



Free to Choose (FTC)

SEMIANNUAL REPORT

January 2021 – June 2021

WHAT WE DO

FREE TO CHOOSE provides harm-reduction services in a wellness and recovery model for clients with both psychiatric disabilities and substance abuse. The program is ideal for clients who cannot or will not accept abstinence as the only goal, or as a requirement for getting help. Free to Choose allows substance abuse to be framed as a behavioral and safety hazard, rather than judged as a moral issue. The team engages clients with motivational interviewing, vignettes or client stories of hope.

Harm-reduction services reach out to people and their families often well before they have decided to change anything about their drug use, in an effort to motivate the user to make healthy and life-promoting choices. This non-judgmental approach reduces risk for substance abusers as they develop the desire and the skills to help themselves.

WE PROVIDE HARM REDUCTION SERVICES IN A WELLNESS AND RECOVERY MODEL.

OUR SERVICES INCLUDE:



Co-occurring disorder assessment

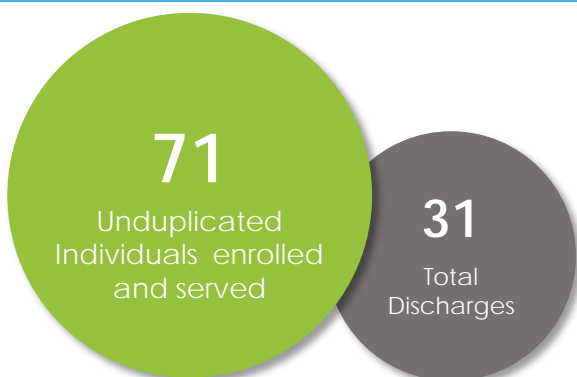


Group and individual therapy



Step-down peer-facilitated groups

CENSUS



Goals

NUMBER OF BENEFICIARIES

GOAL:
50 adults per year

Results Based Accountability (RBA)

PM1: How Much Did We Do?

1.1

- Number of Beneficiaries
- Demographics:
 1. Age
 2. Gender
 3. Race/Ethnicity
 4. Disability
 5. Culture

	#
Gender	
Male	43
Female	28
Data Not Available	0
Disability	
Head Injury	4
Mobility	2
Speech	1
Developmental	2
None	61
Other	1
Data Not Available	0

	#
Age Group	
18 – 25 years (TAY)	5
26 – 59 (Adult)	56
60+ (Older Adult)	10
Data Not Available	0
Race	
American Indian or Alaskan Native	1
Asian/ Pacific Islander	1
Black or African American	8
Multiracial	3
Other	17
White	41
Data Not Available	0
Culture	
Hispanic/Latino	9
Not Hispanic/Latino	62
Other	0
Data Not Available	0

1.2

Type and quantity of services provided

GOAL: 350 Harm Reduction Curriculum Groups



ACTUAL:

12 Curriculum Groups

Due to COVID-19 and statewide shelter-in-place order, groups were limited for safety reasons.

1.3

Number of referrals/ coordination for other services and referral dispositions

GOAL: 5 unique referral/coordination resources



ACTUAL:

94 Total OTHER Referrals

1.4

Number of referrals/ coordination to/with other substance use disorder providers for continued care

GOAL: 5 unique referral/coordination resources



ACTUAL:

68 Total SUD Referrals

1.5

Number of total beneficiaries who completed their treatment episode

GOAL: 20 adults per year



ACTUAL:

15 Successfully completed their treatment episode

2.1

Number/Percentage of Beneficiaries satisfied with services provided.

GOAL: 80% (40)



Responses were provided to the county in the recently conducted Treatment Perception Survey in May. TPCP Free to Choose leadership was informed that County officials would enter this section's information on their end.

2.2

Number/Percentage of beneficiaries satisfied with access and services provided based on Drug Medi-Cal Organized Delivery System (DMC-ODS) Treatment Perception Survey (TPS).

GOAL: 80% (40)



Responses were provided to the county in the recently conducted Treatment Perception Survey in May. TPCP Free to Choose leadership was informed that County officials would enter this section's information on their end.

2.3

Initiation Rate

Number/Percentage of beneficiaries who receive at least one (1) service (individual, group, collateral, or case management) within fourteen (14) days of a diagnosis being established by your facility.

GOAL: 90% (45)



71 received 1 service with 14 days,
100.0%

2.4

Engagement Rate

Number/Percentage of beneficiaries who receive at least two (2) or more services (individual, group, collateral, or case management) within thirty (30) days of a diagnosis being established by your facility.

GOAL: 70% (35)



71 clients received 2 or more services
within 30 days
100%

2.5

Retention Rate

Number/Percentage of beneficiaries who stayed for a minimum of two weeks that completed their entire treatment episode.

GOAL: 80% (40)



15 clients stayed a minimum of 2 weeks & Completed their treatment episode.

100% (out of 15 successful discharges)

Furthermore all clients that were discharged stayed an average of 362.2 days.

2.6

Engagement Rate

Number/Percentage of beneficiaries who were satisfied with access to services.

GOAL: 80% (40)



Responses were provided to the county in the recently conducted Treatment Perception Survey in May. TPCP Free to Choose leadership was informed that County officials would enter this section's information on their end.

3.1

Number/Percentage of beneficiaries reporting a reduction in substance use at completion of the program.

GOAL: 80% (40)



18 (58%) beneficiaries reporting reduction in substance use at completion of the program.

3.2

Number/Percentage of beneficiaries reporting a reduction in days incarcerated while in treatment, compared to the previous 6 months

GOAL: 80% (40)



5 (33%) reporting reduction in incarceration

An additional 23 discharges began with 0 jail days and completed services with 0 jail days

3.3

Percentage reduction of days incarcerated during treatment (1- days incarcerated in treatment/days incarcerated 6 months prior to treatment)

GOAL: 90% (45)



225 Total jails days prior to treatment, 9 Total jails days while in treatment.

96% reduction in jail days

3.4

Percentage of clients reporting an improvement in outcomes as a result of receiving these services.

GOAL: 80% (40)



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This report was developed and distributed by
Turning Point Community Program's
Outcomes & Evaluation Department



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