

Community Assistance Recovery Enterprise (CARE) ANNUAL REPORT

July 2020 – June 2021

Our Mission

Our mission is to enhance the quality of life for our clients by providing recovery-based, individualized supportive services. Our commitment is to empower individuals to take charge of their own lives and to allow growth opportunities for themselves. We challenge individuals to reach their greatest potential by promoting self-care and independence. We strive to provide services in the most cost-effective, least restrictive, and most normalized environment possible.

WHAT WE DO

COMMUNITY ASSISTANCE RECOVERY ENTERPRISE (CARE) provides intensive mental health services designed to partner with individuals with severe psychiatric disorders. Most of the individuals we serve are currently involved or at risk for involvement in the criminal justice system, encounter frequent psychiatric hospitalizations and are chronically homeless.

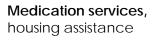
CARE is very focused on evidence-based practices in conjunction with community-based practices. Some practices that are utilized in the CARE program include: Assertive Community Treatment (ACT), Harm Reduction, Motivational Interviewing and Strength-Based Solutions Focus. Others include: a Housing First Model, Client-Centered Approaches and doing whatever it takes to assist the member in meeting their needs to improve their quality of life standards.



Outreach services, service coordinators, psychiatrists, and nurse assistance

"Thank you Turning Point for my new home and helping with support in transportation."

Intensive interventions, court liaisons, multi-agency partnership



CENSUS



-CARE client

DEMOGRAPHICS

All demographics below include unduplicated individuals enrolled in the CARE program (N=85).

| | # |
|---|----|
| Age Group | |
| 18 – 25 years (TAY) | 13 |
| 26 – 59 (Adult) | 63 |
| 60+ (Older Adult) | 9 |
| Race | |
| American Indian or Alaskan Native | 2 |
| Asian | 3 |
| Black or African American | 10 |
| Hispanic or Latino (all races) | 27 |
| Native Hawaiian or other Pacific Islander | 3 |
| White/Caucasian | 36 |
| Other | 3 |
| More than one race (Multi) | 1 |
| Ethnicity | |
| Hispanic or Latino | 27 |
| Not Hispanic or Latino | 58 |
| Gender | |
| Male | 56 |
| Female | 29 |

| | # |
|---------------------------------------|----|
| Sexual Orientation | |
| Heterosexual | 75 |
| Lesbian/Gay/Bisexual/Transgender | 5 |
| Unknown/Decline to Answer | 5 |
| Primary Language | |
| American Sign Language (ASL) | 1 |
| English | 81 |
| Spanish | 3 |
| Veteran Status | |
| No | 81 |
| Yes | 4 |
| Primary Diagnosis | |
| Bipolar and Related Disorders | 9 |
| Depressive Disorders | 8 |
| Schizophrenia Spectrum and Other | 64 |
| Psychotic Disorders | 04 |
| Trauma and Stressor-Related Disorders | 4 |

City of Residence by Age Group

| | T, | AY | Ac | dult | Older | r Adult | TO | TAL |
|-------------------|----|--------|----|--------|-------|---------|----|---------------|
| City of Residence | # | % | # | % | # | % | # | % |
| Atwater | 3 | 23.1% | 8 | 12.7% | 1 | 11.1% | 12 | 14.1% |
| Carmichael | 0 | 0.0% | 2 | 3.2% | 0 | 0.0% | 2 | 2.4% |
| Centralia | 0 | 0.0% | 0 | 0.0% | 1 | 11.1% | 1 | 1.2% |
| Ceres | 0 | 0.0% | 2 | 3.2% | 0 | 0.0% | 2 | 2.4% |
| Chowchilla | 0 | 0.0% | 3 | 4.8% | 0 | 0.0% | 3 | 3.5% |
| Delhi | 1 | 7.7% | 4 | 6.3% | 0 | 0.0% | 5 | 5. 9 % |
| Dos Palos | 0 | 0.0% | 3 | 4.8% | 0 | 0.0% | 3 | 3.5% |
| Fresno | 1 | 7.7% | 1 | 1.6% | 0 | 0.0% | 2 | 2.4% |
| Livingston | 1 | 7.7% | 1 | 1.6% | 0 | 0.0% | 2 | 2.4% |
| Los Banos | 2 | 15.4% | 3 | 4.8% | 1 | 11.1% | 6 | 7.1% |
| Madera | 1 | 7.7% | 0 | 0.0% | 0 | 0.0% | 1 | 1.2% |
| Merced | 2 | 15.4% | 34 | 54.0% | 5 | 55.6% | 41 | 48.2% |
| Modesto | 1 | 7.7% | 0 | 0.0% | 0 | 0.0% | 1 | 1.2% |
| Out of State (WA) | 0 | 0.0% | 1 | 1.6% | 0 | 0.0% | 1 | 1.2% |
| Riverbank | 0 | 0.0% | 0 | 0.0% | 1 | 11.1% | 1 | 1.2% |
| Winton | 1 | 7.7% | 1 | 1.6% | 0 | 0.0% | 2 | 2.4% |
| Total | 13 | 100.0% | 63 | 100.0% | 9 | 100.0% | 85 | 100.0% |

DOMAIN OUTCOMES

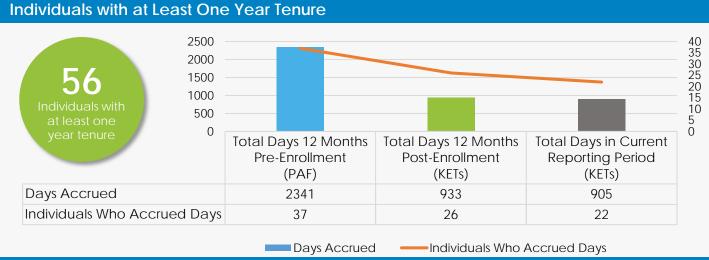
Prior 12 month data is extracted from the Partnership Assessment Form (PAF). First 12-month data is extracted from the Key Event Tracking (KET) form.

PSYCHIATRIC HOSPITAL DAYS

All Clients Served in the 20/21 Fiscal Year

| | # |
|--|------|
| Total Days Accrued | 1010 |
| Total Indv. Who Accrued Zero Psychiatric Hospital Days | 57 |
| Total Indv. Who Accrued Psychiatric Hospital Days | 28 |

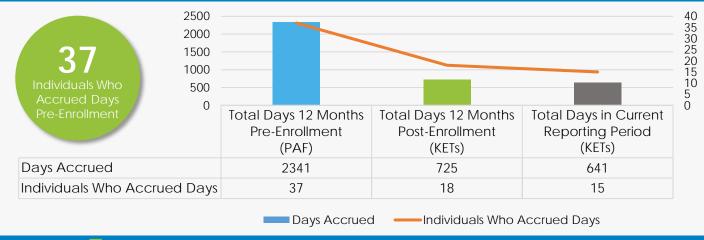
Pre/Post Comparisons



60.1%

DECREASE IN PSYCHIATRIC HOSPITAL DAYS (Between Pre-Enrollment and Post-Enrollment)

Only Individuals Who Accrued Psychiatric Hospital Days 12 Months Pre-Enrollment



69.0%

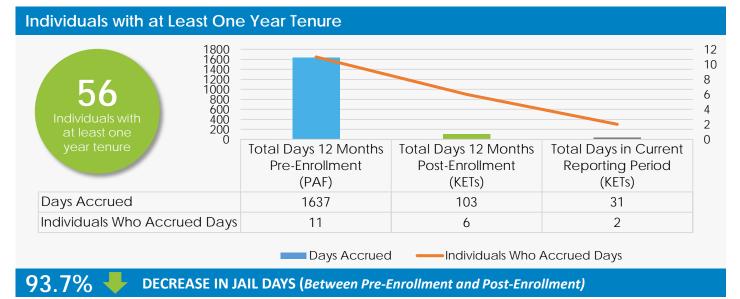
DECREASE IN PSYCHIATRIC HOSPITAL DAYS (Between Pre-Enrollment and Post-Enrollment)

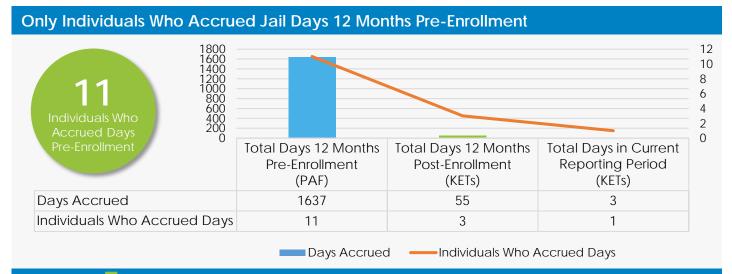
JAIL DAYS

All Clients Served in the 20/21 Fiscal Year

| | # |
|--|----|
| Total Days Accrued | 75 |
| Total Indv. Who Accrued Zero Jail Days | 82 |
| Total Indv. Who Accrued Jail Days | 3 |

Pre/Post Comparisons





96.6%

DECREASE IN JAIL DAYS (Between Pre-Enrollment and Post-Enrollment)

"I feel comfortable with the service I am receiving and I am very thankful of...my social worker."

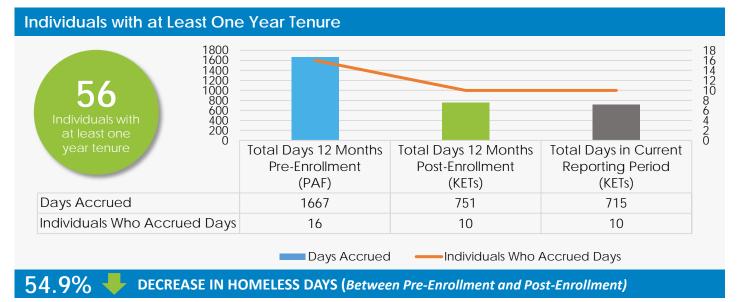
-CARE Client

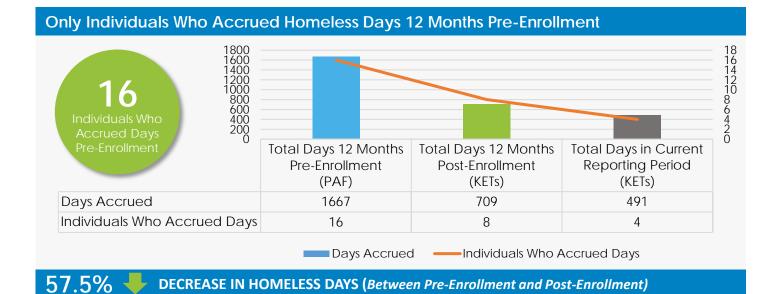
HOMELESS DAYS

All Clients Served in the 20/21 Fiscal Year

| | # |
|--|-----|
| Total Days Accrued | 978 |
| Total Indv. Who Accrued Zero Homeless Days | 70 |
| Total Indv. Who Accrued Homeless Days | 15 |

Pre/Post Comparisons





"I am very, very, very, very satisfied with my caseworker."

-CARE Client

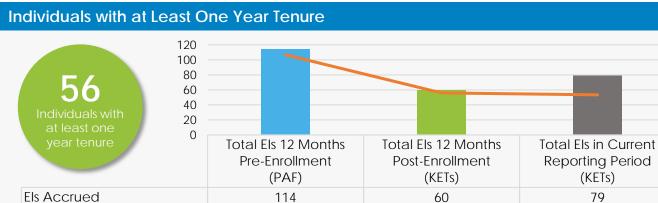
EMERGENCY INTERVENTIONS (EI)

All Clients Served in the 20/21 Fiscal Year

Individuals Who Accrued Els

| | # |
|--|-----|
| Total Days Accrued | 100 |
| Total Indv. Who Accrued Zero Emergency Interventions | 55 |
| Total Indv. Who Accrued Emergency Interventions | 30 |

Pre/Post Comparisons



40

Els Accrued

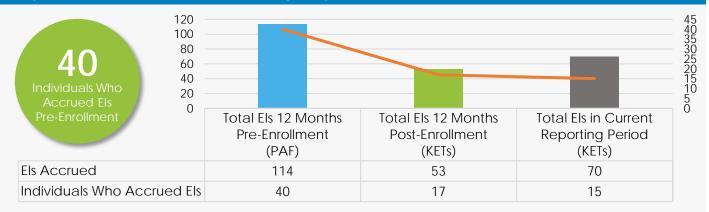
Individuals Who Accrued Els

20

21

47.3% + DECREASE IN EMERGENCY INTERVENTIONS (Between Pre-Enrollment and Post-Enrollment)

Only Individuals Who Accrued Emergency Interventions 12 Months Pre-Enrollment



Els Accrued

Individuals Who Accrued Els

53.5% + DECREASE IN EMERGENCY INTERVENTIONS (Between Pre-Enrollment and Post-Enrollment)

| EMPLOYMENT | |
|------------------------------|------------|
| Interested in Employment | 15 (17.6%) |
| Employed | 3 (20.0%) |
| Unemployed | 12 (80.0%) |
| Not Interested in Employment | 70 (82.4%) |
| Employed | 1 (1.4%) |
| Unemployed | 69 (98.6%) |
| Total | 85 |

MILESTONES OF RECOVERY SCALE

The Milestone of Recovery Scale (MORS) is both a clinical and administrative tool. It allows us to measure where individuals are in their journey of recovery and produce data that describes the journey of recovery over time.

The MORS has 8 possible categories of recovery, or milestones, in which a client may be assessed to be at. They include:

- Extreme Risk (1)
- High Risk/ Not Engaged (2)
- High Risk/ Engaged (3)
- Poorly Coping/ Not Engaged (4)

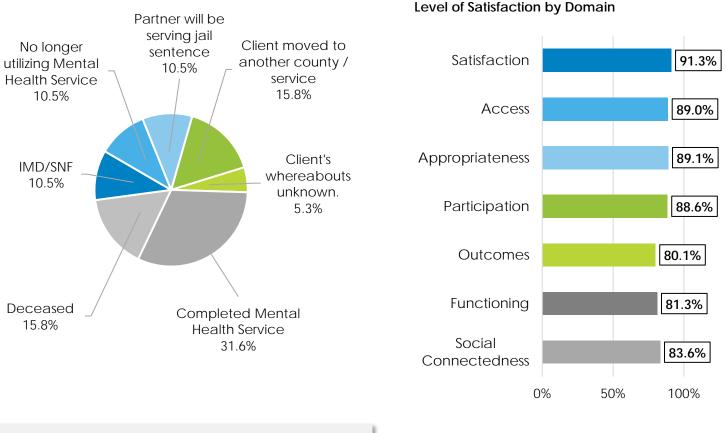
- Poorly Coping/ Engaged (5)
- Coping/ Rehabilitation (6)
- Early Recovery (7)

CLIENT SATISFACTION

• Advanced Recovery (8)

| Client Group | # | % |
|---|----|--------|
| Clients with higher MORS in July 2020 than in June 2021 | 10 | 11.8% |
| Clients with same MORS in July 2020 and June 2021 | 21 | 24.7% |
| Clients with lower MORS in July 2020 than in June 2021 | 12 | 14.1% |
| Clients with no MORS in either July 2020 or June 2021 | 41 | 1.2% |
| Clients who were unable to rate (score of 9) | 1 | 48.2% |
| Total | 85 | 100.0% |

DISCHARGES



" [Staff] has been a great help and I appreciate [them]."

-CARE client

Overall Satisfaction Rate 85.9%

This report was developed and distributed by Turning Point Community Program's Outcomes & Evaluation Department



A: 10850 Gold Center Drive, Suite 325, Rancho Cordova, CA 95670 P: (916) 364-8395 www.TPCP.org



/TurningPointCP

🕥 @TurningPointCP