



# Abiding Hope Respite House

## ANNUAL REPORT

July 2019 – June 2020

### WHAT WE DO

**ABIDING HOPE** is a 7 to 14 day respite facility for individuals 18 years of age and older with psychiatric disability. We provide a short-term alternative to an emergency department visit, or acute hospitalization for persons experiencing overwhelming stress, which can be alleviated with a brief respite stay. Abiding Hope Respite House is a coed facility that houses a maximum of five clients each day. Referrals may come from emergency rooms, law enforcement, outpatient case managers and shelters.

### SERVICES PROVIDED

**WE PROVIDE CLIENT-CENTERED RECOVERY SERVICE IN A WELCOMING HOME-LIKE ENVIRONMENT. THESE INCLUDE:**



**Resource linkage**, including regular check-ins to discuss goals and distribute appropriate materials



**Care management** to coordinate care and reduce emergency room visits



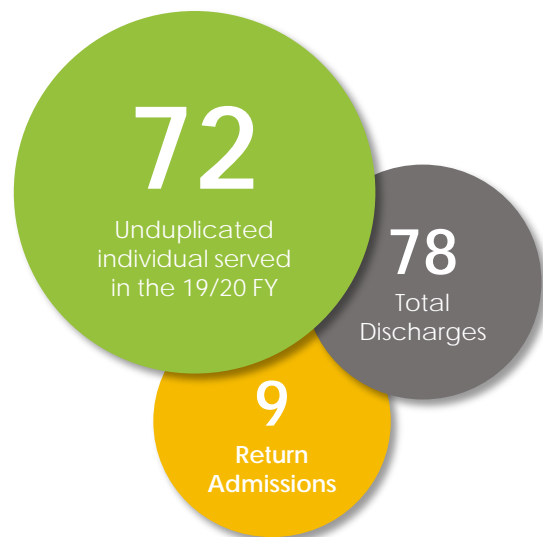
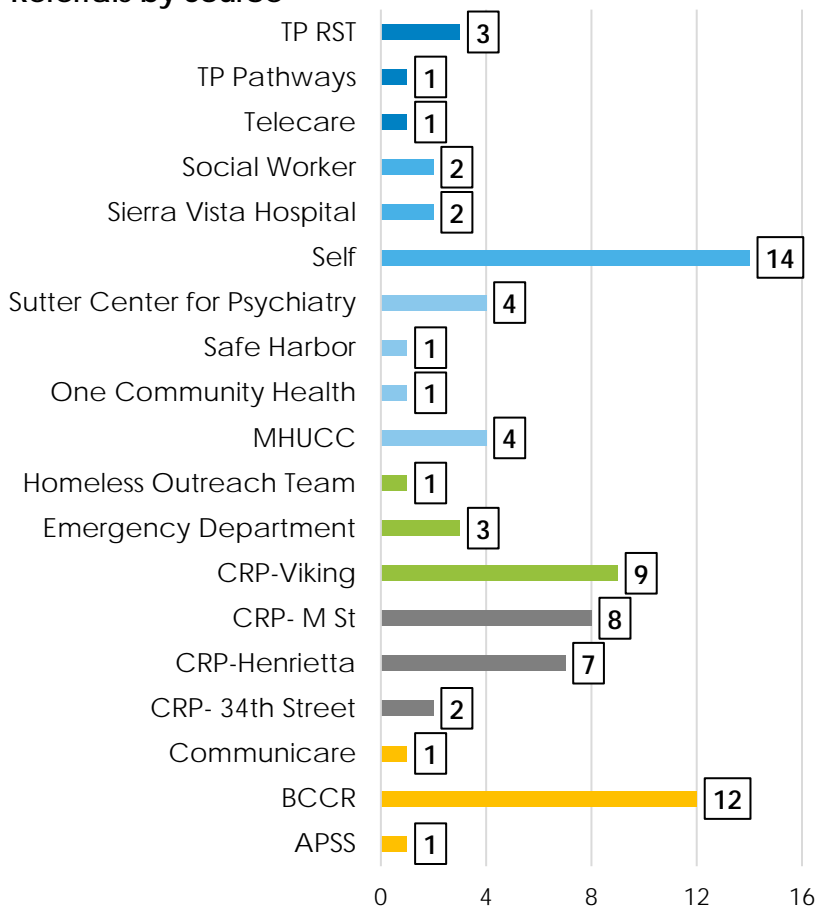
**Onsite life skills groups** to promote positive socialization and healthy coping skills



**Transportation** to appointments, meetings and other resources

### REFERRALS

#### Referrals by Source



## DEMOGRAPHICS

All demographics below include all unduplicated admitted clients (N=72)\*.

	#
<b>Age Group</b>	
18 – 25 years (TAY)	1
26 – 59 (Adult)	64
60+ (Older Adult)	7
<b>Gender</b>	
Female	22
Male	47
Non-Binary	2
Transgender	1
<b>Sexual Orientation</b>	
Asexual	1
Bisexual	1
Gay	1
Queer	1
Straight	68
<b>Primary Language</b>	
English	68
Mien	1
Other	2
Spanish	2

	#
<b>Race</b>	
African-American/Black	20
American Indian/Native Alaskan	2
Asian/Pacific Islander	4
Caucasian/White	34
Multi-Racial	7
Other Race	3
Prefer not to answer	1
Data not available	1
<b>Ethnicity</b>	
Hispanic/Latino	10
Not Hispanic	62

### Housing Status at Admission



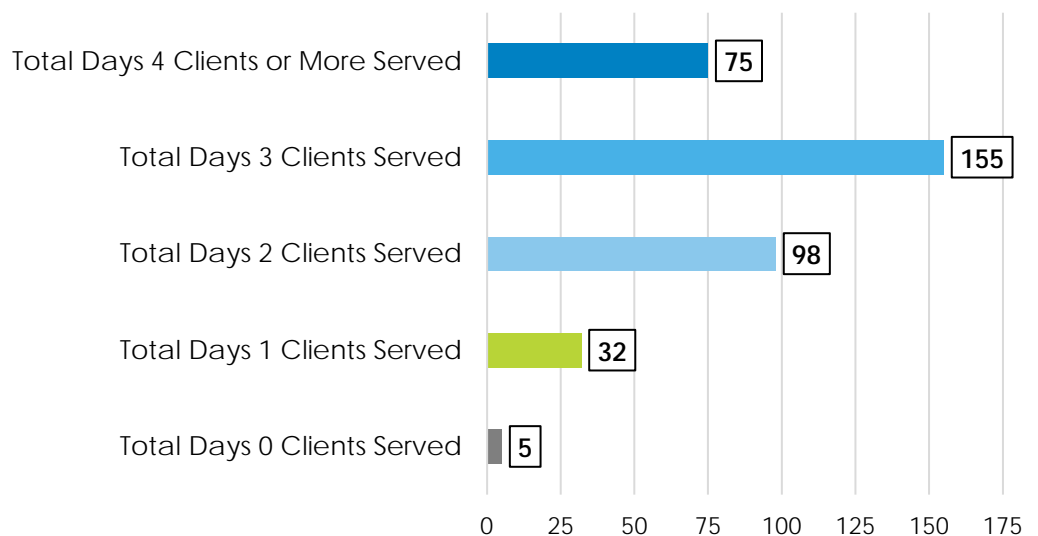
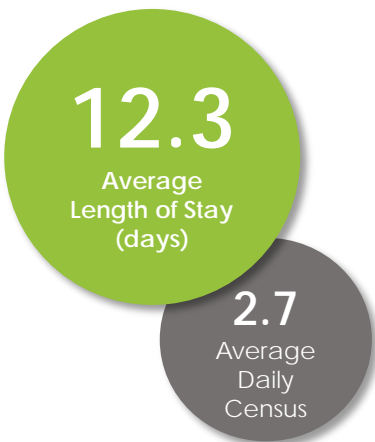
**Homeless**



**Housed**

\*Housing data is reflective of duplicate admissions such that housing status at admission can differ between episodes

## SERVICE INTENSITY



## DISCHARGE INFORMATION

78  
Total Discharges

75  
Planned Discharges

3  
Unplanned Discharges

68  
Linked to OP

7  
Unlinked to OP

3  
Linked to OP

0  
Unlinked to OP



Homeless

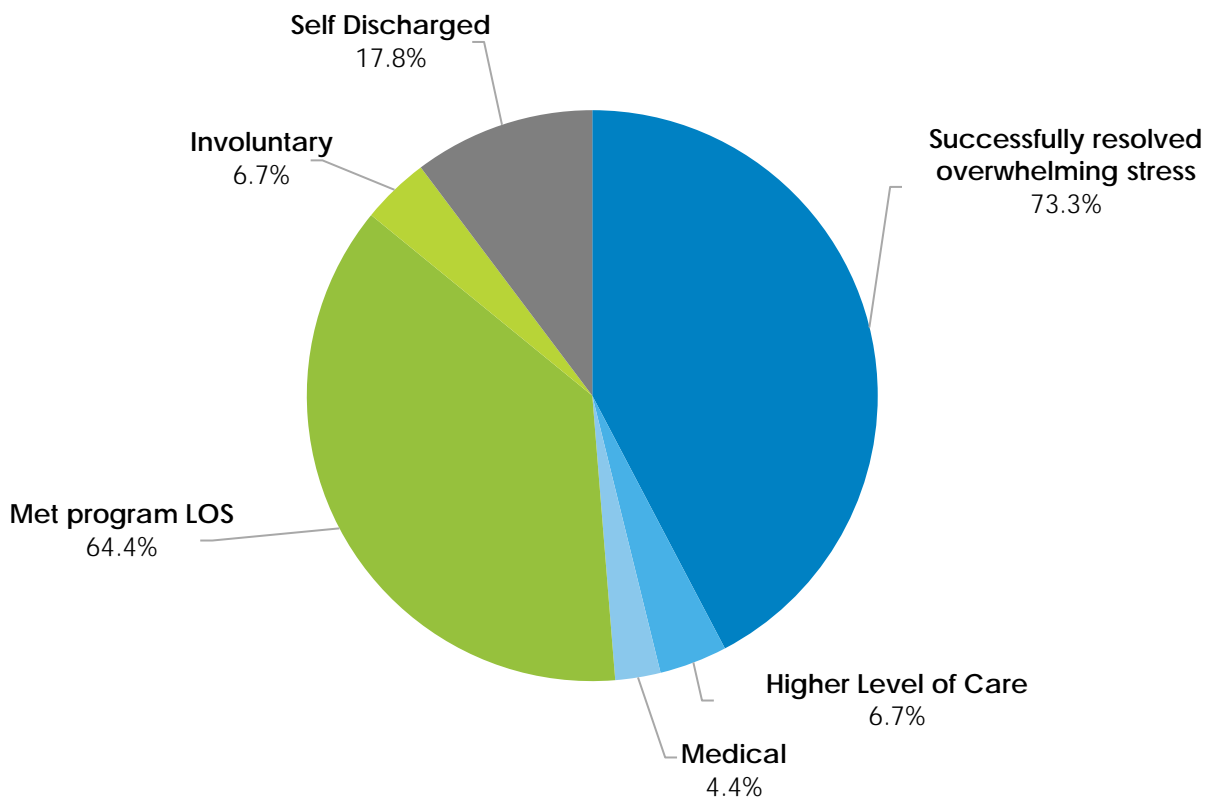


Housed



Temporarily Housed

## Discharge Reason

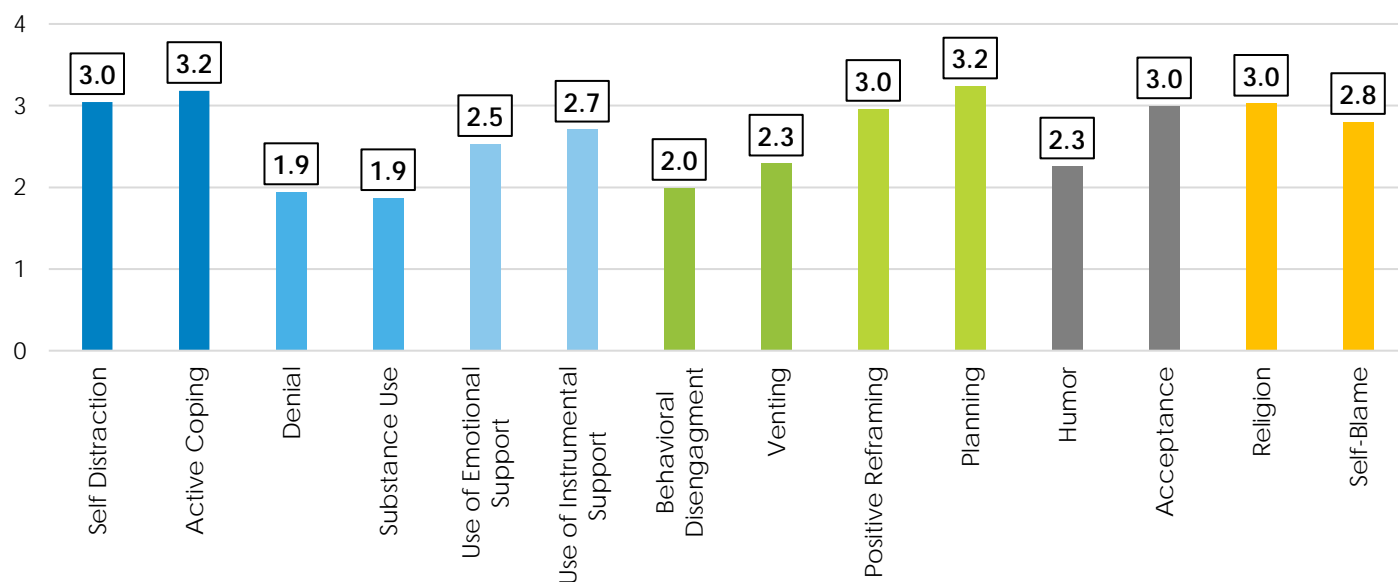


## DISCHARGE INFORMATION (CONTINUED)

	#
<b>OP at Discharge</b>	
Another Choice Another Chance	1
ACCESS	3
Advanced Psychiatry Associates	2
Communicare	1
El Hogar	10
Fair Oaks Psychiatry	2
Guest House	3
Hope Cooperative	9
One Community Health	5
Out of County Provider	4
Primary Care Physician	6
Sacramento Native American Health Center	5
Sunburst Project	1
TCORE	1
Telecare	2
Telecare SOAR	1
TLCS	1
Turning Point Pathways	2
Turning Point Regional Support Team	4
Visions	7
Well Space	5

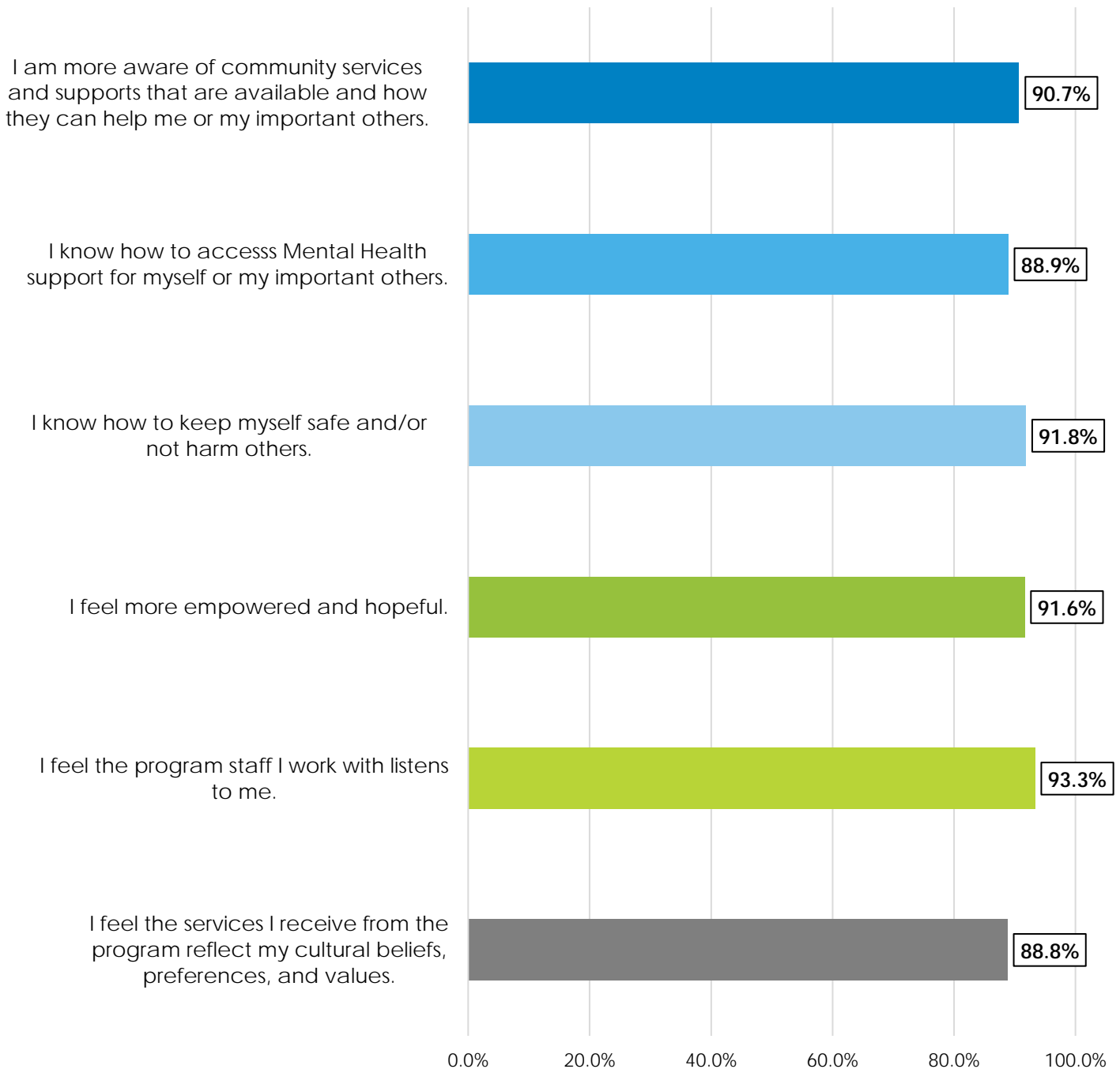
## BRIEF COPE AT ADMISSION

The Brief COPE is utilized to assess ways in which participants cope with stress in their lives. A total of 28 items fall into 14 subscales. Participants respond utilizing a Likert-like response scale (1=I don't do this at all, 2=I do this a little bit, 3=I do this a medium amount, 4=I do this a lot).



## CLIENT SATISFACTION

Of the 78 discharges that occurred within the reporting period, 76 (97.4%) completed a satisfaction survey. The remaining 2 (2.6%) discharges did not complete a survey due to declining to participate. Results for the 76 surveys completed are as follows:



Overall  
Satisfaction  
Rate

90.9%

This report was developed and distributed by  
Turning Point Community Program's  
Outcomes & Evaluation Department



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