Crisis Residential Program- Henrietta

ANNUAL REPORT

July 2020 – June 2021

WHAT WE DO

CRISIS RESIDENTIAL PROGRAM is a comprehensive, short-term residential program that provides a less restrictive alternative to hospitalization. CRP provides treatment for adults experiencing a mental health crisis who require 24-house support in order to return to community living. The services provided are time-specific, member-focused, and strength-based. Services routinely avert the need for hospitalization through teaching clients to successfully manage their symptoms, addressing psychosocial stressors and empowering clients to become agents of change in their recovery.

SERVICES PROVIDED

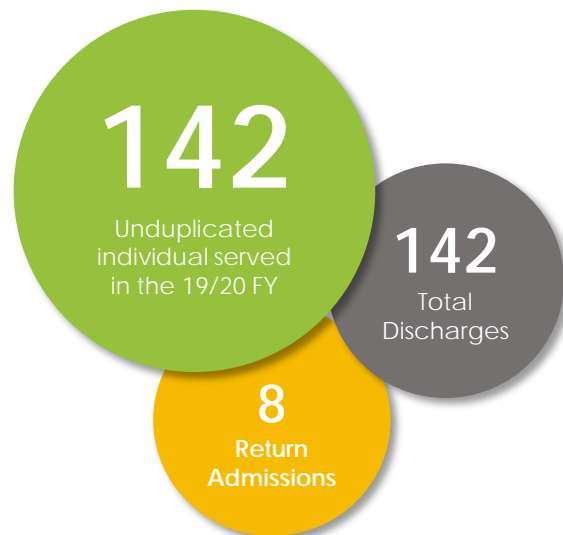**WE PROVIDE PSYCHOSOCIAL REHABILITATION SERVICES FOR INDIVIDUALS IN ACUTE PSYCHIATRIC CRISIS. THESE INCLUDE:**

24/7 staff support, medication stabilization
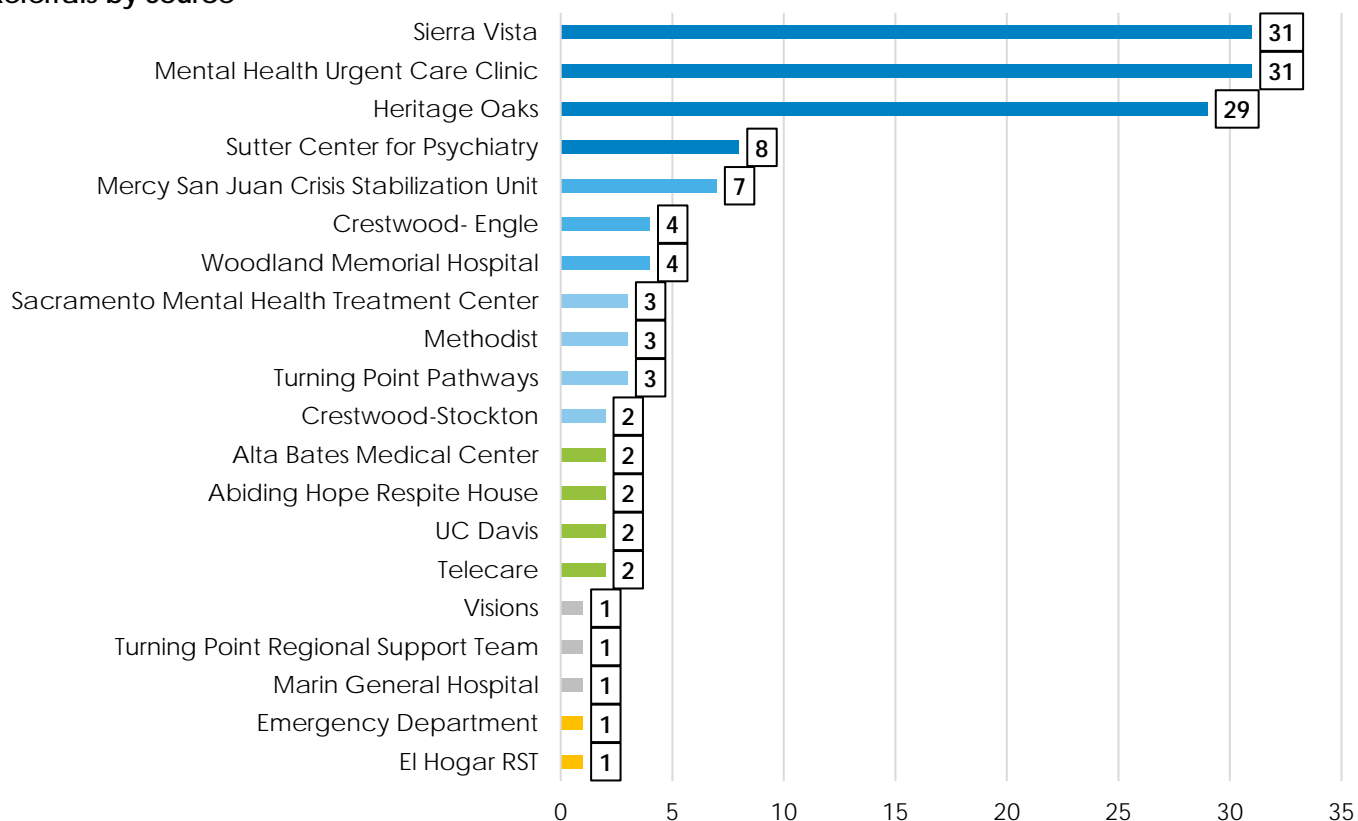
Psychosocial and therapeutic groups

Connection to community resources, treatment and discharge planning

142 Unduplicated individual served in the 19/20 FY

142 Total Discharges

8 Return Admissions

REFERRALS

Referrals by Source

Source	Count
Sierra Vista	31
Mental Health Urgent Care Clinic	31
Heritage Oaks	29
Sutter Center for Psychiatry	8
Mercy San Juan Crisis Stabilization Unit	7
Crestwood- Engle	4
Woodland Memorial Hospital	4
Sacramento Mental Health Treatment Center	3
Methodist	3
Turning Point Pathways	3
Crestwood-Stockton	2
Alta Bates Medical Center	2
Abiding Hope Respite House	2
UC Davis	2
Telecare	2
Visions	1
Turning Point Regional Support Team	1
Marin General Hospital	1
Emergency Department	1
El Hogar RST	1

DEMOGRAPHICS

All demographics below include all unduplicated admitted clients (N=142)*.

Age Group	#
18 – 25 years (TAY)	8
26 – 59 (Adult)	131
60+ (Older Adult)	3
Sex	
Female	51
Male	88
Other	3
Race	
American Indian/Native Alaskan	3
Asian/Pacific Islander	5
Black/African-American	34
Declined to State	1
Multi-Racial	3
Other	21
White/Caucasian	75
Ethnicity	
Filipino	1
Mexican/Mexican American	5
Not Hispanic	106
Other	11
Other Hispanic/Latino	16
Portugese	1
Puerto Rican	1
Unknown/Not Reported	1

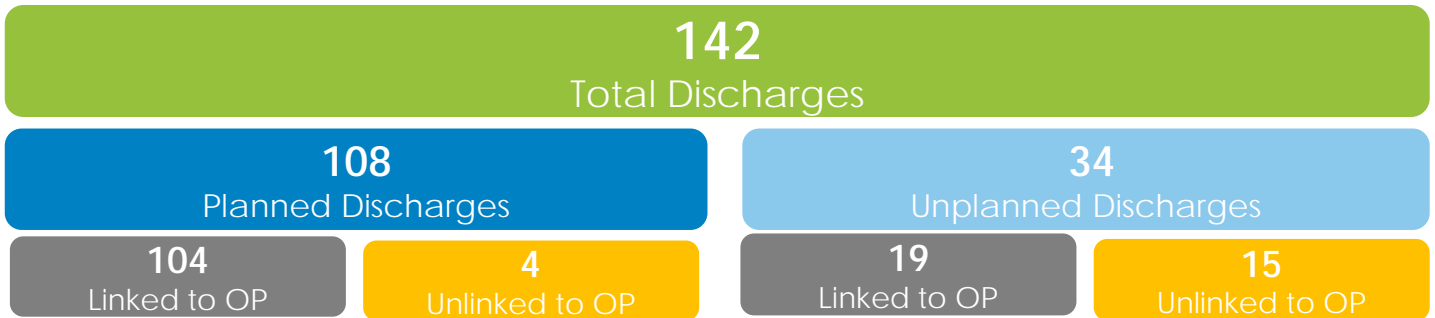| City of Residence	#
Carmichael	4
Citrus Heights	3
Elk Grove	7
Folsom	2
Galt	1
Natomas	2
North Highlands	9
Orangevale	1
Rancho Cordova	4
Rio Linda	4
Rocklin	1
Sacramento	103
Unknown/Not Reported	1
Primary Language	
English	138
Other	1
Spanish	3
Primary Diagnosis	
Bipolar and Related Disorders	27
Personality Disorders	2
Depressive Disorders	43
Trauma and Stressor Related Disorders	16
Schizophrenia Spectrum and other Psychotic Disorders	62

* Primary diagnosis demographics are duplicated as diagnosis can change from episode to episode
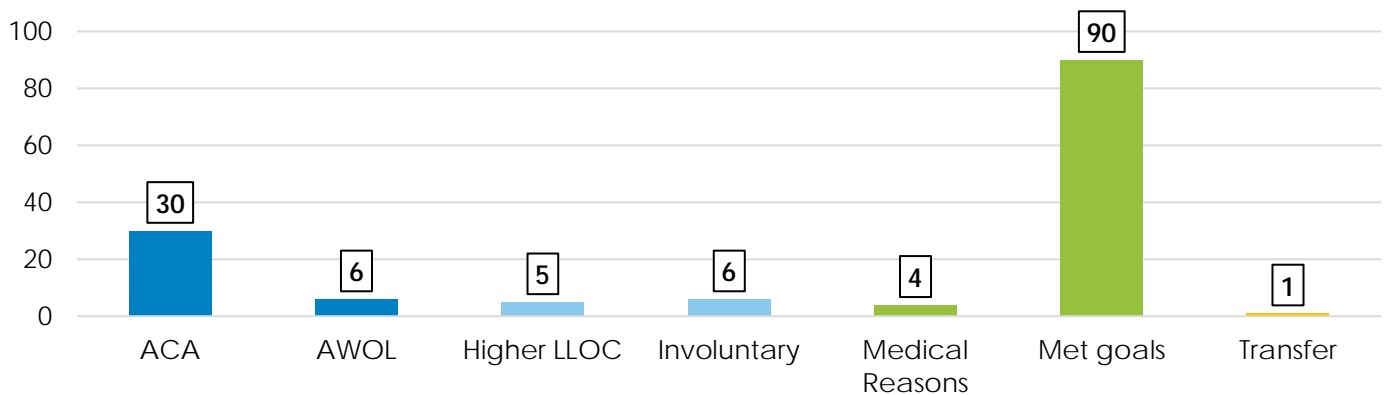
SERVICE INTENSITY

Due to the fact that a client can be admitted on the same day another client discharges, it is possible for more than 15 clients to be served on any given day.

24.7
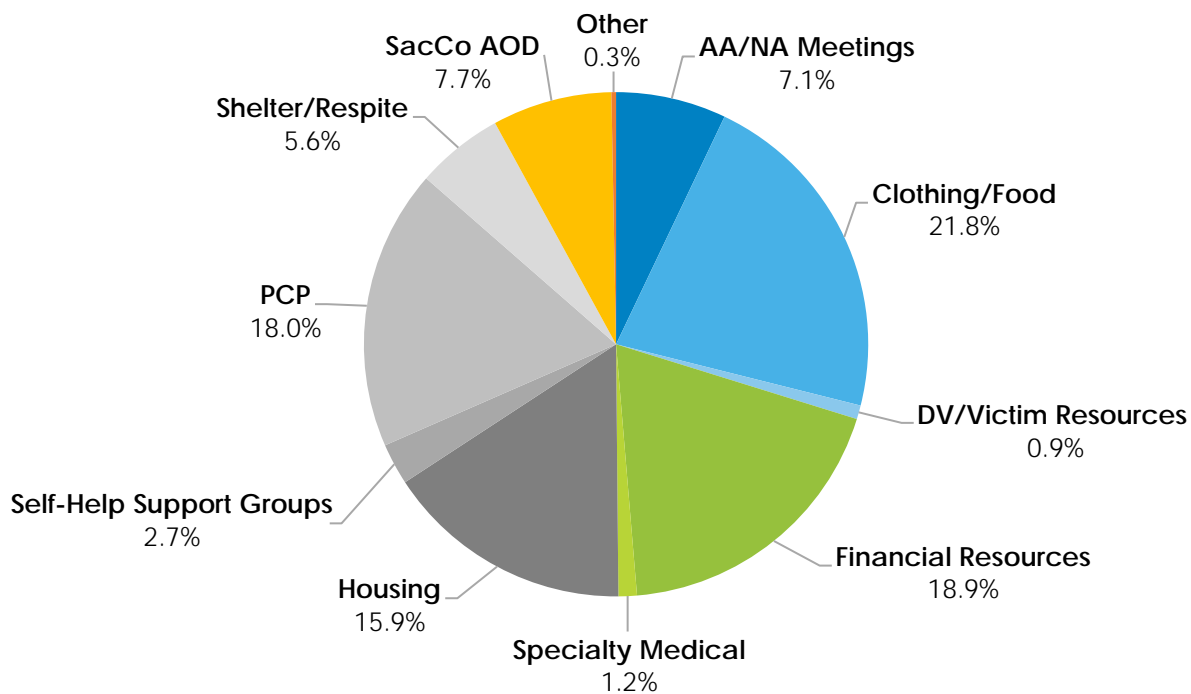Average Length of Stay (days)

10.2
Average Daily Census

Category	Value
Total Days 3 Clients Served	10
Total Days 4 Clients Served	3
Total Days 5 Clients Served	11
Total Days 6 Clients Served	5
Total Days 7 Clients Served	23
Total Days 8 Clients Served	19
Total Days 9 Clients Served	28
Total Days 10 Clients Served	65
Total Days 11 Clients Served	77
Total Days 12 Clients Served	97
Total Days 13 Clients Served	24
Total Days 14 Clients Served	3

DISCHARGE INFORMATION

142
Total Discharges

108
Planned Discharges

34
Unplanned Discharges

104
Linked to OP

4
Unlinked to OP

19
Linked to OP

15
Unlinked to OP

Discharge Reason

Reason	Value
ACA	30
AWOL	6
Higher LLOC	5
Involuntary	6
Medical Reasons	4
Met goals	90
Transfer	1

DISCHARGE INFORMATION (*CONTINUED*)

	#
Outpatient Provider at Discharge	
Asian Pacific Counseling Center	4
APSS Clinic	3
Capital STARS	3
Cornerstone AOD	1
Wellness Recovery Center	1
El Hogar RST	9
Guest House	2
HRC	17
Kaiser	1
One Community Health	2
Out of County Provider	1
Sacramento Native American Health Center	3
STAR TAY FSP	1
T-CORE	30
Telecare *(ARISE & SOAR)*	14
TLCS	5
Turning Point ISA	4
Turning Point Pathways	5
Turning Point RST	11
Visions	4
Well Space	1

ADDITIONAL LINKAGES

Other 0.3%
SacCo AOD 7.7%
Shelter/Respite 5.6%
AA/NA Meetings 7.1%
Clothing/Food 21.8%
PCP 18.0%
DV/Victim Resources 0.9%
Self-Help Support Groups 2.7%
Financial Resources 18.9%
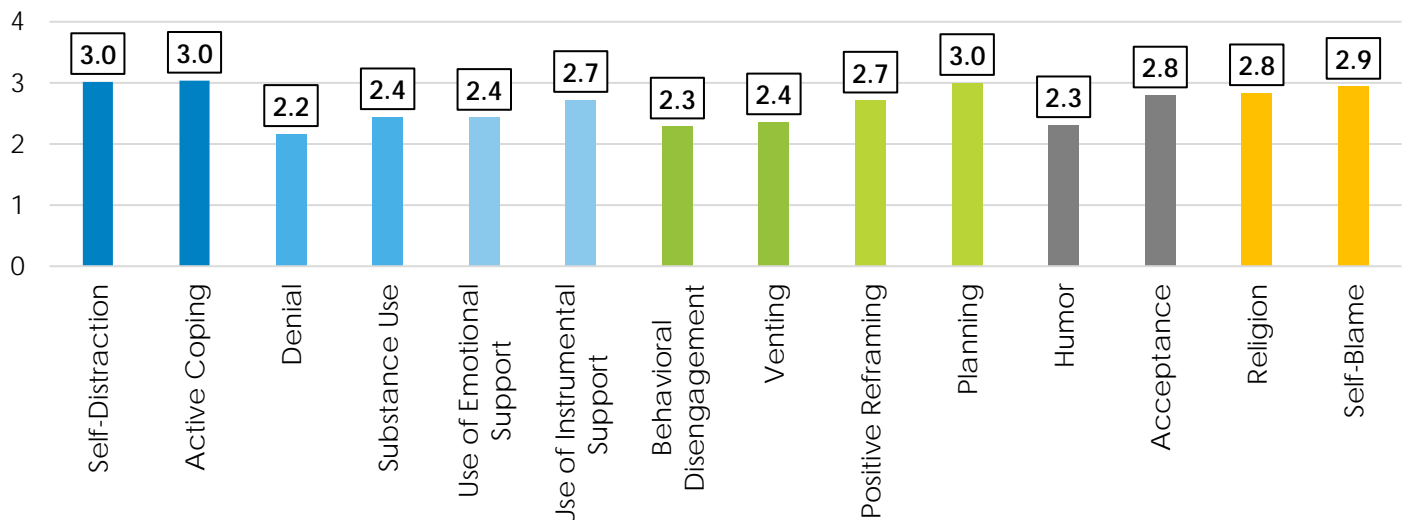Housing 15.9%
Specialty Medical 1.2%
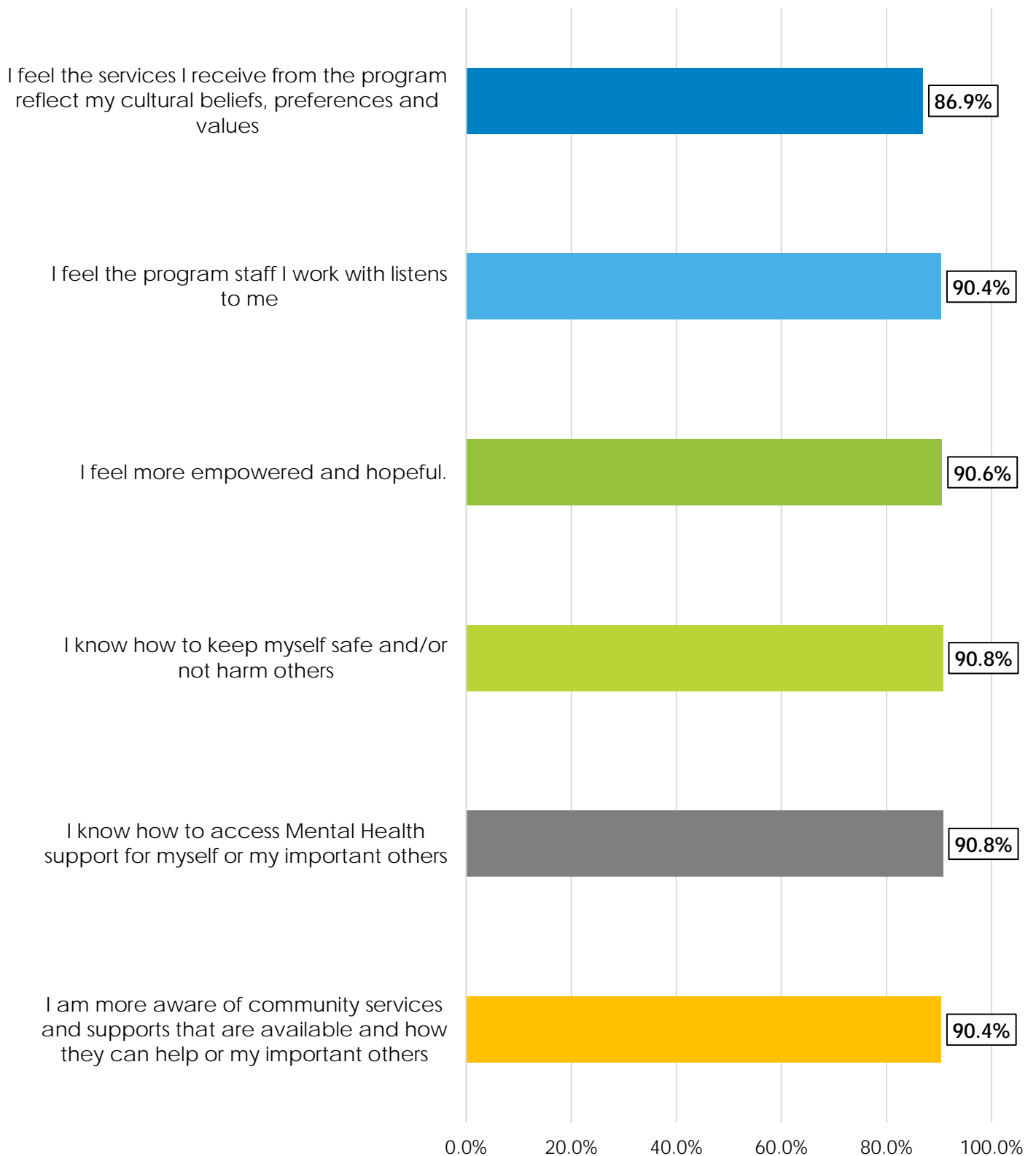
LIVING SITUATION AT ADMISSION AND DISCHARGE

The housing data below includes all discharges (duplicated) as housing status can fluctuate between admissions.

Living Situation at Intake	Living Situation at Discharge	
103 Homeless	Became Housed: 41 Temporarily Housed: 23	Remained Homeless: 28 Unknown: 11
4 Temporarily Housed	Became Housed: 2 Remained Temporarily Housed: 1	Hospital: 1
35 Housed	Remained Housed: 25 Temporarily Housed: 2	Became Homeless: 3 Hospital: 3 Unknown: 2

BRIEF COPE

Category	Value
Self-Distraction	3.0
Active Coping	3.0
Denial	2.2
Substance Use	2.4
Use of Emotional Support	2.4
Use of Instrumental Support	2.7
Behavioral Disengagement	2.3
Venting	2.4
Positive Reframing	2.7
Planning	3.0
Humor	2.3
Acceptance	2.8
Religion	2.8
Self-Blame	2.9

I feel the services I receive from the program reflect my cultural beliefs, preferences and values — **86.9%**

I feel the program staff I work with listens to me — **90.4%**

I feel more empowered and hopeful. — **90.6%**

I know how to keep myself safe and/or not harm others — **90.8%**

I know how to access Mental Health support for myself or my important others — **90.8%**

I am more aware of community services and supports that are available and how they can help or my important others — **90.4%**

0.0% 20.0% 40.0% 60.0% 80.0% 100.0%

Overall Satisfaction Rate — **90.0%**

This report was developed and distributed by
Turning Point Community Program's
Outcomes & Evaluation Department