



Bender Court Crisis Residential ANNUAL REPORT

July 2020 – June 2021

WHAT WE DO

Bender Court is a 6 bed short-term crisis residential program that is in partnership with UC Davis. We provide support for adults experiencing a mental health crisis averting the need for psychiatric hospitalization. Bender Court offers a safe short-term and supportive environment for individuals experiencing mental health challenges with the goal of symptom stabilization. We seek to promote client-centered mental health recovery during a member's stay. Our staff prepares members toward community reintegration and planned graduation.



Counseling/therapy, group activities, help with coping skills and prevention of ER visits

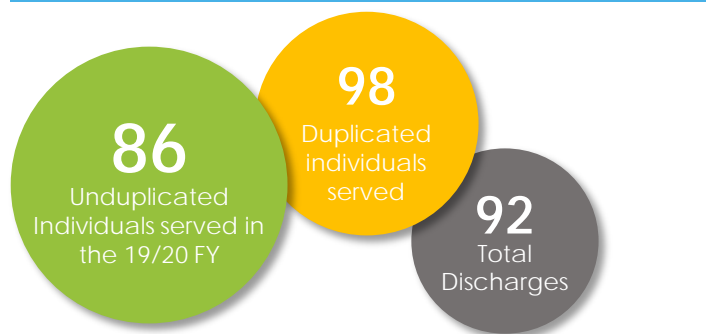


Housing assistance, linkage to community resources, transportation



Establishing a primary care provider, connecting clients with benefits

CENSUS & DEMOGRAPHICS



	#
Age Group	
18 – 25 years (TAY)	11
26 – 59 (Adult)	67
60+ (Older Adult)	8

	#
Gender	
Female	32
Female-to-Male (FTM)/Transgender Male	1
Gender Non-conforming, neither exclusively male nor female	2
Male	50
Male-to-Female (MTF)/Transgender Female	1

	#
Race	
American Indian or Alaska Native	2
Asian/Pacific Islander	4
Black or African American	23
Hispanic Or Latino (All Races)	9
Multiracial (Unspecified)	4
Other Race/Unknown	7
White	37

KEY OUTCOMES

Of the 365 days within the fiscal year...

- **3.6** individuals were served daily on average
- The total number of days serving...
 - 0 individuals = 0
 - 1 individual = 16
 - 2 individuals = 51
 - 3 individuals = 109
 - 4 individuals = 95
 - 5 individuals = 86
 - 6 individuals = 8
- The average length of stay per client was **13 days**
- **189** days of the 365 observed (51.8%) in which 4 or more clients were served per day.
- **82.6%** of discharges were planned
 - 11 individuals were unlinked to resources at admission of which 8 (72.7%) were linked by the time of discharge.

"I love this place, staff went beyond what they needed to do for me. I am more content and happier in this time in my life that I have ever felt before. They loved and cared for me when I did not."

-Bender Court Client

MILESTONES OF RECOVERY SCALE (MORS)

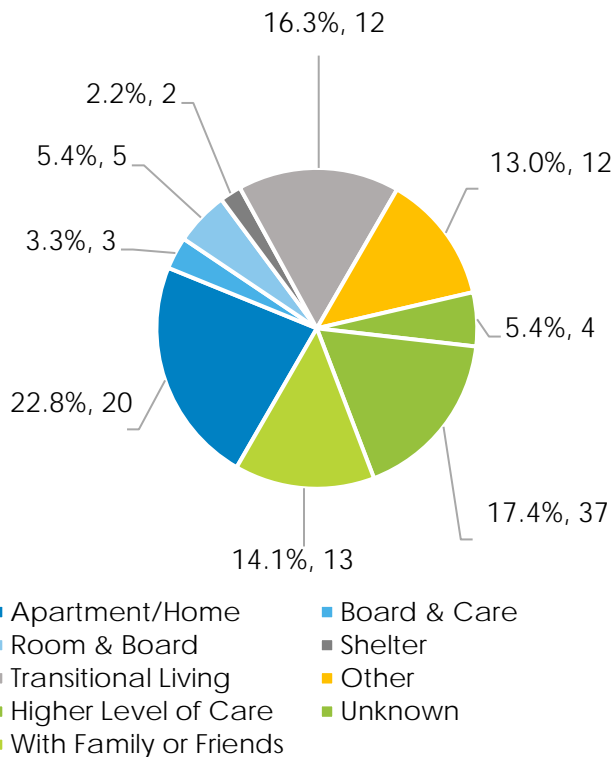
The Milestone of Recovery Scale (MORS) is both a clinical and administrative tool. It allows us to measure where individuals are in their journey of recovery and produce data that describes the journey of recovery over time.

The MORS has 8 possible categories of recovery, or milestones, in which a client may be assessed to be at. They include:

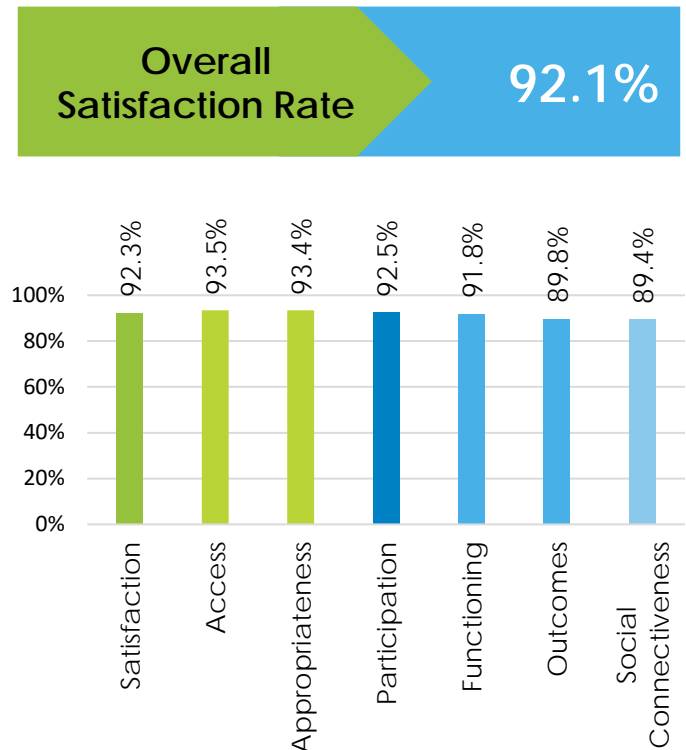
- Extreme Risk (1)
- High Risk/ Not Engaged (2)
- High Risk/ Engaged (3)
- Poorly Coping/ Not Engaged (4)
- Poorly Coping/ Engaged (5)
- Coping/ Rehabilitation (6)
- Early Recovery (7)
- Advanced Recovery (8)

Client Group	#	%
Clients with a decrease in MORS score between admission and discharge	4	4.3%
Clients with same MORS at admission and at discharge	33	35.9%
Clients with an increase in MORS score between admission and discharge	55	59.8%
TOTAL	92	100%

DISCHARGE DESTINATIONS



CONSUMER SATISFACTION



"This is by far one of the best facilities I've been to in terms of results for my symptoms"
-Bender Court Client

"Thank you for everything. I love BCCR!"
-Bender Court Client

"I love the staff at Bender Court!"
-Bender Court Client

"I have been to two other mental health locations. Bender Court surpasses them by far. Great staff, housing and meetings."
-Bender Court Client

This report was developed and distributed by
Turning Point Community Program's
Outcomes & Evaluation Department



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