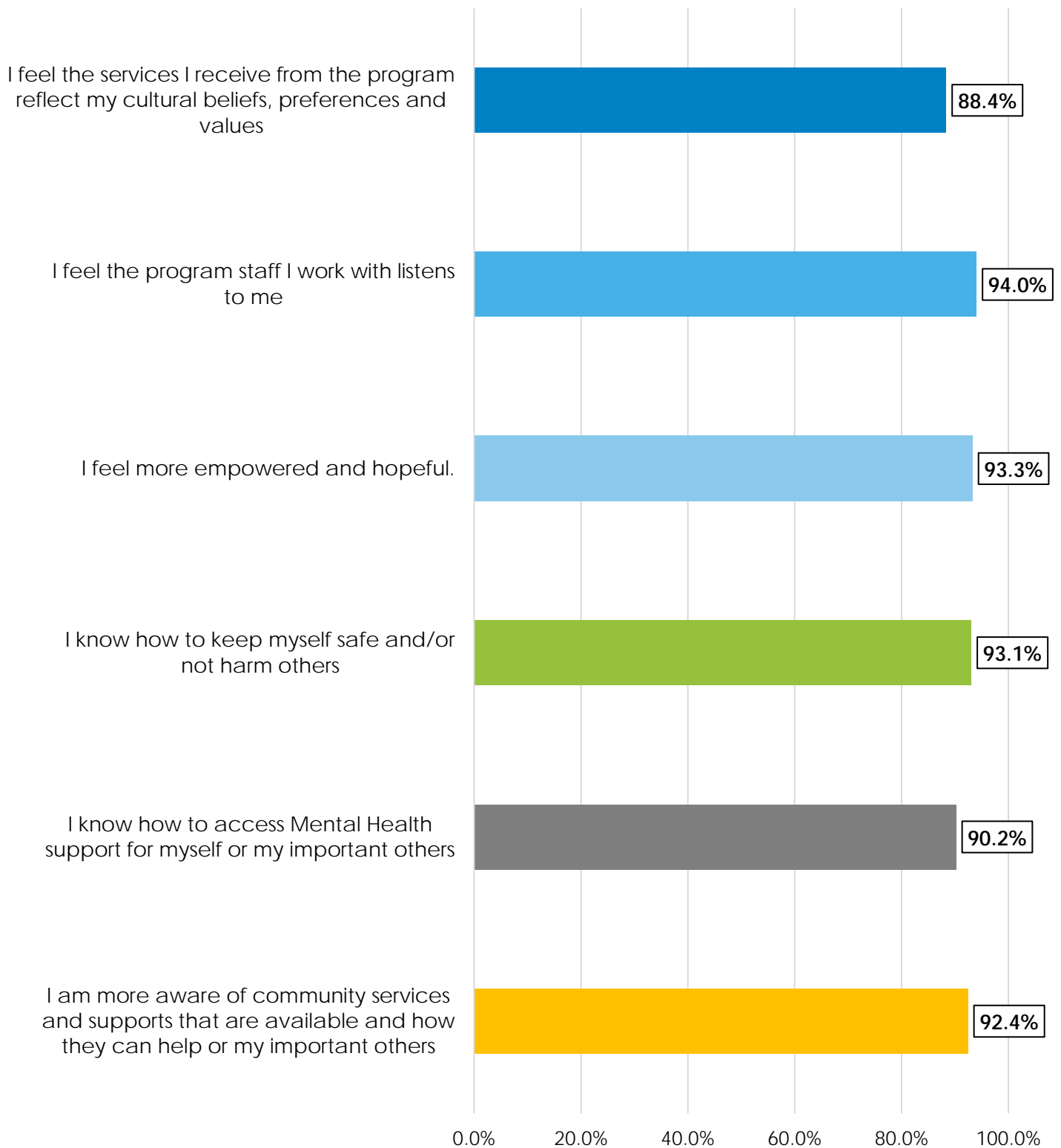
The housing data below includes all discharges (duplicated) as housing status can fluctuate between admissions.

Living Situation at Intake	Living Situation at Discharge	
 <p><b>117</b> Homeless</p>	<p><b>Became Housed: 35</b></p> <p><b>Temporarily Housed: 22</b></p>	<p>Remained Homeless: 56</p> <p>Unknown: 3</p> <p>Higher Level of Care: 1</p>
 <p><b>5</b> Temporarily Housed</p>	<p><b>Remained Temporarily Housed: 2</b></p>	<p>Unknown: 1</p> <p>Became Homeless: 2</p>
 <p><b>38</b> Housed</p>	<p><b>Remained Housed: 32</b></p> <p><b>Temporarily Housed: 2</b></p>	<p>Became Homeless: 3</p> <p>Higher Level of Care: 1</p>

## BRIEF COPE



## CLIENT SATISFACTION



Overall  
Satisfaction  
Rate

91.9%

This report was developed and distributed by  
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Outcomes & Evaluation Department



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