



## Crisis Residential Program- Viking

# ANNUAL REPORT

December 2020– June 2021

### WHAT WE DO

**CRISIS RESIDENTIAL PROGRAM** is a comprehensive, short-term residential program that provides a less restrictive alternative to hospitalization. CRP provides treatment for adults experiencing a mental health crisis who require 24-hour support in order to return to community living. The services provided are time-specific, member-focused, and strength-based. Services routinely avert the need for hospitalization through teaching clients to successfully manage their symptoms, addressing psychosocial stressors and empowering clients to become agents of change in their recovery.

### SERVICES PROVIDED

**WE PROVIDE PSYCHOSOCIAL REHABILITATION SERVICES FOR INDIVIDUALS IN ACUTE PSYCHIATRIC CRISIS. THESE INCLUDE:**



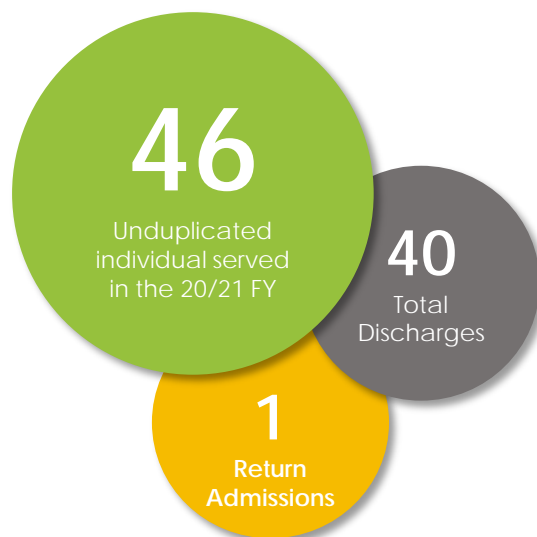
**24/7 staff support**, medication stabilization



**Psychosocial and therapeutic groups**

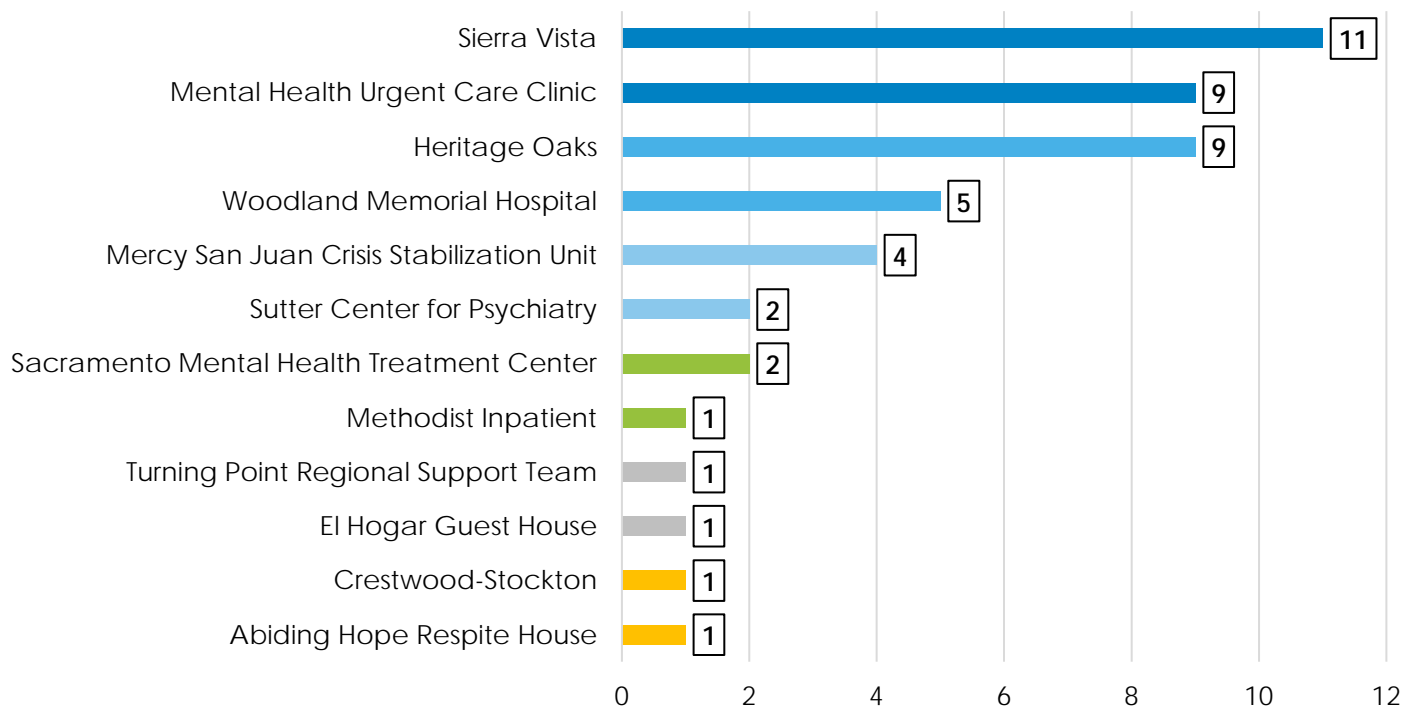


**Connection** to community resources, treatment and discharge planning



### REFERRALS

#### Referrals by Source



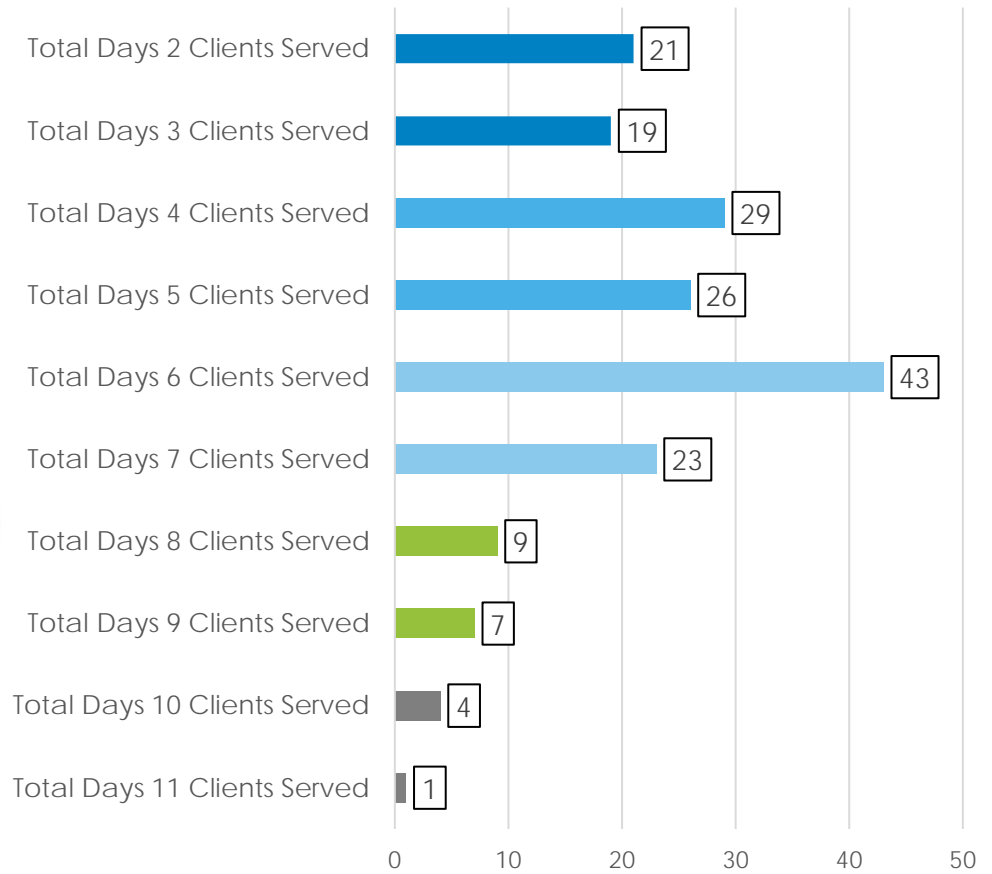
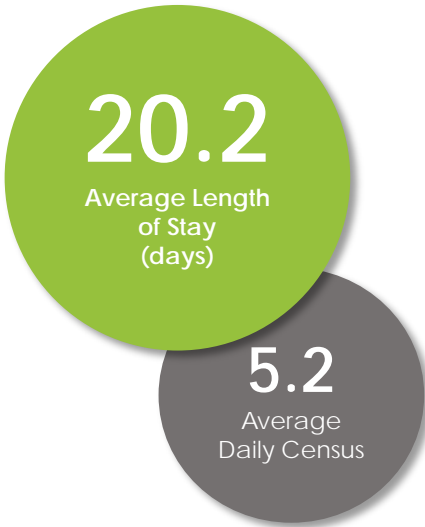
## DEMOGRAPHICS

All demographics below include all unduplicated admitted clients (N= 46).

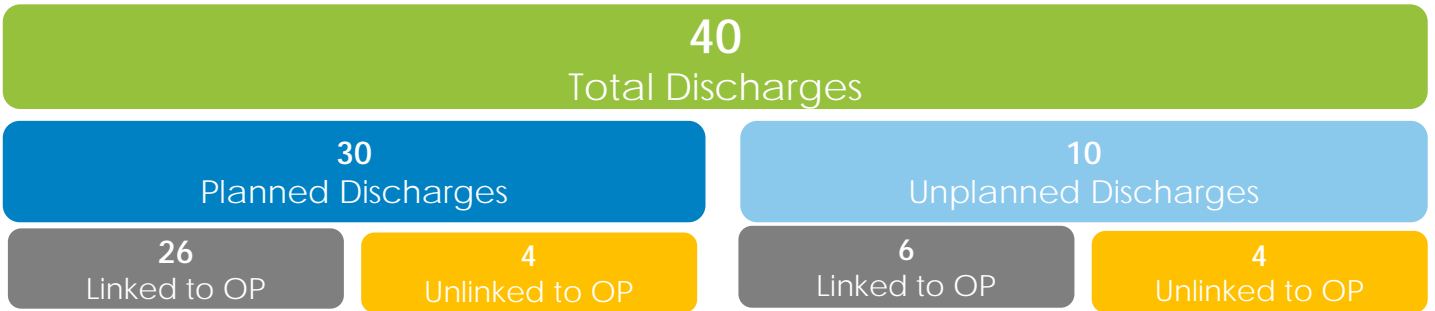
	#
<b>Age Group</b>	
18 – 25 years (TAY)	4
26 – 59 (Adult)	41
60+ (Older Adult)	1
<b>Sex</b>	
Female	20
Male	25
Other	1
<b>Race</b>	
Asian/Pacific Islander	3
Black/African-American	13
Multi-Racial	2
Other Race	8
White/Caucasian	20
<b>Ethnicity</b>	
Mexican/Mexican American	1
Not Hispanic	33
Other	6
Other Hispanic/Latino	4
South African	1
Unknown/Not Reported	1

	#
<b>City of Residence</b>	
Carmichael	2
Citrus Heights	5
Elk Grove	1
Folsom	1
North Highlands	2
Sacramento	35
<b>Primary Language</b>	
English	46
<b>Primary Diagnosis</b>	
Bipolar and Related Disorders	11
Personality Disorders	1
Depressive Disorders	11
Trauma and Stressor Related Disorders	4
Schizophrenia Spectrum and Other Psychotic Disorders	19

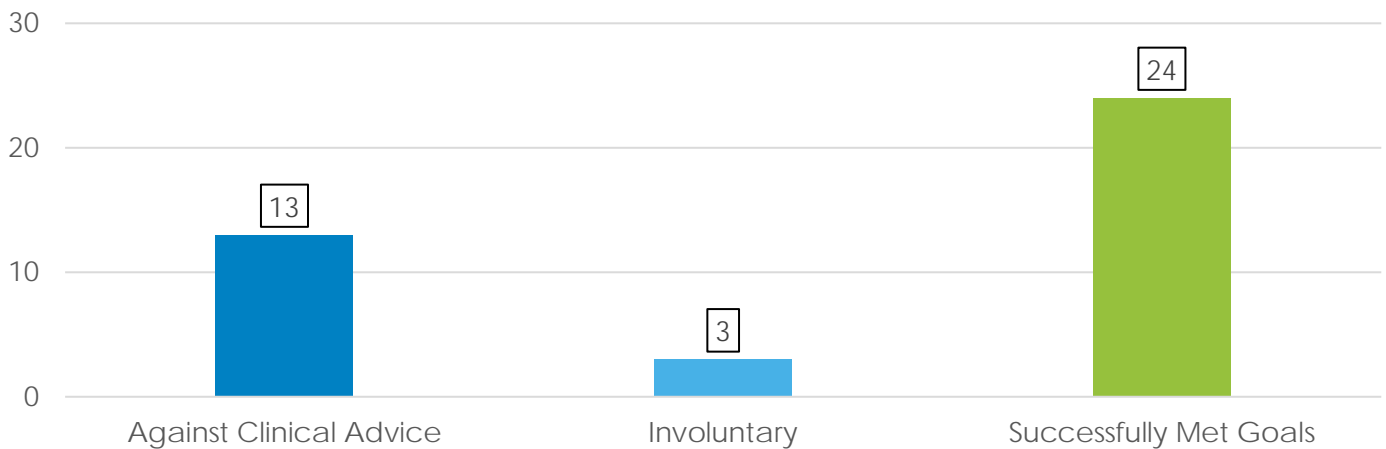
## SERVICE INTENSITY



## DISCHARGE INFORMATION



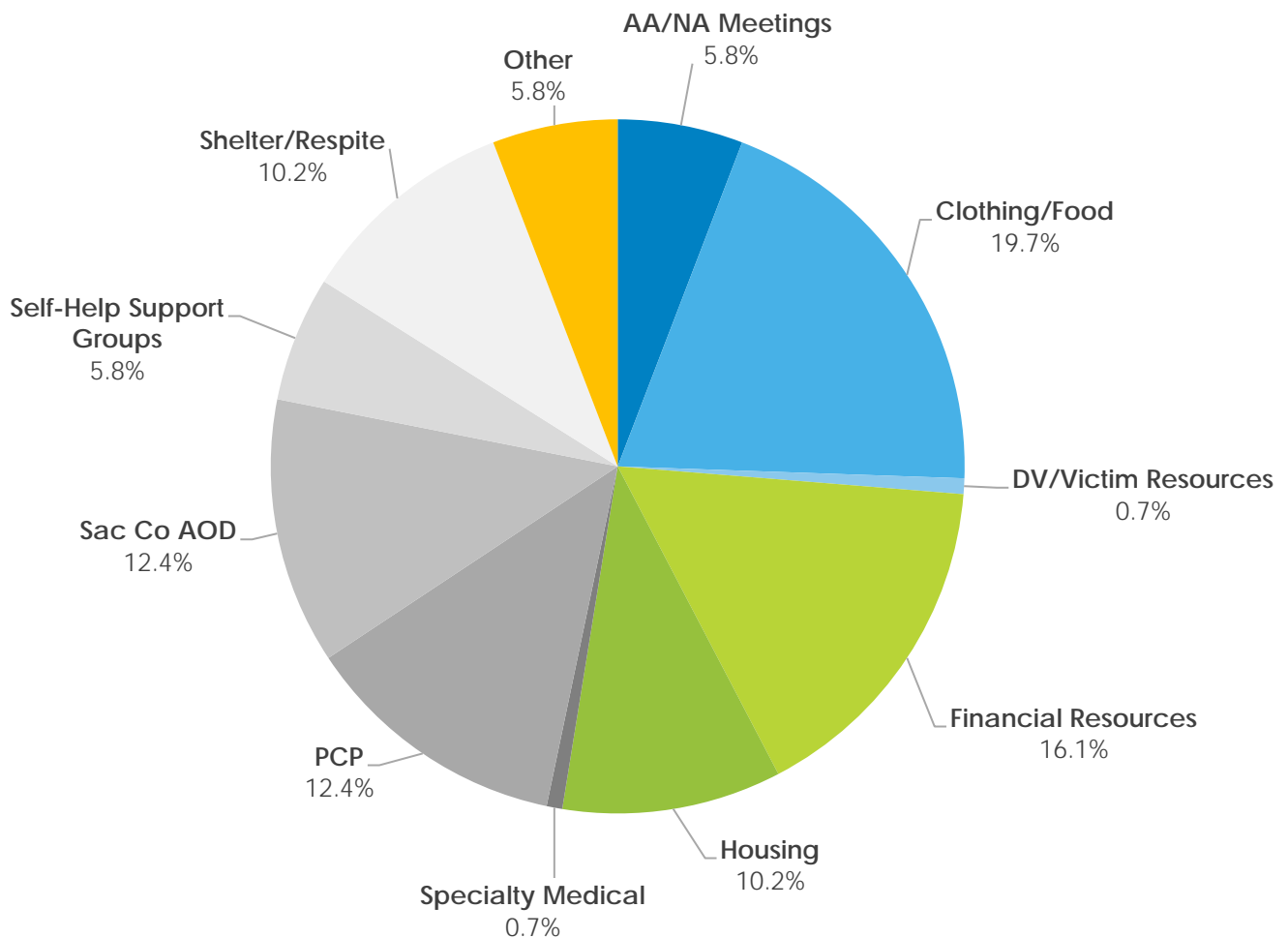
### Discharge Reason



## DISCHARGE INFORMATION (CONTINUED)

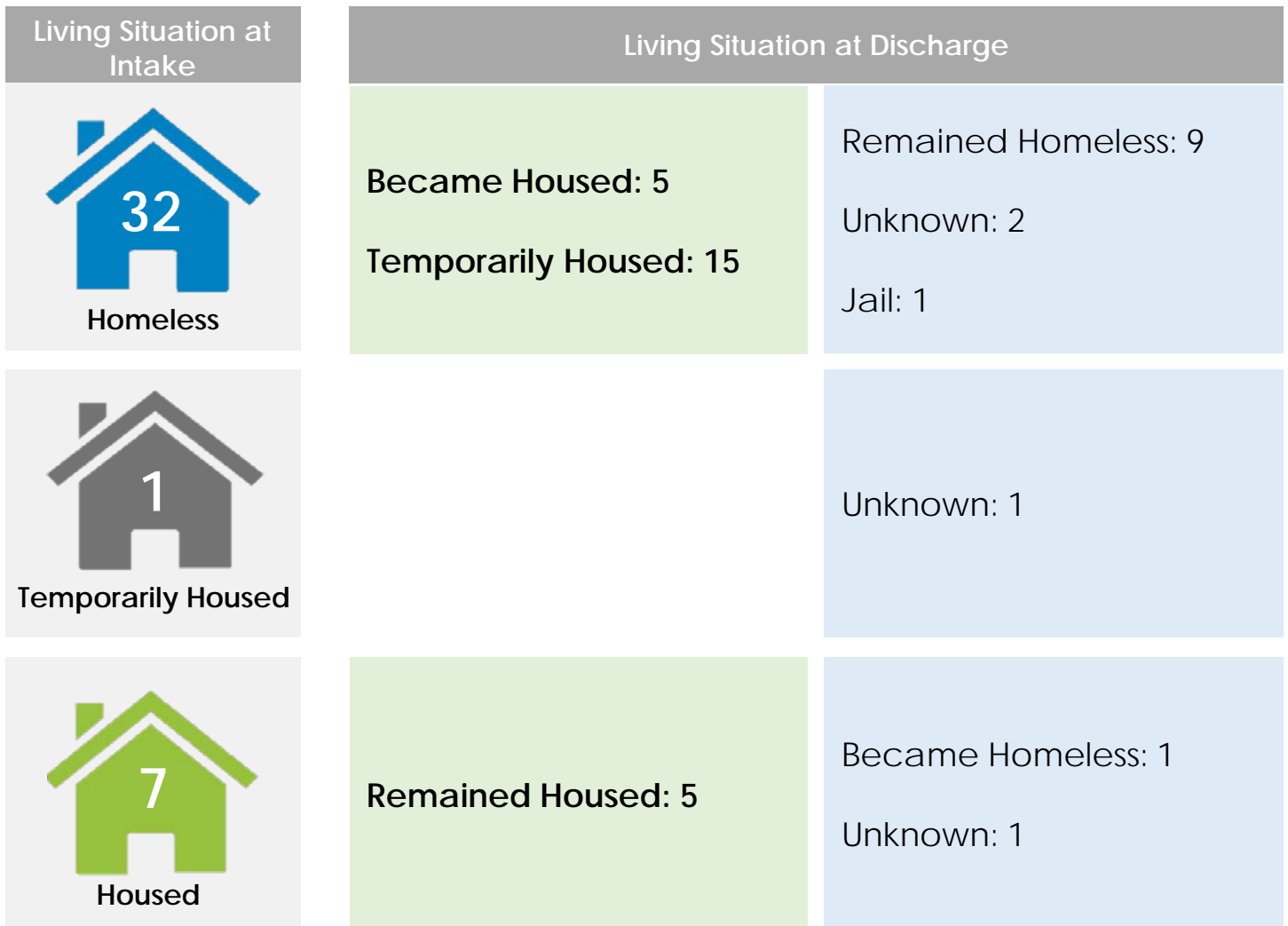
	#
<b>Outpatient Provider at Discharge</b>	
Calworks	1
El Hogar RST	1
Guest House	1
HRC	11
TCORE	1
Telecare ARISE	3
Telecare SOAR	1
TLCS	5
TLCS New Direction	1
Turning Point ISA	1
Turning Point RST	1
Visions Unlimited	5
Client Declined	5
No Linkage	3

## Additional Linkage Referrals

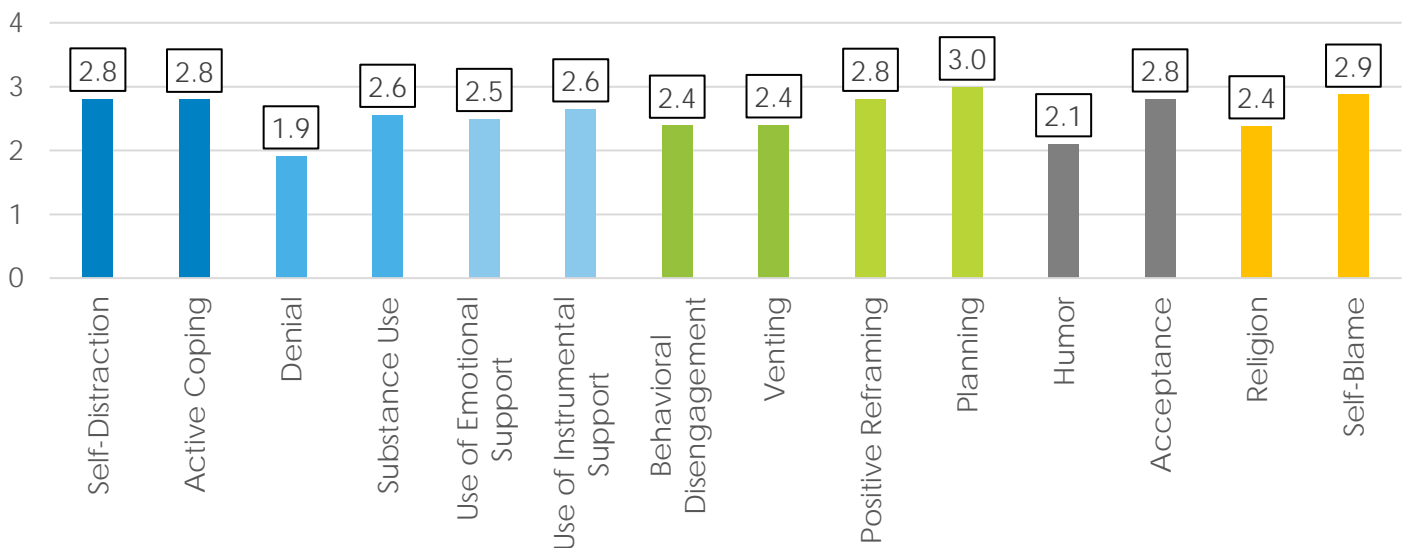


## LIVING SITUATION AT ADMISSION AND DISCHARGE

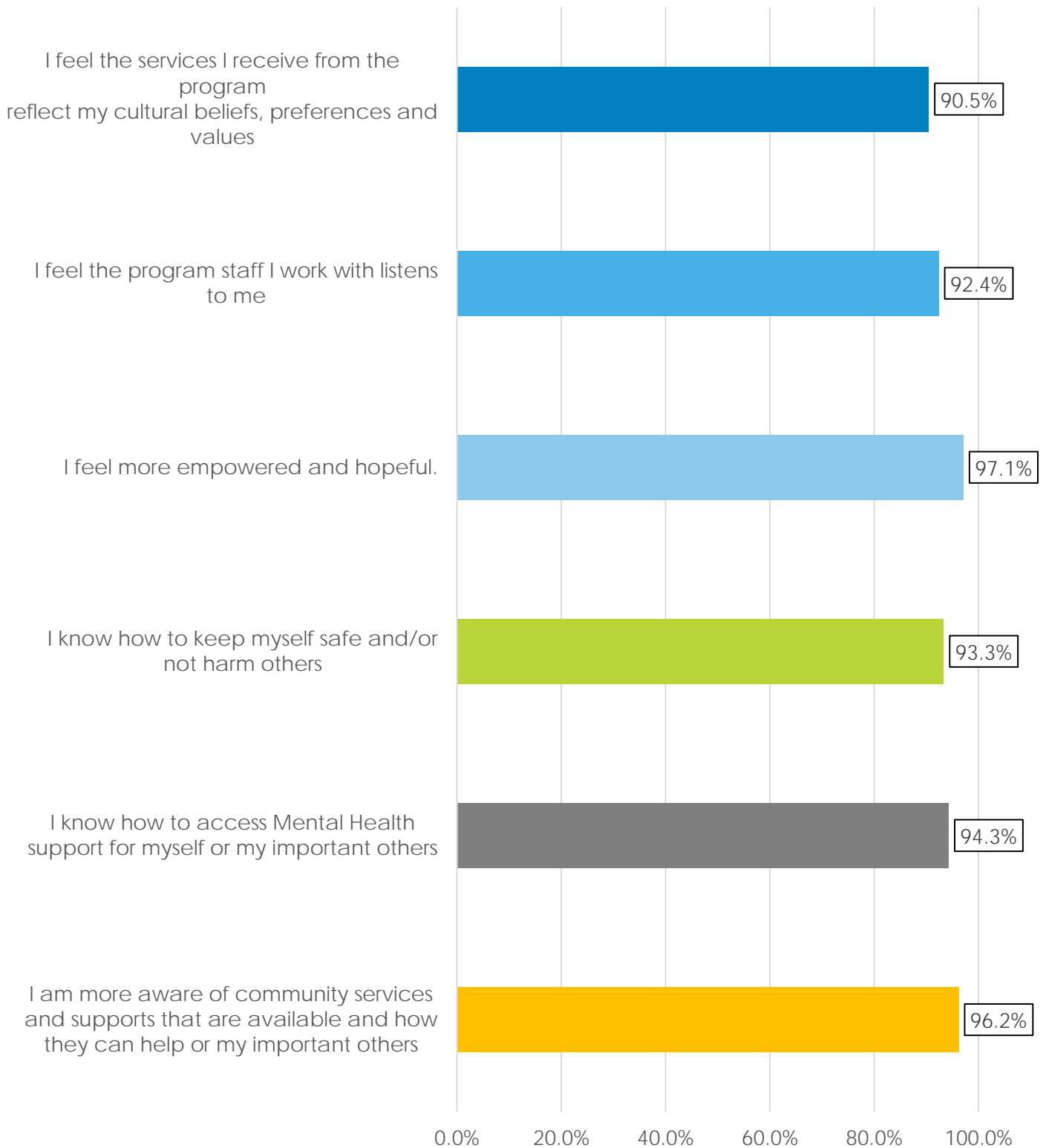
The housing data below includes all discharges (duplicated) as housing status can fluctuate between admissions.



## BRIEF COPE



## CLIENT SATISFACTION



Overall  
Satisfaction  
Rate

94.0%

This report was developed and distributed by  
Turning Point Community Program's  
Outcomes & Evaluation Department



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